

Grace Place Wellness Retreat

September 21, 2017

A life in ministry can be filled with tremendous joy. It can also be demanding and stressful. A church worker's self-care begins with the sensitivity to recognize the brokenness we all experience in life with God, life in community with others and life in ministry service and then to seek the Lord's restorative grace. This workshop will equip participants with simple tools for self-assessment of wellness and suggest strategies for receiving God's healing touch of renewal.

Who is invited?

Commissioned
Ordained
Church office workers
Highly engaged volunteers

When?

Thursday, September 21, 2017

8:30 a.m. to 3 p.m.

Includes Lunch

Where?

Trinity Lutheran Church
11500 German Church Road
Burr Ridge, Illinois 60527

Registration

Cost is \$20 for first registration. \$15 for each additional registration from the same location. Complete registration form and submit payment due by September 11, 2017. Payment by check or credit card (form only, no online payment available) payable to Northern Illinois District, note "Parish Professional Event".

Any questions should be directed to Dr. Debbie Arfsten at debra.arfsten@cuchicago.edu.

Grace Place Wellness Event sponsored by Concordia University Chicago
Director of Christian Education Program, the LCMS Northern Illinois District Office
and the NID Parish Professional Network

