

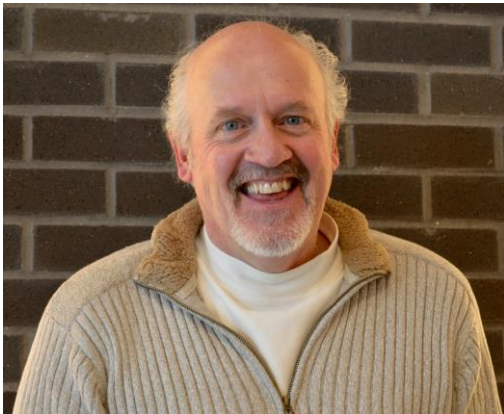
AgeWell Medical Adds Behavioral Health Services to Medical Care Continuum

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AgeWell Medical Associates, a geriatric primary care medical practice located in the Printers Park area, has recently teamed up with Michael Kenny, PsyD, to offer Integrated Behavioral Health Care to patients at their office.

Dr. Kenny is a licensed psychologist who has been practicing for twenty-four years, including specialized treatment of older adults. He will be offering short-term,



solution-focused therapy to AgeWell patients and their families for common problems faced by older adults, such as managing stress, anxiety and depression, making lifestyle adjustments to chronic illnesses and coping with pain.

Integrated Behavioral Health Services are unique because they are closely aligned with the patient's medical treatment, and are available on site

at AgeWell, so as not to require additional calls to identify resources or trips to a different professional office. Integrated behavioral health care recognizes that there often is a connection between stress and illness, and that treating both physical and psychological conditions simultaneously can help to achieve maximum health results.

AgeWell has four primary care practitioners providing medical care to older adults. Dr. Kenny will work closely with the patient's provider to coordinate behavioral health services with medical treatment plans. Solution-focused therapy differs from traditional counseling in that it is short-term, identifying one or two primary concerns; generally, four to eight visits are sufficient to address most patients' needs. Behavioral Health services are covered by Medicare, subject to deductible and co-insurances.

In addition to Dr. Kenny, the AgeWell health provider team consists of three Board-certified Nurse Practitioners, Paula Hardy, Brad Bingham, and Elizabeth Allen,

and one Physician, Jeffrey Kulp, who is certified in Internal Medicine. Each provider is responsible for caring for his or her own primary care caseload.

Founded in 1997, AgeWell Medical Associates' mission is to provide high-quality, comprehensive primary medical care to adults over the age of sixty to meet the increasing demand for geriatric care in the Colorado Springs region.

AgeWell has twice been recognized, in 2012 and 2015, as a Level III "Patient-Centered Medical Home" by NCQA, the National Committee for Quality Assurance, a designation that has been shown to lead to higher quality and lower costs in primary care adult practices.

More information can be found by calling the AgeWell office at (719) 475-5065 or through the website, www.agewellmedical.com