



A Saturday Workshop, January 21 from 9:30 am to 4:30 pm
Living in the Spirit: Abiding in God's Presence
Guided Meditation * Feng Shui * Eden Energy Medicine
Sound Therapy * Breath & Healing Work

This event is hosted by the Maple Grove Spiritual Explorers who are committed to bringing people together to experience a variety of spiritual practices for living in harmony with ourselves, each other, our world and the Sacred.

\$50.00* includes lunch (vegan & gluten-free options) and your choice of three 90-minute workshops. Limited space available.

***\$60.00 Registration after January 13th.**

PRESENTERS & WORKSHOPS

Christine Renee Clark, a Reiki Master and Healer from Montana will open the day with a time of centering and receptivity. She will offer workshops on Becoming a Healing Channel of God's Love. Christine offers a unique perspective through Reiki and shamanic journey work. <http://www.christinerenee.org/#living>

Laura Staley, a Feng Shui consultant and founder of Cherish Your World is trained and certified with the Western School of Feng Shui. She is also an author and speaker and will lead workshops on Feng Shui principles and practices in finding peace and freedom. <http://www.cherishyourworld.com/>

Amanda Ralph, is a certified Eden Energy Medicine (EEM) Clinical Level Practitioner (CLP). She will be leading workshops to increase vitality, strengthen mental capacities and optimize health. EEM was created by Donna Eden and draws from ancient healing traditions as well as modern practices. <http://www.innersource.net/em/>

Maggie Hardin, is a Sound Therapist, Reiki Master and Licensed Massage Therapist (LMT). She is a teacher and public speaker and a member of The All Life Community For Integrative Well Being. Maggie is the proprietor of Sacred Garden Farm and will lead workshops on Sound Therapy. <http://alllifecommunity.org/providers/maggie-hardin-lmt-rm/>

Kitt Lockett, LMT, RPP, RT Balance Point, is an Energy Practitioner and Licensed Massage Therapist. Her practice is a blending of Polarity Therapy, Cranial Sacral, Reflexology, Reiki and Therapeutic Massage. She will be leading a workshop on BREATH: the nature of the breath, the power it has on your health and how to use it in everyday life. <http://www.balancepointholistic.com/>

Limited partial scholarships are available. Please contact Tyra LaPens at 614.268.4741 for information.

Registration Form

Name: _____

Email: _____

Phone #: _____

Address #: _____

Rank your workshop preference from 1 to 5:

Christine Renee Clark ____, **Laura Staley** ____, **Amanda Ralph** ____, **Maggie Hardin** ____, **Kitt Lockett** ____,

Payable by credit card or check made payable to Maple Grove UMC (memo Living in the Spirit)

Maple Grove UMC www.maplegroveumc.org 7 W. Henderson Rd. Columbus, OH 43214