

A Healthy Lifestyle can defeat Pediatric Obesity

In the past 30 years, obesity has more than doubled in children and tripled in adolescents.

Obesity brings with it increased health risks for things like:

- ✓ depression
- ✓ social isolation
- ✓ diabetes
- ✓ cardiovascular disease



Join us for a
Healthy Lifestyles to Stop Pediatric Obesity ECHO

Tuesdays 10:00 to 11:00 AM

February 20 and 27, March 6 and 13

Calling all: School Nurses, Nutritionists, Psychologists, Social Workers, Teachers and Coaches - Primary Care and Behavioral Health Care Providers, and Dietitians.

Let's create a virtual learning collaborative to explore the medical, dietary, behavioral and technology aspects of *preventing* and *treating pediatric obesity* and improving the health of children in the state of Kansas.

Thank You:

University of Kansas Medical Center, KU Center for Telemedicine and Telehealth, Telehealth ROCKS Schools, and the US Health Resources and Services Administration

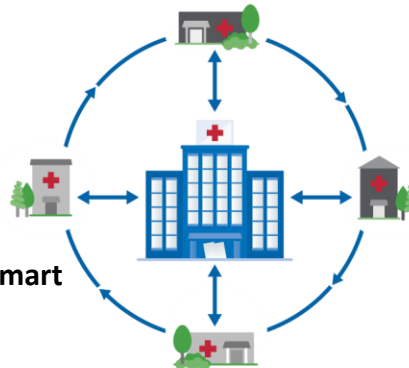


Empowering Participants to help stop Pediatric Obesity

Extension for Community Healthcare Outcomes

Moving Knowledge, Not Patients

ECHO uses video-conferencing technology to offer mentoring. Connect from your computer, with a webcam and microphone, a tablet or smart phone to gain access to case-based learning and interdisciplinary teams.



Tele-ECHO Model

- Collaborative medical education
- Democratize and de-monopolize medical knowledge linking interdisciplinary specialty team with multiple primary care clinicians
- Experts mentor and share their expertise across a virtual network

ECHO Partners



- Acquire new skills and competencies
- Become part of a community of practice and learning
- Gain access to inter-professional team of specialty providers and colleagues to offer support in how to manage patients with complex conditions
- Increase their professional satisfaction

Tele-ECHO Clinic



- Helps provide better access for patients in rural and underserved communities
- Reduces treatment disparities
- Provides rapid dissemination of new knowledge
- Promotes consistency in care and practice
- Spreads knowledge, expands capacity and accelerates collective wisdom

Healthy Lifestyles defeat Pediatric Obesity ECHO Curriculum Includes:

Medical Issues.....Tuesday, February 20th

Dietary Aspects....Tuesday, February 27th

Using Technology in addressing Obesity.....Tuesday, March 6

Behavioral aspects of Pediatric Obesity.....Tuesday, March 13

No fee for participation - CE available

