**Forest View Hospital**

Breakfast and Learn

Presents

TRAUMA & HEALING:

Helping Victims Heal, Grow and Transcend

Speaker,

Donna LaMar, PhD

From:

 The Farm, Where Living Things Grow

April 5, 2017

8am to 10am

At

**NCRESA Complex**

4747 West 48th St.

Fremont, MI 49412

 Newaygo County

Dr. Donna LaMar is an expert on how to help trauma victims of all kinds heal and grow. Participants will gain valuable knowledge about the healing and growing process. Her understanding, insight and practical tools can be used immediately with clients. Dr. LaMar will also teach how victims can transcend the awfulness of what has happened to them and become Transcenders creating a healthier life and not repeat what has happened to them.

## Objectives

* Understand the process of helping trauma victims heal and grow.
* Learn why trauma victims have many dysfunctional/maladaptive behaviors.
* Learn physiological effect of trauma on a person.
* Learn tools to help victims move from being a victim to being aTranscender.

Please join us for a free breakfast and receive **2 free CEU’s approved by the** **Michigan Social Work Continuing Education Collaborative.**

Mark your calendar for May 17, 2017 for Part II of Dr. LaMar’s presentation on Trauma & Healing and presented by Forest View Hospital Breakfast and Learn Series.