CPPNJ Spring 2019
Transference, Countertransference and Resistance II 204
1/30/19, 2/6/19, 2/13/19, 2/20/19, 2/27/19, 3/6/19, 3/13/19, 3/27/19, 4/3/19, 4/10/19, 4/17/19, 4/24/19, 5/1/19, 5/8/19 and 5/15/19
Wednesdays, 11:30am-1:00pm
Lynn Egan, PsyD
Montclair, NJ

Instructor Bio

Completed the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis in May 2002. Has participated in continuous weekly consultation and study with Dr. Lewis Aron, in both group and individual settings for 14 years. Study has included wide ranging contemporary topics in psychoanalysis and psychotherapy, including countertransference, transference and resistance. Has participated in Freud study group with Dr. Aron from 2015-2017. As CPPNJ faculty, taught Selected Topics in Trauma in 2016. Has had appointments as Visiting Clinical Supervisor for Doctoral Programs at the Graduate School of Applied and Professional Psychology at Rutgers, The State University of New Jersey and at Long Island University.

Learning Objectives
Students will be able to:

- Identify and articulate the intersubjective relationship between the therapist and patient in the development of transference and countertransference.
- Identify and communicate the therapeutic consequences and results of self-disclosure and enactment.
- Articulate an awareness of the impact of their own behavioral, emotional and cognitive responses within the dyadic relationship.
- Discuss the complexity of transference and countertransference when there are erotic feelings within the dyad, as well as with suicidal and traumatized patients.
- Write about and discuss case material where the focus will be the on the intersubjective, mutual reciprocity of the analytic dyad.

Target Audience/Content Level
This workshop is appropriate for social workers of all levels.

Course Syllabus

REFERENCES:


Class 1: Mutuality in the Healing Process, Part 1

Class 2: Countertransference: A Relational Perspective

Class 3: The Analyst’s Countertransference: Finding the Patient Within Ourselves

Class 4: Mutuality in the Healing Process: Part 2
**Class 5: Transference-Countertransference: A Relationship of Reenactment**


**Class 6: Countertransference Disclosure**


**Class 7: Countertransference Disclosure as a Function of Therapeutic Model**


Sugarman, A. (2012). The Reluctance to Self-Disclose: Reflexive or Reasoned?

Psychoanalytic Quarterly 81:627-655.

**Class 8: Self-Disclosure: Is it Psychoanalytic?**


Contemporary Psychoanalysis, 31,193-245.


**Class 9: Self-Disclosure and Authenticity**


Class 10: Sexualized Transference-Countertransference


Chapter 3: Sexual Excitement and Countertransference Love in the Analyst:
Common Themes in Erotic Counter-Transference, p. 87-91.


Class 11: Transference-Countertransference Hate


Class 12: Countertransference with Suicidal Patients


Chapter 6: Countertransference with Suicidal Patients, P. 133-164.

**Class 13: Trauma and Dissociation: Transference-Countertransference Implications, Part 1**


Chapter 8: The Impact of Trauma on Transference and Countertransference, p. 149-166.


Class 14: Trauma and Dissociation: Transference-Countertransference Implications, Part 2


Class 15: Countertransference and Termination (and Evaluations)


Description of Each Class

CLASS 1: Mutuality in the Healing Process, Part 1

Introduction to course materials/course requirements. Discussion of Shining Affliction with an eye toward the mutuality in the healing process.

CLASS 2: Countertransference: A Relational Perspective

Introductory presentation and discussion of countertransference from a relational perspective (in contrast to Drive Theory and the Developmental Arrest model). Apply concepts to relevant case presentation.

CLASS 3: The Analyst’s Countertransference: Finding the Patient within Ourselves

Discuss and explore the process whereby the analyst’s curiosity and openness about his/her own subjective experience, his/her countertransference, serves as a means to understand/know the patient’s experience. Apply concepts to relevant case presentation.

CLASS 4: Mutuality in the Healing Process: Part 2

Identify the risks associated with an historic authoritative stance; alternatively, operationally define mutuality in the treatment relationship, its advantages around difficult impasses, and the risk of countertransference dominance. Apply concepts to relevant case presentation.

CLASS 5: Transference-Countertransference: A Relationship of Reenactment

Present the concept of “mutual regression” and the role of reenactment of past relations, as a means toward establishing a different, healing outcome. Apply concepts to relevant case presentation.

CLASS 6: Countertransference Disclosure
Discuss the when, how, what and why of countertransference disclosure. Apply concepts to relevant case presentation.

CLASS 7: Countertransference Disclosure as a Function of Therapeutic Model

Revisit Drive Conflict, Developmental Arrest and Relational Models as relates to countertransference disclosure. Apply concepts to relevant case presentation.

CLASS 8: Self-Disclosure: Is it Psychoanalytic?

Discuss and explore the movement of Psychoanalytic thought from traditional “anonymity” to a more “humane responsiveness” and “judicious use” of self-disclosure. Apply concepts to relevant case presentation.

CLASS 9: Self-Disclosure and Authenticity

Present and discuss clinical examples of authentic disclosures, verbal and symbolic, and their impact on the treatment relationship/process; explore the impact of the analyst’s character on the course of treatment. Apply concepts to relevant case presentation.

CLASS 10: Sexualized Transference-Countertransference

Identify and describe common sexualized transferences and related countertransference; differentiate transferential from dissociative traumatic responses, along with implications for treatment. Apply concepts to relevant case presentation.

CLASS 11: Transference-Countertransference Hate

Describe the manifestation of malignant hate in the transference-countertransference, its relationship to the patient’s character structure, and the role of the therapist to contain and detoxify. Apply concepts to relevant case presentation.

CLASS 12: Countertransference with Suicidal Patients

Identify common countertransference responses to suicidal patients, as well as defensive postures analysts assume to defend against negative countertransferences; discuss clinical implications. Apply concepts to relevant case presentation.

CLASS 13: Trauma and Dissociation: Transference-Countertransference Implications, Part 1

Present concept of dissociation, as response to trauma; identify/ explore impact of patient ego states, defenses, unsymbolized experience and enactments on the transference-countertransference matrix, with clinical implications. Apply concepts to relevant case presentations.

CLASS 14: Trauma and Dissociation: Transference-Countertransference Implications, Part 2

Present Davies and Frawley’s eight transference-countertransference positions found in the treatment of sexual abuse trauma, with extensive elaboration via clinical example, and with review of clinical and technical implications. Apply concepts to relevant case presentation.

CLASS 15: Countertransference and Termination
Present and discuss common countertransference reactions unique to the termination process, and the clinical implications of such. Apply concepts to relevant case presentation.

ADDITIONAL READING:


CEs
22.5 CEs are offered to social workers.

Course Approval Statement and Expiration Date
This course is approved by the Association of Social Work Boards – ASWB NJ CE Course Approval Program Provider #66 Course #1644 from 01/12/2018 to 01/12/2020. Social workers will receive the following type and number of credit(s): Clinical Social Work Practice: 22.5

Course Completion Requirements/How Certificate will be Awarded
Students are required to complete the course requirements in order to receive credit – attend class, signing in and signing out of each session, complete the required paper, participate in class and complete
the course evaluation. CE credit will be allotted on the basis of actual number of classes attended. Certificates will be mailed after the last class is held.

**Instructions for Addressing Grievances**

Any complaints or grievances regarding programs/courses can be made by phone, email or mail to CPPNJ. They will initially be viewed by the Administrative Officer along with the social worker consultant when appropriate. As needed, these will then be reviewed by the Director of Training. CPPNJ will respond to all complaints in a timely manner. Any participant not pleased with the complaint resolution may register a complaint with the course approval entity, ASWB, with an option to appeal to their licensing board.

**CONTINUING EDUCATION CREDIT HOURS**

Please contact CPPNJ at 973-912-4432 or cppnj@cppnj.org for information about continuing education credit hours for social workers.

**SPECIAL ACCOMMODATIONS NEEDED**

If you require ADA accommodations, please contact CPPNJ at 973-912-4432 or cppnj@cppnj.org at least two weeks before the course date so that arrangements can be made.

**COURSE REFUND POLICY**

Up to one month before a course starts there will be a full course refund less a $50 administrative fee. Less than one month before a course starts there will be a $50 administrative fee and the payment will be applied to a future course. Once a class starts, there will be no refunds. Extraordinary circumstances will be reviewed on an individual basis.

**INSTRUCTIONS**

1. Fees:
   - $400 course fee
   - Annual Candidates’ Organization fee is $40
2. Register online at [www.cppnj.org](http://www.cppnj.org)