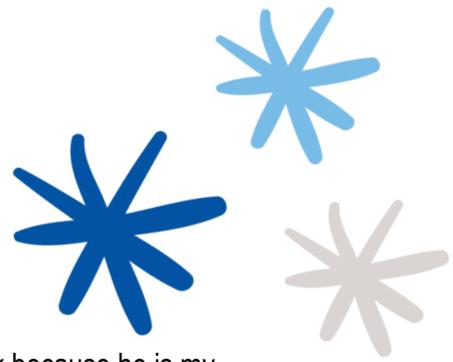


DECEMBER

Intentional Acts of Kindness



“And whoever gives to one of these little ones even a cup of cold water to drink because he is my disciple, truly I say to you, he will not lose his reward.” Matthew 10:42 (AMP)

“No one should seek their own good, but the good of others.” 1 Corinthians 10:24 (NIV)

As we seek to show Christ’s love tangibly, we challenge you to intentionally perform acts of kindness each day in December, especially to those in your own neighborhood. Below is a list of ideas for you and for your children.

For you:

- Pay for the person behind you in line
- Bake cookies for firefighters/police
- Invite someone for dinner
- Volunteer at a food bank
- Babysit free for a young mom
- Donate food to the church grocery carts
- Let someone go ahead of you in line
- Take supplies to an animal shelter
- Leave a popcorn surprise at Red Box
- Shovel snow for someone
- Take poinsettias to a nursing home
- Offer to help an older person with Christmas decorations
- Make scarves for the homeless
- Send an e-card to a lonely person
- Invite someone out for coffee
- Put a positive sticky note on a mirror
- Leave a generous tip
- Donate blood to the Red Cross
- Bring donuts to work
- Donate diapers to the Women’s Care Center
- Leave a positive comment on a blog
- Volunteer to wrap presents for someone
- Leave a note in someone’s lunchbox
- Surprise someone with flowers

For your children:

- Put money in the Salvation Army bucket
- Walk a neighbor’s dog
- Help someone carry their bags
- Tell your mom/dad you love her/him
- Leave a thank you note for the mail carrier
- Donate toys to a charity
- Leave a dollar in the toy section at the Dollar Store
- Bring a muffin to your teacher
- Buy books for a needy family
- Take cookies to your pediatrician’s office
- Take cookies to the librarian
- Make Christmas cards for your neighbors
- Write a letter to a sibling telling why you love him/her
- Give out free hugs today
- Ask “Can I help you?”
- Call your Grandma/Grandpa and say “I love you!”
- Take a balloon to someone
- Leave crayons and coloring book at the doctor’s office
- Visit someone who is lonely
- Do a chore without being asked
- Pick up trash
- Ask a new friend to play
- Give someone a new pencil