2017 June Leadership and Professional Development Conference
Presented by the Ohio Head Start Association, Inc.
Monday, June 5 through Thursday, June 8
Great Wolf Lodge, Mason, Ohio

Conference Schedule and Special Events

Monday, June 5
Community of Learners Networking Sessions - 2:00 to 4:00
LEGISLATIVE DINNER (ticket required)
Reception 5:00 Sponsored by Kaplan Early Learning
Dinner 6:00 Keynote Speaker, Steve Austria
  Former U.S. Congressman

Tuesday, June 6
Sessions - 9:00 to 12:00
Luncheon 12:00 to 1:30
Regional Office Updates, Karen McNamara
Keynote Speaker, Nefertiti B. Poyner
“Building Your Bounce - Promoting Adult Resilience”
Sessions 1:30 to 4:30

Wednesday, June 7
Sessions 9:00 to 12:00
Luncheon 12:00 to 1:30
Keynote Speaker, Pete Luongo
“Revisiting the 10 Truths of Leadership”
Sessions 1:30 to 4:30

Thursday, June 8
Sessions 8:45 to 11:00
Brunch 11:15 to 12:30
Keynote Speaker, Chad Willett
“Leading a Culture of Innovation”

Visit Conference Exhibitors on Tuesday and Wednesday
## Sessions at a Glance

**Monday, June 5th**  
2:00pm to 4:00pm

**COMMUNITY OF LEARNERS NETWORKING SESSIONS**

- **DIRECTORS** - Sequoia 1  
- **PARENTS** - Northwest Territory BC  
- **EDUCATION/DATA** - Sequoia 2  
- **FAMILY & COMMUNITY PARTNERSHIPS** - Fallen Timbers BC  
- **HEALTH/DISABILITIES/MENTAL HEALTH/NUTRITION** - Sequoia 4  
- **EARLY HEAD START** - Caribou Pass Boardroom

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**Tuesday, June 6th**

9:00 a.m. to 12:00 noon

- **Regional and National Updates** - Sequoia 3  
- **Connecting Results Based Accountability and Continuous Improvement** - Northwest Territory BCD  
- **Healthy Programs: Healthy Policies** - Sequoia 6  
- **Strengthening Financial Management Systems** - Key Aspects of Grants Management and Fiscal Trends - Sequoia 1  
- **Parent, Family and Community Engagement** - Welcoming Environments for Families - Sequoia 2  
- **Building Attachment with Preschool Children** - Sequoia 4  
- **Making Play Accessible for ALL Children** - Sequoia 5  

1:30pm to 4:30pm

- **Bridging the Gap Between Program Management and Fiscal Operations** - Sequoia 3  
- **Strategies of Resilience for Organizations, Professionals and Families** - Sequoia 1-2  
- **Using Data Visualization to Drive Continuous Program Improvement** - Northwest Territory BCD  
- **Sensory Experiences** - Sequoia 5  
- **Building Attachment with Infants and Toddlers** - Sequoia 4  
- **Healthy Programs** - Healthy Menus - Sequoia 6

**Wednesday, June 7th**

FULL DAY SESSION: 9:00am to 4:30pm  
Trauma Train the Trainer - Sequoia 4

9:00 a.m. to 12:00 noon

- **Relax, It’s Only a Crisis** - Northwest Territory BCD  
- **Head Start Performance Standards** - Sequoia 3  
- **Strengthening Financial Management Systems** - Head Start Fiscal Regulations & NOA/Internal Controls - Sequoia 1  
- **Personal Safety for Home Visits** - Sequoia 2  
- **The Conscious Discipline Journey (SESSION WILL REPEAT IN PM)** - Sequoia Ballroom 6  
- **Do Ants Have Teeth? Teaching Science Through Meaningful Inquiry That Engages Children’s Minds** - Sequoia 5

1:30pm to 4:30pm

- **The Conscious Discipline Journey (REPEAT OF AM SESSION)** - Sequoia Ballroom 6  
- **Human Resources Challenges in Head Start** - Sequoia 3  
- **Strengthening Financial Management Systems** - Cost Principles and Non-Federal Match - Sequoia 1  
- **Engaging Families in the Home** - Sequoia 2  
- **CACFP - Meal Pattern Review and Healthy Eating** - Sequoia Ballroom 5  
- **Early Head Start - Child Care Partnership Networking** - Northwest Territory D  
- **Middle Manager Survival Skills** - Northwest Territory BC

**Thursday, June 8th**

8:45am to 11:00am

- **CACFP Recordkeeping, Reporting and Budgeting** - Northwest Territory BCD  
- **In Pursuit of Optimal Fidelity: Bringing your Coaching “A” Game to Head Start and Early Head Start** - Sequoia 2  
- **Crime Victim Services** - Fallen Timbers BC  
- **How Do I Manage this Mess?** - Sequoia 3  
- **Using Motivational Interviewing to Promote Positive Goal-Oriented Relationships with Families** - Sequoia 5  
- **Supporting CLASS Through a New Lens** - Sequoia 4  
- **Mindfulness in the Classroom – Supporting Executive Function and School Readiness** - Sequoia 1

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* on Full Day or Multi-Day Sessions, participants must attend all parts of the session to receive Ohio Approved credit or IACET CEUs (where applicable).
Session Details

Submitted or Approved for Ohio Approved
Session approved for IACET CEUs

FOR DESCRIPTIONS WITH FULL OBJECTIVES, VISIT OUR WEBSITE – www.ohsai.org

TUESDAY, JUNE 6 – WEDNESDAY, JUNE 7
9:00am to 4:30pm

Leadership Academy for Practice Based Coaching Part 2 – Coach Training

This session is open to individuals from programs that have participated in the Leadership Academy for Practice Based Coaching. Special prior registration required. Registered participants – see registration envelope for room assignment.

Carla Aronhalt, Delphia Roberts-Brown, Michelle Self and Lynne Storar, STG International

TUESDAY, JUNE 6
9:00am to 12:00pm

Regional and National Updates
Karen McNamara, Office of Head Start, Region V
Federal Initiatives and Updates

Connecting Results Based Accountability & Continuous Improvement

Missy Coffey and Sheila Brookes, AEM Data Consultants
This session will provide participants with the opportunity to challenge existing data use practices and move from collecting data for compliance to using data for continuous improvement in a coordinated approach. Presenters will share key components of an effective culture of data use allowing participants to assess their program’s data use culture. Presenters will refer to Mark Friedman’s concepts of Results Based Accountability (RBA) as a method for moving along the continuum toward embracing a coordinated approach to data use through every organization level.

Healthy Programs – Session 3: Healthy Policies
Linda Berkland, RD, LD, Health Promotion Consultant
This session focuses on creating a healthier child care environment. Participants will discuss ways to craft an atmosphere where kids can grow, learn, and play at their best. This fun, interactive session provides participants with ideas on how to adopt and implement a new healthy policy successfully. Discussion of setting the tone and culture of wellness for the program will be emphasized.

To meet the Ohio Healthy Programs application requirement, this session must be completed by the person who has the authority to create and implement health policies. This staff person will need to be given permission to manage the OHP application in their program’s Director Information Portal.

This session is part of the Ohio Healthy Programs project. More information about Ohio Healthy Programs at: www.occra.org/ohio-healthy-programs

Strengthening Financial Management Systems:
Key aspects of Grants Management & Fiscal Trends
Chris Barnes and Shawn Reid, PMFO Consultants
This session will introduce the Head Start Management Wheel and the concept of leadership and governance as the overarching theme of management systems. Discussion in the session will focus on the governing body, Policy Council and key management staff’s role in working together to provide program leadership and strategic direction; as well as oversight, compliance, and continuous program improvement. This will all be presented within the context of the region with regional trends and findings being the core of the conversation. These data points will provide background on the importance of leadership and accountability.
PFCE: Welcoming Environments for Families  
*Heather Nusbaum, Early Childhood Specialist, STG International*

Early childhood programs can partner with parents to create a safe and nurturing environment for children ensuring equality, respect, and dignity for parents and staff members. In this session participants will explore resources to learn more about partnering with Fathers, Dual Language Families, and parents who identify as LGBT in your early childhood program. What you learn can help to create a welcoming and inclusive environment, build staff professionalism, and engage all families in your program. This information may be helpful for both providers and parents.

Building Attachment with Preschool Children  
*John D. Kinsel, Mental Health Consultant*

This session will provide adults who interact with preschoolers ideas for creating strong relationships with the children in their care that will enhance the social, emotional and cognitive development of the children. Beginning with a definition of Attachment, the session will proceed to offer participants specific interventions designed to build strong attachments between themselves and their children. Parents may also benefit from this session.

Making Play Accessible for ALL Children  
*Erin Pemberton, Summit County DD*

Play is an important part of learning for young children. This session will explore issues that children face with play, specifically children with special needs, and what role adults can play in this. Participants will explore their own understanding of play in order to obtain strategies for helping children with special needs, improve their understanding of why children struggle with play and how to use RBI to assist them, and learn how to observe behaviors in order to engage all children in the classroom.

SPECIAL SESSION FOR HEAD START LEADERS

**Strengthening Systems:**

**Bridging the Gap Between Fiscal & Program Operations**  
*Chris Barnes and Shawn Reid, PMFO Consultants*

This session will focus on the importance of communication between fiscal and program operations to effectively and efficiently maximize financial resources. Participants will review the key elements of the budget development process and how they are related to program goals & objectives. Attention will also be focused on the reporting requirements for Head Start and Early Head Start grantees. Head Start regulations call for developing several different planning supports, including the community assessment, self-assessment, program goals and objectives, and action plan(s) that include a system for ongoing monitoring and reporting. The connection between the budget and those internal and external reporting responsibilities will be highlighted.

**Strategies of Resilience for Organizations, Professionals and Families**  
*Nefertiti B. Poyner*

In the field of early care and education, supporting the healthy development of young children is our primary focus. As we think about the most effective strategies to promote the overall well-being and happiness of children, we don’t always appreciate the need to focus on our own well-being, the health of our colleagues and organizations, and even the strengths of our communities. There is, however, plenty of research that directs us to do just that--- to focus on the child within the context of the child’s family, school, and community. This session will introduce the concept of the resilience cascade --- how strong communities that collaborate can influence the health of organizations and staff, and how healthy adults can support the resilience of children. By gaining a stronger understanding of these important connections, participants will gain an appreciation for looking outside the box for strategies to support children. Participants will feel empowered to take a holistic, “big picture” view of resilience, leaving with a new perspective on how to best support the children and families.
Sensory Experiences

Erin Pemberton, Summit County DD
In this professional development participants, will take a closer look at what sensory processing disorder is, both signs and symptoms, how it may be identified and treated. Participants will then have the opportunity to move through a series of activities to experience firsthand what having a sensitivity to sensory input may feel like. Activities include activities that children are asked to participate in on a daily basis.

Building Attachment with Infants and Toddlers

John D. Kinsel, Mental Health Consultant
This session will provide adults who interact with infants and toddlers ideas for creating strong relationships with the children in their care that will enhance the social, emotional and cognitive development of the children. Beginning with a definition of Attachment, the session will proceed to offer participants specific interventions designed to build strong attachments between themselves and their children. Parents may also benefit from this session.

Using Data Visualization to Drive Continuous Program Improvement

Zachary Foster, Council on Rural Services
This session will discuss strategies for visualizing data in meaningful ways to aid in Continuous Program Improvement. Topics will include what data to include, how to present your data, and engage your audience in data analysis. This session will highlight real world applications that attendees can take back for use in their programs to move from compliance to performance.

Healthy Programs – Session 2: Healthy Menus

Linda Berkland, RD, LD, Health Promotion Consultant
This session focuses on planning a healthy menu. Participants will plan, create and evaluate sample or current menus. Participants will discuss ideas on how to make menus healthier on a budget. Tips will be given to ensure variety and balance. Connection to the health and well-being standards will be discussed.

To meet the Ohio Healthy Programs application requirement, this session must be completed by the person who plans the menus in terms of ordering food and menu design, generally the center cook.

This session is part of the Ohio Healthy Programs project. More information about Ohio Healthy Programs at: www.occra.org/ohio-healthy-programs

Trauma – Train the Trainer

Melissa McClain, BA, Community Education Programs Coordinator, Akron
These four modules will give participants a comprehensive understanding to support a trauma-informed approach to serving children and families, and training tools to deliver this content to others to infuse trauma-informed principles at the program and classroom levels. Upon completion, Ohio Approved Instructors will be able to offer each these sessions as a 4 hour Ohio Approved training.

Session 1: An Introduction to Trauma
Session 2: Managing Trauma in the Classroom
Session 3: Increasing Developmental Assets
Session 4: Understanding and Managing Secondary Traumatic Stress
SPECIAL SESSION FOR LEADERS - Head Start Performance Standards

Barbara Haxton and Dr. Tim Nolan

What’s new? What’s different from the 1998 Standards? What do they look like with the ACT language included, and just what’s all the fuss about anyway? This session will take a hard look at a broad overview of the standards, provide a set of the document with language of the ACT included, and decipher some of the concerns that you have raised.

Relax, It’s Only a Crisis

Dave Zidar, LISW-S

Being prepared for crisis is essential to strong leadership. This session on crisis management class provides the participants with an understanding of the relationship between behavior and crisis and will equip them with some of the skills they will need when things become unbalanced. Participants will practice tools they can use right away and application will be emphasized.

Strengthening Financial Management Systems:

Head Start Fiscal Regulations & NOA/Internal Controls

Chris Barnes and Shawn Reid, PMFO Consultants

This session will focus on the importance of the Notice of Award (NOA) and what programmatic data is included in the documented that must be shared between program and fiscal staff. This session will focus on the necessary implementation strategies required to align the agency’s fiscal policies & procedures with the fiscal requirements of the 2007 Head Start Act, the Uniform Guidance, & the Head Start Program Performance Standards. Session discussion will also include the necessary policies and procedures that must be in place to ensure that the grantee is safeguarding the Federal funds.

Personal Safety for Home Visits

Xan Boone, University of Cincinnati

Home visiting is an important part of Head Start services and it’s one of the most effective ways to work with families in order to fully understand and assess their lives. However, it can also be dangerous. Understanding and assessing signs that may cause a person to be unsafe can minimize danger in the field. In this session we will discuss personal safety, signs of potential danger ways to avoid danger in the field.

The Conscious Discipline Journey

Renee Sutherland, Certified Conscious Discipline Instructor

Conscious Discipline leads teachers, programs and parents through a transformational process that promotes permanent behavior change. The change is from an unconscious, traditional compliance model to a conscious, relationship-based model laying the ground work for life-long change in those individuals and programs that chose to embark on this life changing journey. In this training, participants will learn about the process of the Conscious Discipline journey, assess where they are on their journey and create an implementation plan for jump starting or recommitting to Conscious Discipline in their lives and in their Head Start Program.

THIS SESSION WILL BE REPEATED WEDNESDAY AFTERNOON

Do Ants Have Teeth? Teaching Science Through Meaningful Inquiry that Engages Children’s Minds

Brenda Noble, Teaching Strategies

Project-based investigations enable children to actively explore topics that are relevant to their lives. Children learn to communicate, think mathematically, test hypotheses, and think like scientists. These methods of learning help children build on process skills that are critical to future school success. Participants will explore the many ways in which children observe and explore, make connections, solve problems, organize information, and communicate and represent their ideas within a classroom community that is engaged in a long-term, project-based investigation.
SPECIAL SESSION FOR LEADERS: Human Resources Challenges in Head Start

Barbara Haxton and Dr. Tim Nolan

Recruiting, training and keeping qualified staff is a major challenge for today’s Head Start agency. What’s your turnover rate? Why do people leave? How many underperforming staff do you continue to keep on the payroll, and why? Are 50% of your staff doing 100% of the work? Why? This session will look at this dilemma and help participants explore possibilities for maintaining an employee pool that will meet their Head Start needs.

The Conscious Discipline Journey

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Strengthening Financial Management Systems:

Cost Principles and Non-Federal Match

Chris Barnes and Shawn Reid, PMFO Consultants

This session will focus on the elements of cost principles: Reasonableness, Allocability, and Documentation. Participants will the relationship between Federal and Non-Federal expenditures: cost allocation; and direct and indirect costs.

Engaging Families in the Home

Heather Nusbaum, Early Childhood Specialist, STG International

The partnership between parents and Head Start staff is fundamental to children’s current and future success and their readiness for school. This relationship ensures success when staff understand the value of information and how to share such information effectively, and when they have the attitudes and skills that support genuine partnerships. In this session participants will learn how information that programs collect about children’s learning and development can support engaging strategies used with families in the home.

CACFP Meal Pattern and Healthy Eating Curriculum

Susan Patton and Lisa Mehl, Ohio Department of Education, Office of Child Nutrition

This session will review the CACFP meal pattern change effective October 1, 2017. Participants will discuss techniques and ideas for introducing healthy food to Head Start Students and will introduce available no-cost healthy eating curriculum for child care providers.

Early Head Start – Child Care Partnership Networking Session

This session will provide staff from Early Head Start – Child Care Partnership grantees the opportunity to network with each other to discuss successes, challenges and strategies related to administering EHS-CCP services now and into the future.

Middle Management Survival Skills

Dave Zidar, LISW-S

This session will provide managers with a review and a refresher on manager skills as it applies to childcare and child welfare. The group will review scope, relevant management theory and application along with practical tools they can use to improve practice. This session will help answer the question, “Why don’t they just do their job?”
THURSDAY, JUNE 8    8:45am to 11:00am

SPECIAL SESSION FOR LEADERS: How Do I Manage this Mess? Barbara Haxton and Dr. Tim Nolan
This session will look at the issues of managing a compliant program within the new standards AND within the budget you have been allocated; how to manage monitoring reviews; how to manage new and young staff who don’t seem to understand Head Start; how to deal with change – moving from part day to full day and keeping our sanity, and how to manage day to day with no time to provide leadership! This session will provide a general overview and response to some of the many issues program directors are identifying as major challenges.

CACFP Recordkeeping, Reporting Budgeting Sarina Wilks and Sheri Roe, Ohio Department of Education, Office of Child Nutrition
This session will review the CACFP record keeping, reporting, and budgeting in regards to the changes set for October 1, 2017. Participants will discuss administrative tools and best practices for paperwork, budgeting and reporting.

Bringing Your Coaching “A” Game to Head Start and Early Head Start Brenda Noble, Teaching Strategies
This session aims to give coaches, mentors, and administrators a greater understanding of the coaching role along with practical strategies for improving their work with Head Start and Early Head Start teachers and caregivers at all levels of implementation. Participants will discover ways to enhance the quality of their coaching and tailor it to the individual strengths, needs, and opportunities they observe in their programs.

Crime Victim Services Shawn Moser, Office of the Ohio Attorney General
This workshop will present an overview of crime victim services available through the Ohio Attorney General’s Office, including the Ohio Victims of Crime Compensation Program and the Victim Information and Notification Everyday service (V.I.N.E.). This presentation will also review other resources for crime victims that are available through the Attorney General’s Office. Please join us at this workshop to learn more about crime victim services and how you can refer victims seeking assistance.

Using Motivational Interviewing to Promote Positive Relationships Michelle Self, Delphia Roberts-Brown and Carla Aronhalt, Early Childhood Specialists, STG International
Motivational Interviewing is a collaborative conversation to learn about and strengthen an individual’s motivation for changing behavior as a part of relationship building and the goal setting process. Tools to enhance Motivational Interviewing will be presented and opportunities provided to practice these tools. Facilitators will share the benefits of this technique and related tools.

Supporting CLASS Through a New Lens Heather Nusbaum and Lynne Storar, STG International
“I’ve Done all the In-Service Suites, NOW WHAT??” During this session, Education staff (managers, coordinators, specialists) will re-examine the indicators of Instructional support from a new lens. Through discussion and small/large group activities participants will explore and identify new ways to talk about CLASS with teaching staff using the many resources available. Participants will leave with hands on ways to bring support to teaching staff as the journey continues with CLASS.

Mindfulness in the Classroom – Supporting Executive Function and School Readiness Suzanne Klatt, Miami University; Scott Siegfried and Kristin Snyder, Miami Valley Child Development Centers
In this session, participants will learn about mindfulness and social emotional learning (SEL) practices across development and contexts. Most of the session is attentive to the pre-school classroom. Participants will learn about particular early childhood mindfulness and SEL practices, practice them with each other, and build related resources for their own classroom. Participants will discuss the implications of executive function with CLASS and teacher capacity.