

PRESENTED BY



EAGLE RIVER
YOUTH COALITION
MAKING **YOUTH** A **COMMUNITY** PRIORITY

EAT CHAT PARENT

Be a Part of Community Conversations on Real Deal Issues

DEEP BREATHS: VALIDATING YOUR CHILD'S EMOTIONS AND NEEDS

Thursday, February 23, 2017

EAGLE VALLEY MIDDLE SCHOOL LIBRARY

PRESENTERS:

ALICIA PRIBRAMSKY, M.A. SCHOOL COUNSELING, K-8 SCHOOL COUNSELOR,
K-4 SPANISH TEACHER, EAGLE COUNTY CHARTER ACADEMY

ANNE-MARIE DESMOND, FOUNDER, UB.U, MINDFULNESS INSTRUCTOR

AMANDA BRICKER, LPC, MIND SPRINGS HEALTH

5:30 PM
ARRIVAL AND
COMPLIMENTARY
BUFFET DINNER

6:00 PM
PANEL PRESENTATION

7:00 PM Q&A

7:20 PM WRAP UP

7:30 PM DEPART

FREE DINNER

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FREE ADMISSION
& CHILDCARE

LIVE

SPANISH
INTERPRETATION
UPON REQUEST

RSVP

EMAIL CJOHNSON@EAGLEYOUTH.ORG,
TEXT 970.331.1487 OR VISIT EAGLEYOUTH.ORG



COLORADO
Office of Behavioral Health
Department of Human Services