


Attention....There is a change in Central's Early Release Wednesday Schedule!

A new schedule and release time for Early Release Wednesdays will begin this fall in response to ideas shared by students as well as faculty. Students shared that eating lunch at 10:00 AM on early release days was rather silly and they would prefer to get out earlier, eating at home. Faculty also shared that the longer 5th period, to accommodate lunch, was difficult in trying to keep schedules aligned when other periods were much shorter.

Below you will see the new schedule. Notice, there is a mid-morning break built into the schedule. During this time, our cafeteria will be open for students to purchase snacks/beverages. In addition, the cafeteria will make available a "lunch on the go", where students who want a lunch can either pick it up during the breakfast hours or during this mid-morning break. The "lunch on the go" option will qualify for the free/reduce meals program.

Early Release Wednesdays	
Periods	
1	7:30 a.m. - 8:05 a.m.
2	8:10 a.m. - 8:45 a.m.
3	8:50 a.m. - 9:25 a.m.
4	9:30 a.m. - 10:05 a.m.
Mid-Morning Break	10:05 a.m. - 10:20 a.m.
5	10:20 a.m. - 10:55 a.m.
6	11:00 a.m. - 11:35 p.m.
7	11:40 a.m. - 12:15 p.m.



Earlier Release Time!