

EHS Hot Lunch Menu/Order Form

Month: JUNE 2018

Please submit lunch orders to the EHS office by Tuesday, May 22

Student Name:

Grade:

| DAY | DATE | MEAL DESCRIPTION | \$6.00 ea | Addt'l portion \$2.00 ea |
|--------------|------|--|-----------|-----------------------------|
| | | 2 slices of pizza served with crisp caesar salad, yummy croutons, and shaved parmesan cheese. Served with fresh fruit. | | |
| Friday | 6/1 | Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit. | | |
| Monday | 6/4 | Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit. | | |
| Tuesday | 6/5 | Yogurt bar with all the fixings including homemade cinnamon granola, warm mini muffins, and croissants - served with fresh fruit and vegetable. Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit. | | |
| Wednesday | 6/6 | Good for your soul, homemade, chicken soup with vegetables, fresh herbs, and ditalini pasta served with fresh fruit. Turkey sandwich with pickles and tomatoes - served with chips, carrot sticks, hummus and fruit. | | |
| Thursday | 6/7 | Pasta in homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit. Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit. | | |
| Friday | 6/8 | Pizza bagels served with fresh fruit and vegetables. Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit. | | |
| Monday | 6/11 | Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit. | | |
| Tuesday | 6/12 | Chocolate chip or plain delicious fluffy pancakes with warm maple syrup (must pre-order your choice of pancake) - served with fresh fruit smoothies and a vegetable. Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit. | | |
| Wednesday | 6/13 | Hot Dogs and french fries with all the fixings! Fresh fruit and vegetable also served. Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit. | | |
| Thursday | 6/14 | Warm and bubbly macaroni and cheese with cheddar, monterey jack, and parmesan cheeses - roasted vegetables drizzled with olive oil and fresh herbs - served with fresh fruit. Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit. | | |
| Friday | 6/15 | NO LUNCH | | |
| TOTAL | | | | |

*Remember to make your pancake choice - chocolate chip or plain.

*Checks can be made payable to Cara's Kitchen.

*For each day that has 2 choices, please indicate which meal you are selecting.