



I am pleased to put my name forth as a candidate for the Board of Directors. My name is Helena Schotland and I have been a member of the Ann Arbor Figure Skating Club for the past 6 years. I am an avid adult skater who started skating in my early 40s when my three children started Learn to Skate in Philadelphia. As a member of the AAFSC, I have worked as a medical volunteer for multiple competitions, served on the LOC for Adult Nationals at the AAFSC, and have also been a judge for the Basic Skills Competition. Through USFSA, I have experience as a trial judge, am a member of the Sports Sciences and Medicine National Network, and am a member of the Sports Sciences and Medicine Committee.

Outside of the rink, I am a pulmonologist and Associate Professor of Medicine at the University of Michigan. I am the medical director of Pulmonary Diagnostic Services at the University of Michigan and am the founder and medical director of the Michigan CPAP Bank (a volunteer organization that provides CPAP machines and supplies at no cost to patients with obstructive sleep apnea who have no or inadequate insurance coverage for CPAP therapy). I have the privilege of serving on multiple committees through the University of Michigan Medical School.

I have enjoyed my relationships with skaters of all ages and disciplines at the AAFSC. I am passionate about figure skating and would love to continue to serve the sport in any way that I can. I enjoy working collaboratively, relish problem solving, am open minded, and prize listening skills.

I would be honored to serve and thank you for your consideration.

Helena Schotland