

What is an Energy Leadership™ Circle?

Inspired by Mastermind Groups, an Energy Leadership™ Circle is a small group of peers sharing a common goal of self-improvement and discovery, a willingness to share their expertise with the group and the discipline to hold each other accountable. The difference is that Energy Leadership™ is the springboard from which the changes occur. We use the Energetic Self-Perception Chart™ as a reference.

What is Energy Leadership™?

Energy Leadership™ is based on the work of Bruce D Schneider, founder of The Institute for Professional Excellence in Coaching. He defines Energy Leadership™ as **“the process that develops a personally effective style of leadership that positively influences and changes not only yourself, but also those with whom you work and interact, as well as your organization as a whole.”**

There are 2 kinds of energy:

Catabolic, which is draining, resisting, contracting energy. Many organizations experience catabolic energy by constantly reacting to their circumstances with worry, fear, doubt, anger, and guilt.

Anabolic, which is constructive, expanding, fueling, healing and growth oriented. Anabolic leaders have the ability to motivate and inspire themselves and others to do extraordinary things. They have the ability to make energetic shifts in all levels of the organization.

Successful organizations are filled with anabolic leaders. Energy Leadership™ focuses on increasing your anabolic energy resulting in more production, less effort, less stress and more fulfillment!

What is the Energetic Self-Perception Chart™?

The Energetic Self-Perception Chart™ is a succinct, pictorial representation of the 7 levels of energy showing how our thoughts and feelings lead to results or actions in each of the energy levels. 2 of the levels are catabolic and 5 are anabolic.

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What makes this Energy Leadership™ Circle different from other mastermind groups?

Unique benefits include:

- Led by Certified Professional Coach, **Kathy Wright, MHR, CPC, ELI-MP**
- Includes an **Energy Leadership Index Assessment™** and debrief— an attitudinal assessment highlighting how you show up as a leader
- Includes 2 hours of **personal coaching** with Kathy Wright, scheduled at mutually agreed upon times
- Focuses on **increasing your anabolic energy**, raising your energetic profile
- Explores **topics and skills** important to leaders of charitable organizations such as:
 - Problem Solving
 - Productivity
 - Influencing/Inspiring Others
 - Fundraising
 - Interacting with the Board

In addition, you'll receive the benefits of a typical mastermind group which include:

- **Growing and developing** personally and professionally
- **Discussing** the situations CEOs face in a **confidential environment**
- **Asking for and sharing** assistance, challenges, opportunities and insights
- Creating **more focus** to your career and your life
- **Learning** from your peers
- **Supporting others** in their journey

Who is leading this Energy Leadership™ Circle?

Kathy Wright, COO of iCF, serves as Coach, Trainer, Business Advisor and Consultant with specialties leadership, management and fundraising.

With over 30 years of experience, she has provided leadership, insight and wisdom to many nonprofit organizations. Kathy is known for training programs she has designed for various organizations throughout her career. She has served on boards, including roles as Board President and Committee Chair. On the staff side, she has served as Executive Director and Development Director for both local and international organizations. Kathy served in key roles on many board and community committees wherever she and her family lived: Wisconsin, Colorado, Oklahoma, Texas and Norway.

Kathy's education includes a Master of Human Relations where she focused on leadership, training and organization development in nonprofits. She is a Certified Professional Coach having completed rigorous training through the Institute for

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Professional Excellence in Coaching (iPEC) and is an Energy Leadership Index Master Practitioner.

Kathy gained much of her experience in consulting and training through her firm, Kathy M. Wright Enterprises. She also co-founded Two Roads Institute, a training firm specializing on capacity building for nonprofits. Her fundraising experience is noteworthy, as she has coordinated major campaign efforts for a number of nonprofit organizations. In addition, she has planned, coordinated, and implemented specialized fundraising models for charitable organizations.

Why should I be a part of an Energy Leadership™ Circle?

Are you:

- Committed to **growing** both **personally** and **professionally**?
- Interested in reaching your goals and driving results?
- Intrigued by the idea of raising your energy level?
- Someone who **thrives with accountability** partners?
- Open to challenging yourself about what's holding you back?
- Highly motivated and committed to action?

Then our Energy Leadership™ Circle is ideal for you.

Be ready to:

- Use the power of **Energy Leadership** to up your game
- **Grow and develop new competencies**, personally and professionally
- Create **more focus** to your life and your career
- Increase your **confidence**
- **Participate fully** in the entire 6-month program
- **Be accountable** to yourself and the group
- **Dedicate yourself to making a shift** from ordinary to extraordinary
- Raise your **Average Resonating Energy Level**
- **Ask, answer and discuss** tough questions
- **Learn** from your peers,
- **Support others** in their journey
- Kick up **the status quo** and open up **a new future path**

The results? Personal and professional growth and development, raising your energy level, and greater success in achieving your goals... with group accountability.

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When does the Energy Leadership™ Circle meet?

Month	9:45-11:00 a.m. Central Time
September	21
October	5 & 26
November	2 & 30
December	OFF
January	4 & 18
February	1 & 15
March	8 & 22

What is my investment?

For just \$2400 you receive 6 months of group interaction with Kathy and your peers, The Energy Leadership Index™ and debrief and 2 hours of personal coaching with Kathy. If you register by August 31, we've slashed the fee to \$1999. (An extended payment plan is also available.)

To register, click [here](#).

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