



## L Street Running Club 2019 MEMBERSHIP APPLICATION



**New Member Application Fee – Individual \$55 Family \$65  
Renewal Fee – Individual \$35 Family \$45**

**To qualify for renewal, we must receive your application by January 15, 2019**  
*Please Print all Entries Clearly*

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Male { } Female { }

**Additional Contribution to the LSRC Charity Fund \$ \_\_\_\_\_**

List Names of Family Members (Domestic Partner and Children 18 years old or younger living at same address) to be included in the *Family Plan*:

<u>Name</u>	<u>Age</u>	<u>Name</u>	<u>Age</u>
_____	—	_____	—
_____	—	_____	—

### **Contact Information**

Street: \_\_\_\_\_ Apt. #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

*Referred to LSRC by \_\_\_\_\_*

**Waiver #1:** L Street Running Club (LSRC) is open to all persons and abilities with an interest in running. I understand and agree to the waivers and release. I understand by becoming a member of the L Street Running Club (LSRC) I will be unable to run in the club's annual charity race, the Jim Kane Sugar Bowl 5k. Instead, I will be asked to volunteer to work the race, along with other club members.

**Waiver #2:** As an LSRC member, I agree to maintaining The Spirit of L Street (a Member Standard of Excellence) which includes the following standards: a) I will conduct myself as an LSRC Ambassador by being respectful to all other LSRC members on the Forum and Facebook, during organized workouts, at social events, and at races. b) Honor LSRC by actively promoting Club activities and members via social media, including Facebook and Twitter. c) Contact the Board of Directors in the event I need assistance in resolving issues among Club members. The issue will be reviewed by the Board with a recommendation for action. d) Welcome new members to LSRC, and make introductions to others. e) Appreciate the different experiences, abilities and skills of other LSRC members.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Make checks payable to: **L STREET RUNNING CLUB** and mail to:  
**L Street Running Club Membership, 49 Joan Drive, Quincy MA 02169**  
Questions? Email: [scohane@comcast.net](mailto:scohane@comcast.net)