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Spiritual Leader of Eckankar

Divine Spirit in Action

Arizona

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An Inner and Outer Master

The Mahanta Serves as an Inner Guide

Who and what is the Mahanta, the Living ECK Master in Eckankar? What is his function?

The Mahanta, the Living ECK Master is the spiritual leader of Eckankar. He is the spiritual guide for those on the path of ECK.

Sometimes people don't understand the role of a spiritual guide—whether it's Christ, or the Mahanta, or Buddha, or the leader of a church somewhere who has a very definite, direct connection with the Holy Spirit.

So let me explain.

Over all creation is the Creator, God, whom we know as Sugmad in the ancient teachings. The name doesn't make any difference. The Creator is one and the same.

The Voice of God, the ECK, is the active force that goes out and is responsible for the actual creation of all the universes. This Voice of God is what is known as the Holy Spirit. Or sometimes the Spirit of God, the creative force, or whatever. But it's a neutral force. It simply obeys or does the will of the Creator.

A True Spiritual Master

A true spiritual master is in tune with the Voice of God. A human manifestation that people can

see and understand. In that role, his will is that of Divine Spirit. And that's all.

In Eckankar this divine force works both in the Outer Master and also through the Inner Master.

That means those on the path of ECK have the additional benefit of a Master who can come to them in the dream state and teach them there. Or sometimes by direct Soul Travel. Sometimes through contemplation. The Inner Master is there, working when the individual sleeps, or prays, or meditates, or



contemplates. And the Outer Master is out here to provide the books and discourses, and to give talks and things of this nature.

But the Outer and Inner Master are not two separate things; they're just two different aspects of one being who serves the Holy Spirit.

In his physical body, the Mahanta, the Living ECK Master is like everyone else and can only be in one place at a time. In the Soul body, however, he is like the air that you breathe. He is everywhere. As the ECK, he can easily be with you

and thousands of others in the very same moment.

The sole purpose of the Mahanta, the Living ECK Master is simply to help Soul find It's way home to God.

Spiritual Help Is at Hand

As we step further along the path to self-mastership, we work with this ECK as It manifests to us and gives us direction. It will be different for everyone.

Some will see the Inner Master come and give them hints and directions. Others will feel gentle nudging. If it's a matter of health, or of refilling the wallet and trying to figure out how to get the business going again, the ECK will give nudges. As we do the Spiritual Exercises of ECK, our consciousness opens. We become more aware of the help that is already at hand.

Spiritual exercises link you with the guidance of the Holy Spirit which is seen as Light and heard as Sound. The inner Sound is the Voice of God calling us home. The inner Light is a beacon to light our way. All the Spiritual Exercises of ECK are built on these two divine aspects of the Holy Spirit.

Learning spiritual consciousness is learning how to live in this world no matter what comes. We learn through these spiritual exercises how to live life graciously, from childhood to old age.

We learn how to live life in the best way possible.

Harold Klemp, *ECK Wisdom on Inner Guidance*, p. 14-18

Simplicity of Love

Simplicity of Love

by Charles Cavanaugh

Today, something touched so deep that it redeemed the good in me and let the good in others shine.

Today, the opener of hearts healed the heart and spoke of greatness in small things.

Today, a tide of kindness came in and filled me with ease.

Today, forgiveness lifted me out of myself, refreshing in the simplicity of its love.

2016 Eckankar Journal, p. 18

DISCOVER YOUR SPIRITUAL MISSION

2016 ECK Worldwide Seminar

October 21-23, 2016 - Minneapolis, MN

The ECK Worldwide Seminar celebrates the spiritual new year in ECK, signifying the high point or spiritual harvest in the year's cycle. This is the beginning of a new, higher cycle for the next year.

See Sri Harold Klemp, the Mahanta, the Living ECK Master. This God-Realized spiritual teacher will speak in person. Experience workshops, spiritual discussions, and other activities for greater spiritual growth.

New to Eckankar? Nonmembers may preregister online at <http://www.eckankar.org/Seminars/prereg1.php>.

Complimentary registration is available for Saturday, October 22.

"Eventually, every dream, goal, or service meets in the Experience of God, which makes us over into a new spiritual being."

Harold Klemp, *A Modern Prophet Answers Your Key Questions about Life*

Divine Spirit in Action

Simple Spiritual Exercise

A Spiritual Exercise to Meet the Mahanta

Take a comfortable sitting position on your bed or in a chair. Gaze gently and sweetly into the Spiritual Eye between the eyebrows.

Everything may appear dark for a moment. Gaze into the space between the brows. Look for the Light, a sheet of white light.

The Light may be like a great sun, throwing Its glittering, brilliant rays in a circle around you. Its brilliancy greater than ten thousands suns.



Suddenly you realize that the Light is coming from within yourself, spreading into an ever-widening circle until It fills the whole universe. It flows out of a center within you and becomes a burning beacon.

Feel your whole body pulse with the rhythm of Its surging waves like the pounding of surf upon a sandy beach.

You hear the roaring of the surf in your ears, and it grows and grows. Suddenly into your inner vision steps the Mahanta, the Living ECK Master. Greet him with joy in your heart, and begin your journey into the worlds of God.

Harold Klemp, *ECK Wisdom on Inner Guidance*, p. 56-57

HU

Following Your Inner Guidance

Soul—A Spark of God

Often people are afraid to follow their inner guidance. It sounds like such a foolish thing to do, especially if they have to face other people and explain why they are doing what they are doing.

One of the very strong pressures in life is the social consciousness: What will people think? What will people say?

The social consciousness is so strong that it keeps people in religions that they have outgrown years ago. But they're afraid to leave because they worry about what the neighbors will say. It is a very strong force that the negative power uses to keep people in line.

It keeps them trapped in their present life, in their state of futility, in



their state of hopelessness and unhappiness. Most people do not have the spiritual strength to muster the courage to take a step away from the crowd.

Yet showers of love rain down upon us simply because we are Soul, a divine spark of God. Its Voice, which showers the love, is the pure Light and Sound.

The Creator, the Highest Being, speaks to creation through the Holy Spirit, the ECK. This voice of divine love is very real.

Those who enter the higher reaches of heaven here and now in their states of consciousness see the holy Light and hear the divine Sound of God clearly in everyday life.

The Light and Sound are God's way to communicate directly with us. They help develop our creativity, which makes us god-like.

Harold Klemp, *ECK Wisdom on Inner Guidance*, p. 5-6

Upcoming ECK Events

All events are FREE and open to the public. Check www.eck-arizona.org for the monthly Eckankar calendar of events to confirm exact locations, dates, and times.

Northern AZ

Flagstaff, Prescott, Sedona, and Cottonwood are currently hosting [Community HU Songs*](#) and Spiritual Chats**, and quarterly [ECK Worship Services](#) in their areas.

Central AZ

The greater metropolitan Phoenix area is hosting [ECK Worship Services](#), and [Community HU Songs*](#).

Southern AZ

The greater Tucson metropolitan area hosts [ECK Worship Services](#), Spiritual Chats**, [Community HU Songs*](#), and open book discussions.

*[Community HU Song](#) - singing HU, a love song to God, with a group for a few minutes followed by a short quiet contemplation

**Spiritual Chat - open discussion on a selected spiritual topic (one hour)



The Next Step

You've always known there's something more...

Now explore!! To have your free copy of Eckankar's Spiritual Experiences Guidebook and CD sent to you by mail, go to: [SpiritualExperience.org](#).

You can also request it by calling: 1-888-LOVE GÖD, or writing: Dept. ISEG, ECKANKAR, PO Box 2000, Chanhassen, MN 55317-2000

This booklet is free to anyone not a member of Eckankar.

—from *Spiritual Wisdom Journal* Jan-Mar 2015

Local Information

For questions or inquiries, contact the Arizona Satsang Society, Inc., a Chartered Affiliate of ECKANKAR at info@EckankarArizona.org or 1-877-300-4949

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