

YOUR NATURAL HEALTH NEWS

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Pascallerg® - Homeopathy for Hay Fever Sufferers (continued)

The word "homeopathy" comes from two Greek words: *homoios* which means "similar" and *pathos* which means "suffering." It is based on a premise called the "Law of Similars" - the idea that "like cures like".

A common example of this is onions. Contact with raw onion in a substantial dose will usually make our eyes water and sting, and can irritate our noses... much like hay fever. So, following homeopathic practice, a very small, "diluted" dose of onion (*Allium cepa*) may be given to those with hay fever who experience stinging and watering eyes, plus nose irritation, essentially giving the body a gentle push to heal itself.

Pascallerg's success lies in its 3 main active ingredients, based on homeopathic practice:

- 1) **Formic acid**, in its homeopathic form, is considered to be a "retuner", meaning that it encourages and teaches your body to react to allergic stimuli with less sensitivity.
- 2) **Gelsemium** is especially helpful with the flu-like symptoms of hay fever (a tired, droopy feeling during allergies; dry, swollen nasal membranes or with watery discharge; accompanied by a general ache). Symptoms often occur with changes of weather (especially in the springtime), along with frequent sneezing. Helps to relieve facial pain and sinus headache.
- 3) **Chromium kali sulphuricum** reduces irritation of the mucous membrane.

In combination, these three substances work to provide solid, general, short-term relief from immediate allergy symptoms. In acute, long-term cases, they work synergistically to prevent allergic responses by retuning and regulating the body to decrease its reaction to external allergens.

A 2015 study of 123 patients with a history of allergic rhinitis of up to 45 years found that the majority of symptoms were shown to improve substantially and that **patients reported a 91.8% quality of life improvement** over the 4-week period of study. A good reduction in symptoms was detectable after one week of use, but there was a tendency towards substantial reduction after further weeks of use. Even in cases where allergy symptoms had existed for over 45 years, effectiveness was evaluated as good to very good in 3 out of 4 patients. (see Fig.2 chart →)

Similarly, a 2000 study of 495 patients aged 2 to 81 with asthma, hayfever, skin reactions, and food allergies found that **63% of patients had considerable improvement or complete elimination of their conditions** through 8-10 weeks of treatment.

For more detailed product information, follow this PDF link:

http://www.pascoe.ca/wp-content/uploads/2016/03/Pascallerg-Monograph_201603.pdf

For more information about how to minimize/alleviate seasonal allergy symptoms this year, or to make an appointment with Dr. Sjøvold, please contact her at 604-888-8325.

