

Monday
Apr
16

Nadine Burke Harris, M.D.

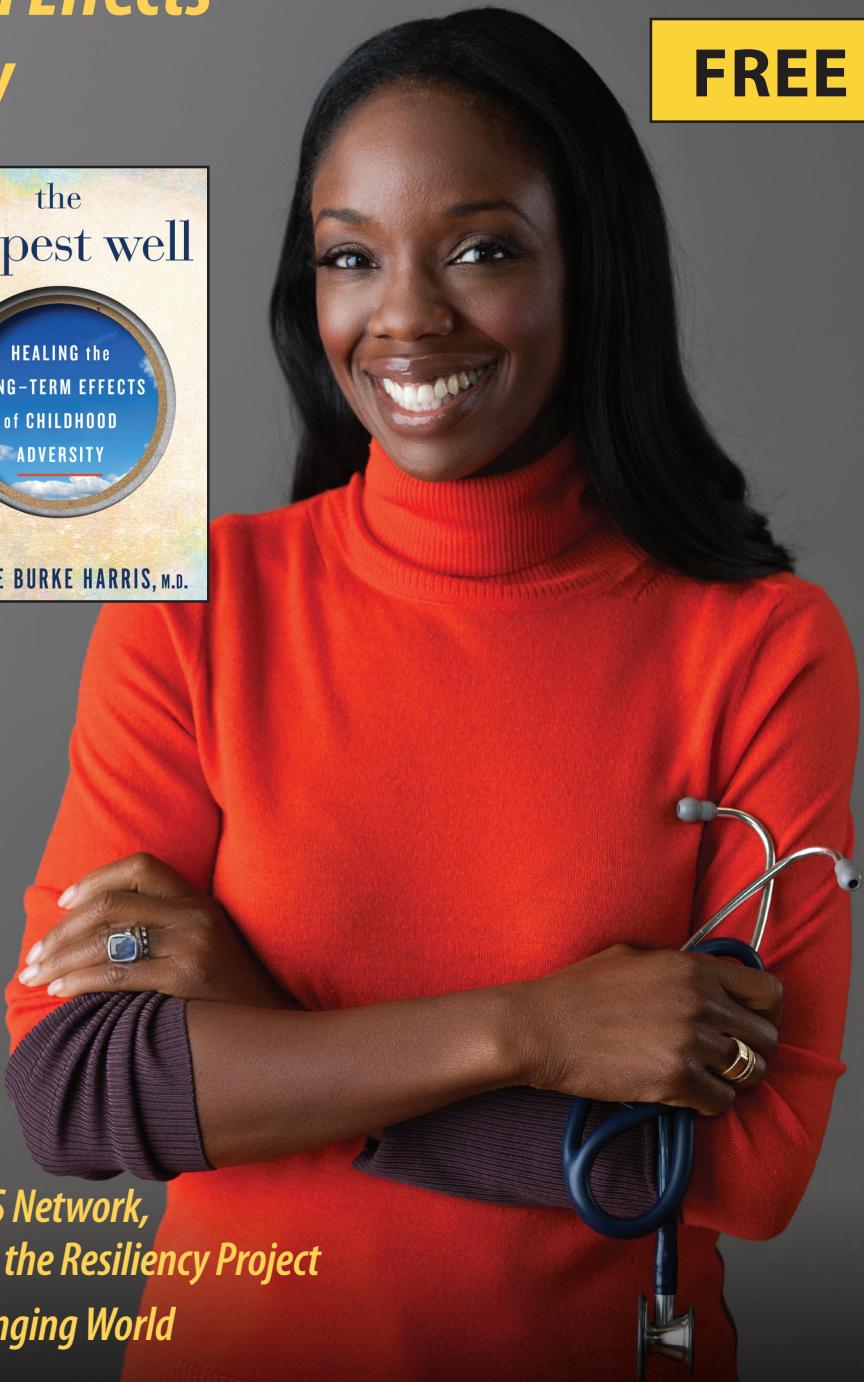
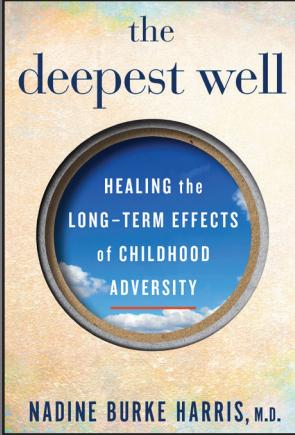
Healing the Long-Term Effects of Childhood Adversity

FREE

"[Burke Harris] delivers revelations about what is really going on – in our bodies, in our families, in our communities – as a result of childhood toxic stress, as well as targeted solutions for individual healing."

– Ashley Judd, actress and activist

Dr. Nadine Burke Harris is a pioneering physician who delivers targeted care to vulnerable children. Her groundbreaking research shows how childhood adversity such as abuse, neglect and even divorce can change our biological systems – from stress responses and growth rates to diabetes, heart disease and more – and that these changes can last a lifetime. Burke Harris will reveal not only how deeply our bodies can be imprinted, but also what we can do to break the cycle.



*Presented in association with CALM, KIDS Network,
Santa Barbara Neighborhood Clinics and the Resiliency Project*

 *Thematic Learning Initiative: Our Changing World*

Books will be available
for purchase and signing



Mon, Apr 16 / 7:30 PM / UCSB Campbell Hall

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