



Breakfast 'N Learn

Fall/Winter 2016 Series

Join us as we continue our series of educational seminars focusing on mental health issues. Therapists, counselors, social workers, mental health practitioners, physicians, school social workers and school counselors are encouraged to attend. There is no cost to attend and a free continental breakfast will be served.

September 14th, 2016

**Rachael Steil/ Speaker & Author of *Running in Silence: My Drive for Perfection and the Eating Disorder That Fed It/ Running in Silence*
*Running in Silence: Stigma and Misconceptions Surrounding Eating Disorders***

Rachael Steil, author of *Running in Silence: My Drive for Perfection and the Eating Disorder That Fed It*, breaks the stigma and misconceptions surrounding eating disorders and elaborates on the thinking, rituals, and denial that make this mental illness tough to recognize. Steil will also describe what it took for her to work through her grief to acceptance, and the emotions that followed.

October 12th, 2016

**Lori Bray, Ph.D. and Nicole Bray/ Lori Bray is a Licensed Psychologist and Director of The LGBT Counseling Center/
This is the difference--North Kent Guidance and Testing Services
*Transgender 101 and the Love Story that Prevailed***

Transgender has received a lot of media hype recently. As a result, society members are often left perplexed as to what being Transgender really means. The purpose of this presentation is to educate participants about the unique language surrounding Transgender, about what being Transgender is and is not, the needs of those who are Transgender, all preceded by a Transgender Love Story!

November 9th, 2016

**Joe Martino, LPC/ Joe Martino Counseling Network
*How do I keep moving from here to there?***

How can two people go through the same events and one seem to process it completely fine, while another seems to never be able to recover from it? What is it that helps one person to overcome while many are overcome by the set of circumstances? In this talk, we will look at Resilience and its role in our professional lives as well as ways that we can help to build resilience into the lives of those we serve.

December 14th, 2016

**Jessica R. Mariano MA, LLPC + Ziyah Dock MA, LPC, CAADC/ Jessica is the Trauma Program Coordinator for Forest View Hospital,
Ziyah is Trauma group facilitator
*Trauma Programming, Model, and Communication***

Jessica Mariano will provide an overview of the Trauma Program and how it functions to provide a safe, effective treatment plan. Information to include discussion of programming, explanation of group topics with group facilitator Ziyah Dock, LPC, CAAC, review of the Trauma Model the trauma program is based on, working with Dissociative Identity Disorder, and communication between trauma therapist and outpatient therapist during patient's hospitalization.

Snow Policy: Seminars cancelled if Forest Hills Schools are closed

*Forest View Hospital is an approved provider with the Michigan Social Work Continuing Education Collaborative.
Certificates will be provided upon verification of attendance.*

2nd Wednesday of each Month 8:00 a.m. to 10:00 a.m. from September through May

**Kent Intermediate School District - Conference Center
1633 East Beltline Ave. NE
Grand Rapids, MI 49525**

**If you would like to register, contact Matt Johnson at
matt.johnson@uhsinc.com or call at 616.940.0251**

Forest View Hospital is committed to providing quality mental health care with compassion and respect.

ABOUT FOREST VIEW HOSPITAL

Forest View Hospital has provided comprehensive treatment programs for all types of mental illnesses for adults, children, and adolescents for over 40 years. Forest View also provides specialized treatment services for individuals with eating disorders, trauma-related disorders, and co-occurring disorders. **SPECIAL NEEDS DUE TO DISABILITY:** Please contact our office three (3) weeks prior to the seminar. We will strive to accommodate your needs. For additional information, contact us at 616.940.0251 or visit us online at www.forestviewhospital.com.

DIRECTIONS

Kent Intermediate School District Conference Center/ 1633 East Beltline Ave. NE Grand Rapids, MI 49525

From the EAST, take 96 to Grand Rapids and exit at the East Beltline. Turn right (north) at the top of the exit ramp. Continue north past the Frederik Meijer Gardens, past Leonard Street, to the third turnaround north of Leonard. Turn left onto the East Beltline heading south and get in the right lane. The KENT ISD CONFERENCE CENTER is the first driveway on the right.

From the WEST, take 196 and go east to Grand Rapids. Just beyond where 196 and 96 merge, exit at the East Beltline exit. On the exit ramp stay in one of the left lanes and turn left (north) at the top of the exit ramp onto the East Beltline. Continue north past the Frederik Meijer Gardens, past Leonard Street, to the third turnaround north of Leonard. Turn left onto the East Beltline heading south and get in the right lane. The KENT ISD CONFERENCE CENTER is the first driveway on the right.



Forest View Hospital

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Grand Rapids, MI 49546
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