



## **Mayor Capote Invites Citizens to Get Fit in the New Year!**

**PALM BAY-** For the first time ever, nine mayors in Brevard County are challenging their citizens to get involved in a friendly, healthy competition.

The City of Palm Bay will be participating and forming a team in this FREE 13-week challenge. The municipality's team reporting the most minutes of physical activity will be the winner of the competition.

Families are encouraged to participate together and get active.

A Kick-off Event will be held on Saturday, February 4, 2017 at the Health First's Viera Hospital Courtyard at 9 am.

Adults over 18 may choose to join "The Great Weight-Off" for the opportunity to win a \$500 cash prize!

Please join Mayor William Capote and the other 8 Mayors and register at [BrevardMayorFitnessChallenge.com](http://BrevardMayorFitnessChallenge.com) by Friday, January 6, 2017! Visit [www.pbfl.org/mfc](http://www.pbfl.org/mfc) for more details!

**February 4 - May 5, 2017**, the challenge is on! The winning team will be determined by: the city who has the largest percentage of their community join the challenge, plus the largest number of minutes spent exercising. The municipality with the most points will win the challenger trophy, "Most Fit City 2017."