

**ANXIETY DISORDERS** are **REAL**, **COMMON** and **TREATABLE**

We all have Anxiety, but how much is too much?

*... let's talk about it!*

# Angst

Film Screening & Panel Discussion

Appropriate for parents to attend with their children ages 10 and up

**Wednesday, February 20th**

6:30 p.m. to 8:00 p.m.

**John Paul II Activity Center**

4005 Stoneridge Drive , Pleasanton

FREE EVENT



Limited seating, register at [bit.ly/Angst2-20](http://bit.ly/Angst2-20)

**IndieFlix**  **INDIEFLIX**  
FOUNDATION

[angstmovie.com/trailer](http://angstmovie.com/trailer)

We are all in this together. No one fights alone.  
Angst has been screened in over 1000 locations spanning 20 countries.