

# EHS Hot Lunch Menu/Order Form

Month: JUNE 2018

Please submit lunch orders to the EHS office by Tuesday, May 22

Student Name:

Grade:

DAY	DATE	MEAL DESCRIPTION	\$6.00 ea	Add'l portion \$2.00 ea
		2 slices of pizza served with crisp caesar salad, yummy croutons, and shaved parmesan cheese. Served with fresh fruit.		
Friday	6/1	Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit.		
Monday	6/4	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
		Yogurt bar with all the fixings including homemade cinnamon granola, warm mini muffins, and croissants - served with fresh fruit and vegetable.		
Tuesday	6/5	Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit.		
		Good for your soul, homemade, chicken soup with vegetables, fresh herbs, and ditalini pasta served with fresh fruit.		
Wednesday	6/6	Turkey sandwich with pickles and tomatoes - served with chips, carrot sticks, hummus and fruit.		
		Pasta in homemade tomato marinara sauce or butter and cheese, crispy salad with peppers, cucumbers, tomatoes topped with a homemade dressing. Served with fresh fruit.		
Thursday	6/7	Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit.		
		Pizza bagels served with fresh fruit and vegetables.		
Friday	6/8	Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit.		
Monday	6/11	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
		Chocolate chip or plain delicious fluffy pancakes with warm maple syrup (must pre-order your choice of pancake) - served with fresh fruit smoothies and a vegetable.		
Tuesday	6/12	Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit.		
		Hot Dogs and french fries with all the fixings! Fresh fruit and vegetable also served.		
Wednesday	6/13	Turkey sandwich with pickles and tomatoes served with chips, carrot sticks, hummus and fruit.		
		Warm and bubbly macaroni and cheese with cheddar, monterey jack, and parmesan cheeses - roasted vegetables drizzled with olive oil and fresh herbs - served with fresh fruit.		
Thursday	6/14	Cheese quesadilla with salsa, cheese, sour cream - served with raw vegetables, hummus, and fruit.		
Friday	6/15	NO LUNCH		
TOTAL				

\*Remember to make your pancake choice - chocolate chip or plain.

\*Checks can be made payable to Cara's Kitchen.

\*For each day that has 2 choices, please indicate which meal you are selecting.