

Christian Caregiver Circle

Hudson River Presbytery has approved a new validated ministry for family caregivers seeking fellowship and spiritual support. The first gathering began at FPC of Ossining March 18, 2017 with a service of wholeness with Communion and blessing of those engaged in the ministry of caregiving. Through holy listening, we have written a group prayer to hold each other in God's healing love. Our follow up gathering is planned April 29, 2017 at Mariandale Retreat Center.

Are you SEEKING REFRESHMENT in the Lord?

Are you CARING FOR YOURSELF while caring for others?

Are you SUPPORTED BY FRIENDS who can truly relate?

Come join Christian Caregiver circle for two Saturday afternoons, six weeks apart. There's always room for one more in a circle, but there's no circle of one. Email me for meeting dates:

christiancaregivercircleoss@gmail.com

Here are some helpful resources:

Cynthia Woolever, Caring for Caregivers, the Parish Paper, June 2014,

<http://www.hudrivpres.org/upload/resources/parish.papers.june.2014.pdf>

PCUSA.org Enter search for Caregiver Sunday

Peter Rosenberger, Hope for the Caregiver, 2014, book available Amazon, B&N, Kindle

Jesus said the greatest commandment is this "Hear O Israel: the Lord our God, the Lord is one. Love the Lord with all your heart and with all your soul and with all your mind and with all your strength. The second is this: 'Love your neighbor as YOURSELF.' There is no commandment greater than these." Mk 12:29-34

All are welcome as we seek God's grace to guide us in caregiving not as lonely wounded warriors but as sisters and brothers in Christ Jesus, who tells us to love one another as He loved us. This is not a set curriculum but an invitation to put our hearts and hands in the arms of the Holy Spirit. May God's loving CARE that you give to others flow back to you, again and again to bless you each day in our mutual journey. If you do not need CCC please tell someone who may. Help make it possible for them to come for two Saturday afternoons six weeks apart. Start a Christian Caregiver Circle in your community.

Rose Chan, Parish Associate, FPC of Ossining