

## **THE GODDESS MOVEMENT TRANSITION Q & A**

We have sat as a team and thought through questions that not only we have, but questions we thought you might have as well. Please read on, as we have shared these in the hope that it will bring some ease and knowledge through the transition into our new space!

### **WILL CIRCUS AND POLE EVER BE A POSSIBILITY AGAIN WITH TGM?**

For now, we will not be running aerial classes. We need to be sure that we are in alignment with our new space and new partners and that we both enjoy the shared business space. Once we have settled in, we will have a conversation about the possibility, but we cannot promise anything at this point. Know that if there is a way, we will pursue the opportunity.

### **WHERE CAN I TAKE POLE?**

We have never spent time as a student in any other studios, therefore, we cannot provide a testimonial on what kind of experience you may have at other studios. If you have a desire to seek classes in other locations, we suggest you do some drop ins to see if you enjoy the classes and vibe! Here are some pole studios that we have found through google search:

AVA Fitness

Tantra Fitness

AcroFit

### **WHERE CAN I TAKE CIRCUS?**

We have never spent time as a student in any other studios, therefore, we cannot provide a testimonial on what kind of experience you may have at other studios. If you have a desire to seek classes in other locations, we suggest you do some drop ins to see if you enjoy the classes and vibe! Here are some circus studios that we have found through google search:

Vancouver Circus School

AcroFit

Circus Lab

Triumph Acrobatic Arts

### **WILL IT STILL BE CALLED THE GODDESS MOVEMENT?**

Yes, absolutely we are The Goddess Movement. We will be offering a variety of classes, workshops, and community connections, not just Army of Sass. So everything we do will be part of The Goddess Movement, we are moving physical locations, not our heart!

### **HOW WILL I REGISTER FOR CLASSES IN JANUARY?**

Our online system will be there to support you! All our classes are typically pre-registered so using our website at [www.thegoddessmovement.com/our-schedule](http://www.thegoddessmovement.com/our-schedule) is the best way to book into your classes. If you would like to pay using an etransfer instead of credit card, you can email Meg at [meg@thegoddessmovement.com](mailto:meg@thegoddessmovement.com). We will no longer have a front desk team, so getting used to our online booking system will be fabulous for you!

#### IF I HAVE A CREDIT ON FILE, HOW CAN I USE IT?

As our policy has always been no refunds and no transfers, if you do have a credit, it's because we have chosen to "bend" the rules a bit based on your circumstance at the time of the credit. As such, the credit was offered in kindness and you are welcome to use it in the current location up until Dec 31st, 2018 for any of our classes. Your credit will also be held on account through to March 31, 2019 to be use for any classes we offer in our new location, keeping in mind that we will not be running pole or circus classes in our new location. If you have not used your account credit by March 31st, 2019, it will be forfeit and unavailable to use. Credits hold no cash value and cash will not be given in lieu of account credit.

#### IF I CURRENTLY ONLY DO POLE, WHAT OTHER CLASSES MIGHT I BE INTERESTED IN JOINING IN JANUARY IN THE NEW LOCATION?

If you love the sensual side of things, we highly recommend our Army of Sass heels dance classes! You will have the option to perform, and if that is not your cup tea, there are drop in classes offered through the week! If you love to dance, I would recommend the Funky Feels Contemporary or Beginning Hip Hip. Neither of which require any dance experience at all! Aryn will be working on developing some of her signature movement classes in the new year if you want to come be her student as well! If you have any other classes that you'd like to see that don't involve aerial equipment, let us know, we would love to hear! You can email [contact@thegoddessmovement.com](mailto:contact@thegoddessmovement.com) with your suggestions!

#### WHAT CLASSES WILL BE OFFERED IN THE NEW LOCATION IN JANUARY?

Here is our proposed schedule so far. We may add/alter this as we get settled in, but here is what's on the slate so far!

##### Thursdays

6:30-7:30pm Funky Feels Contemporary with Natasha

7:30-8:30pm Beginner Hip Hop with Lorissa

##### Fridays

6:15-7:15pm Army of Sass: Corporals (10 week program)

7:15-8:15pm Army of Sass: Intermediate Drop-In

8:15-9:15pm Army of Sass: Corporal Prep (10 week Program)

##### Saturdays

10-11am Army of Sass: Privates+ (10 week program)

11-12pm Army of Sass: Open Level Drop-In

12-1pm Army of Sass: Privates (10 week program)

##### Sundays

12-1pm Army of Sass: Privates (10 week program)

1-2pm Army of Sass: Open Level Drop-In

2-3pm Army of Sass: Privates (10 week program)

#### HOW WILL PRIVATE LESSONS WORK?

Our instructors will still be available to book private lessons with! All instructors will be able to rent the studio space themselves and arrange payment details directly with the student. No need to reach out to TGM (Meg or Aryn) come January, you can arrange and pay your instructor personally.

#### WILL ANYTHING NEW BE OFFERED?

Right now the space we are renting has much possibility for more programming! Once we get our feet wet and a bit settled, keep your eyes out for more classes offered including explorative movement, workout and stretch, and much more! We are also excited to be arranging some personal development and empowerment workshops in the new year!

#### IF I AM IN THE 10 WEEK ARMY OF SASS PROGRAM, WHERE WILL THE REHEARSALS BE HELD?

Right now we are planning to hold all AOS show rehearsals in the new studio space on Essendene. The new studio is 1300 square feet so there will be lots of room to work staging and rehearsals.

#### CAN A STUDENT RENT STUDIO SPACE BY THE HOUR IN THE NEW LOCATION?

As I am not an owner at the new location, all rentals will go through I-Lead Abby. You do have the ability to rent space by the hour (\$30-40 per hour depending on the studio). They have two studios to choose from. You can apply to rent online by using their website: <https://www.i-leadabby.ca/book-online>

#### WHERE DO I PARK? HOW DO I GET IN?

As most of our classes are in the evening, you will find lots of parking on Montrose and Essendene. There is also a lot on Railway and a lot off George Ferguson way next to the UPS/shipping store. Please allow some extra time before your class to find your parking spot, this will help ensure you are on time for class and can stroll in stress free! Our entry door is in the common alley way for all buildings on that block. You can enter off Railway beside the butcher shop, you can enter off Montrose beside the martial arts gym (you will see the beautiful teal and pink mural). We are in the black building with the black door and you will likely see an I-Lead Abby sign on the door, and we will likely have a small sandwich board so you can find us easily!

#### CAN I HANG OUT AND GET COFFEE BEFORE CLASS?

Downtown Abbotsford is AMAZING for this! There are so many great coffee shops, food, clothing, and all kinds of things to check out! Message some fellow students and get together for some good eats and connection before or after class!

#### MORE QUESTIONS?

We know we may have not nailed all your questions. If more questions come up, please feel free to reach out to us! Email [meg@thegoddessmovement.com](mailto:meg@thegoddessmovement.com).