

## presenter

David Levit, Ph.D., ABPP is a Diplomate in Psychoanalysis and in Clinical Psychology. His faculty positions are: Faculty and Supervising Analyst, Massachusetts Institute for Psychoanalysis (MIP); Co-Founder, Co-Chair, and Faculty, MIP Postgraduate Fellowship-West; Associate Clinical Professor, Department of Psychiatry, Tufts Medical School; Adjunct Associate Professor, Smith College School for Social Work. He is a Fellow at the American Board and Academy of Psychoanalysis, and a Fellow at the American Academy of Clinical Psychology. He is in private practice in Amherst, MA where he provides individual therapy and psychoanalysis for adults and consultation for colleagues.

## continuing education

This program meets criteria for 5.0 hours of Category 1 credits for Psychologists. Participants must attend the entire event. Upon completion of the program and an evaluation form, an attendance certificate will be provided. This intermediate level program is open to all interested mental health professionals.

If participants have special needs, we will attempt to accommodate them.

Questions, concerns, or to inquire about scholarships, call Dr. Helene Barab at 520-290-3606 or email [hbarab@mindspring.com](mailto:hbarab@mindspring.com)

## agenda

9:00 Overview of Relational Theory  
R/Evolution and dialectic tensions with Classical Theory  
Case: Mike's cruelty to his son and my empathic failure

10:15 Q & A

10:30 Break

10:45 Enactment and therapeutic action in the context of repeated and needed relationships\*  
Case: Mary—the unlikeable patient

11:45 Q & A

12:00 Lunch

1:15 Impasse and relationally working through-Part I  
Case: Mike's homicidal rage and my dissociative paralysis, Q & A

2:15 Break

2:30 Impasse and working through-Part II, intersubjectivity lost and refound  
Case: Mike, the racist, misogynist, homophobic vs. me the superior liberal, Q&A

3:15 Adjourn

\* a phrase borrowed from Steven Stern

## learning objectives

Attendees to this workshop will:

1. Gain a greater understanding about differences between Relational Theory and Classical Theory.
2. Deepen their understanding about the potential therapeutic value of enactments and the process of working through them.
3. Expand their repertoire of clinical choices in encountering especially challenging situations in therapy.
4. Gain a deeper understanding of relational perspectives on therapy process overall.

## registration

***Relational Psychodynamic Therapy:  
Working With Tensions In Theoretical  
and Clinical Realms***

**David Levit, PhD, ABPP**

April 22, 2017, 9:00 am to 3:15 pm  
registration 8:30 to 9:00 am

Hacienda del Sol Guest Ranch Resort  
5501 N. Hacienda del Sol Rd.  
Tucson, AZ

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NAME	DEGREE
ADDRESS	CITY/STATE/ZIP
PHONE	EMAIL

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*If you are not on our email list for upcoming Society events and news, would you like to be?  
\_\_\_\_\_ Yes \_\_\_\_\_ No*

**PLEASE CIRCLE THE CORRECT FEE.**

**Pre-registration fee - register by April 15, 2017**  
**Pre-registration includes lunch.**  
SPS Members \$160 Non-Members \$175  
Candidates and Residents \$100  
Students \$55 Non-Member Students \$60

**Registration received after April 15, 2017**  
SPS Members \$170 Non-Members \$185  
Candidates and Residents \$110  
Students \$65 Non-Member Students \$70

*You may register at the door.*

*An administration fee of \$25 will be charged for cancellations made by April 15th. There will be no refunds for cancellations after that date.*

**Payment Method** **Amount:** \$\_\_\_\_\_

\_\_\_\_ Check (preferred) - payable to SPS.

\_\_\_\_ Visa \_\_\_\_ MC \_\_\_\_ Discover

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Mail registration to: Helene Barab, PhD  
1998 N. Kolb Rd.  
Tucson, AZ 85715-4005



SOUTHWEST PSYCHOANALYTIC SOCIETY

## Relational Psychodynamic Therapy: Working With Tensions In Theoretical and Clinical Realms



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**9:00 am to 3:15 pm**

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**Hacienda del Sol Guest Ranch Resort  
5501 N. Hacienda del Sol Rd.  
Tucson, AZ**



**SPS**  
**3504 Highway 153, PMB 304**  
**Greenville, SC 29611-7533**

### **program description**

Dr. Levit will present relational perspectives on psychotherapy with an emphasis on the evolution and expansion in our understanding of therapeutic process, therapeutic options, and therapeutic action. He will address relational revisions in basic concepts such as transference and countertransference. The foundations of relational perspectives will be presented, drawing upon the contributions of seminal theorists, such as Mitchell, Greenberg, Davies, Hoffman, Bromberg, Aron, Benjamin, etc. Dr. Levit will not only discuss central ideas about psychotherapy within the relational paradigm, but also examine them in light of more traditional psychodynamic perspectives. For example, the relational emphasis on the therapist's expressive participation will be considered in light of a more traditional emphasis on analytic restraint. Extensive case material, including process notes from sessions in therapy and psychoanalysis, will be shared in order to both examine theoretical controversies and illustrate relational therapeutic style and sensibilities, especially in encountering our more challenging clinical moments and circumstances.

### **location and directions**

From Phoenix, take I-10 East to the Orange Grove exit. Turn left (East). Continue to Skyline (traveling East). Turn Right. Skyline Dr. then becomes Sunrise Dr. Proceed east on Sunrise Dr. to Hacienda Del Sol Rd. (first street past Via Palomita). Turn right on Hacienda del Sol Rd. Turn right at 5501 Hacienda Del Sol Rd. to Hacienda del Sol Guest Ranch Resort.

From River Road, go north on Hacienda Del Sol to 5501 Hacienda del Sol Rd. (1.8 mi) to Hacienda Del Sol Guest Ranch Resort

