CPPNJ Spring 2019  
Klein, the Contemporary Kleinians, and a Relational Perspective 603  
01/25/19, 2/1/19, 2/8/19, 2/15/19, 2/22/19, 3/1/19, 3/8/19, 3/15/19, 3/22/19, 3/29/19, 4/12/19, 4/26/19, 5/3/19, 5/10/19 and 5/17/19  
Fridays, 12:00noon-1:30pm  
Thomas Johnson, LCSW, EdD  
Morristown, NJ  

Instructor Bio  

Thomas W. Johnson, EdD, LCSW is a licensed clinical social worker and licensed psychologist with over 35 years of experience treating couples. He has taught and supervised systemic treatment at postgraduate training institutes, agencies, and hospitals since 1985. He is also a trained psychoanalyst and has taught and supervised at CPPNJ and the Stephen Mitchell Center for Relational Studies since 2006, and recently joined the Supervision Faculty at the Institute for Relational Psychoanalysis of Philadelphia. He has specialized training in couples therapy including Emotionally-Focused Couples Therapy, and has been on the adjunct faculties of Department of Psychiatry at the Robert Wood Johnson Medical School and at Rutgers-GSAPP for many years.

Course Description  

Through the use of clinical/theoretical readings, lectures, seminar-style discussions, and case presentations, this course will address the basic theoretical and clinical perspectives of Melanie Klein, the Contemporary Kleinians (Betty Joseph, Herbert Rosenfeld, John Steiner, and Irma Pick), and the Relational theorists who make use of Kleinian ideas in their clinical writing (Jody Davies and Martin Stephen Frommer). This course will also look at the application of Klein’s ideas to nuclear terror, racism, and parent-infant interaction research.

Learning Objectives  

Students will be able to:

Demonstrate an understanding of key concepts of Kleinian theory (such as paranoid/schizoid position, depressive position, splitting, projective identification, envy, reparation, and manic defense) in their clinical thinking as indicated in class participation and case presentations.

Describe the operation of projective identification in the transference and countertransference of a clinical case as indicated in class participation and case presentations.

Articulate the differences in emphasis and technique between a traditional Kleinian approach and a Contemporary Kleinian approach as indicated in class participation and case presentations.
Describe the shifts between paranoid/schizoid position space and depressive position space in both themselves and a client in a treatment as indicated in class participation and case presentations.

Identify the operation of a death instinct in a clinical case as indicated in class participation and case presentations.

Articulate how intersubjectivity operates with a Kleinian perspective as indicated in class participation and case presentations.

Describe a social justice issue from a Kleinian perspective as indicated in class participation.

**Target Audience/Content Level**
This workshop is appropriate for social workers at the advanced level.

**Course Syllabus**

**THE WORK OF MELANIE KLEIN**

**Week One - 1/25/19 – Introduction to Class and Melanie Klein** – This session will offer an introduction to the basic concepts of Klein’s theory and will place her ideas in context of her life.


**Week Two – 2/1/19 - Introduction to Kleinian Theory** – This session will focus on the operation of hate, greed, and aggression in human subjectivity.

Klein, M. & Riviere J. (1964), Hate, greed, and aggression. In Love, Hate, and Reparation.

**Week Three – 2/8/19 – Introduction to Kleinian Theory II** –This session will focus on the operation of love, guilt, and reparation in human subjectivity.


**Week Four – 2/15/19 – Mourning and the Depressive Position** – This session will focus on Klein’s important article about mourning and the development of the Depressive Position.


**Week Five - 2/22/19** – *Splitting, the paranoid-schizoid position and the concept of projective identification* – This session will offer a close examination of Klein’s germinal paper on splitting, projective identification and the paranoid/schizoid position.


**Week Six – 3/1/19** – *Envy and gratitude* – Klein was the first psychoanalytic theorist to examine the operation of envy as a core feature of human subjectivity. We will look at her famous germinal paper on envy.


**Week Seven – 3/8/19** – *Technique* – Klein’s controversy partially involved her break with major aspects of classical technique. We will examine some of those controversies and talk about the clinical usefulness of some of her ideas.


**CONTEMPORARY KLEINIANS**

**Week Eight – 3/15/19** – *Hanna Segal* – Hanna Segal was an important contributor to Kleinian literature on symbol formation, psychotic process, the operation of the death instinct, and the impact of nuclear terror on human subjectivity. We will look at her key papers.


Week Nine – 3/22/19 – Betty Joseph – Betty Joseph shifted the focus in technique onto the here and now of the session and the minute changes in the flow of transference and countertransference, all of which prefigured some of the changes in technique emphasized by the Relational movement. We will look at some of her key papers.


Week Ten - 3/29/18 – Herbert Rosenfeld- Herbert Rosenfeld offered many useful ideas about the application of Kleinian ideas to the treatment of narcissism and psychosis. We will look at some of his key papers.


NO CLASS ON 4/5 – DIVISION 39 MEETING IN PHILADELPHIA

Week Eleven – 4/12/19 – John Steiner and Psychic Retreats – Steiner’s concept of psychic retreats is frequently employed to understand patients’ defensive functioning in Contemporary literature. We will look at Steiner’s first elaborations of this idea.


NO CLASS ON 4/19 – PASSOVER/EASTER HOLIDAYS

Week Twelve – 4/26/19 – Irma Pick – Pick wrote about the importance of recognizing the analysts’ oscillation between the paranoid-schizoid position and the depressive position in response to the patient’s movement between those two states—a concept which resonates with the Relational approach. We will be exploring her important paper, and using some concepts of Thomas Ogden to enrich our exploration of Pick’s ideas.


INTERSUBJECTIVE PERSPECTIVES & THE RELATIONAL TURN: KLEINIAN INTEGRATIONS

Week Thirteen – 5/3/19 - Intersubjectivity and Kleinian Theory – We will be looking at the application of intersubjectivity theory and research to the Kleinian perspective from a number of approaches: infant interaction research, clinical process, and theory.


Week Fourteen – 5/10/19- Relational Clinicians and Kleinian Theory – Some key Relational clinical theoreticians like Jody Davies, Adrienne Harris, Sue Grand, and Martin Stephen Frommer have employed aspects of Kleinian theory in their clinical writing. We look at two examples.

Davies, J. (2004). Whose bad objects are we anyway? Repetition and our elusive love affair with evil.


Week Fifteen – 5/17/19 – Kleinian Theory and Race – We apply tenets from Kleinian theory to understanding social justice issues around race.


Readings


Course Approval Statement and Expiration Date

This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #66 Course #2180 from 12/04/2018-12/04/2020. Social workers will receive the following type and number of credit(s): Clinical Social Work Practice: 22.5

Course Completion Requirements/How Certificate will be Awarded

Students are required to complete the course requirements in order to receive credit – attend class, signing in and signing out of each session, complete the required paper, participate in class and complete the course evaluation. CE credit will be allotted on the basis of actual number of classes attended. Certificates will be mailed after the last class is held.

CONTINUING EDUCATION CREDIT HOURS

For Social Workers: An application has been made for consideration of 22.5 CEs in Clinical Social Work Practice for this course.

SPECIAL ACCOMMODATIONS NEEDED

ADA accommodations available upon request. (Required at least 14 days prior to course start date.)

COURSE REFUND POLICY

Up to one month before a course starts there will be a full course refund less a $50 administrative fee. Less than one month before a course starts there will be a $50 administrative fee and the payment will be applied to a future course. Once a class starts, there will be no refunds. Extraordinary circumstances will be reviewed on an individual basis

INSTRUCTIONS

1- Fees:
   • $400 course fee
   • Annual Candidates’ Organization fee is $40
2- Register online at www.cppnj.org