"Where there is sorrow, there is holy ground." – Oscar Wilde

THE GIFTS OF GRIEF: GRIEF AS SACRED WORK

with Carolyn Baker & Terry Chapman

Are you feeling overwhelmed by a personal loss? Are you feeling anxious about the uncertainties of our global crises? These experiences need not result in despair or helplessness. We may resist grieving due to fears of getting stuck in our emotional pain. We might resign ourselves to "time heals all wounds". Many people do.

In a supportive community, the experience of grieving can be made conscious and empowering. We can intentionally open to the unexpected gifts of meaning, joy, and purpose inherent in what we most dread.

We invite you to become part of an exploration of community grieving.

Together we will delve deeper into what particular aspects of grief are heartbreaking to each of us. Throughout, we will learn to involve nature in our healing process, as well as share deeply our grief within the container of everyone’s support.

This weekend will be facilitated by Carolyn Baker and Terry Chapman. Carolyn's life’s work and passion have been dedicated to discovering the sacred depths of all of life’s transitions. Carolyn was a psychotherapist in private practice for 17 years and is currently a life coach. Terry is a Clergy and Spiritual Director with over 30 years of walking with people through life’s transitions. As experienced retreat leaders Carolyn and Terry weave together the processes of grieving into a beautiful communal tapestry of healing and transformation.

If you feel you could benefit from this experience, please contact Terry Chapman at: terrychapman@me.com. He will be glad to answer any questions. Please forward this to anyone who you feel might also be interested.

Date: December 8-10, 2017 (Friday evening-Sunday morning) at the Murray Grove Retreat and Renewal Center, Lanoka Harbor, NJ Price: $385.00 Includes lodging and food (dinner Friday–lunch Sunday) The price for commuters is $350.

Limited to 25 people: A deposit of $200.00 by check by November 15 is required to reserve your space.

Strongly Recommended Reading prior to the Workshop: "The Wild Edge of Sorrow", by Francis Weller

"One thing all human beings have in common is loss.” – Malidoma Somé