

# The Inner Diet™

*You Can't Change Your Weight... Until You Change Your Mind!*

## \*\*\*\* Free Sample \*\*\*\*

She walks into your office exactly six months after her last visit and you immediately realize that the *heart-to-heart talk* you had with her, about her weight, did not motivate her to take action. Even though you see this day in and day out, you had so much hope for this woman. So what happened? Why didn't she lose any weight? Why didn't her dire physical condition motivate her to dramatically change her unhealthy habits? Why didn't your serious straight-talk with her, about the consequences of not losing weight, scare her into change? Why didn't this woman take the health altering and lifesaving advice that you so passionately delivered to her? Well, she didn't take action because it takes more than ominous talks and established nutritional information to create change in the way that most people behave when it comes to food and exercise. The reason can be summed up in this short statement: *You can't change your weight until you change your mind!*

Need a component to your program that addresses emotional eating but don't have the time, expertise or staff? The Inner Diet was specifically designed to fill that gap. The Inner Diet is a self-help, home-study program that addresses emotional eating. If you would like to learn more about how to give your business and your patients **The Inner Diet Advantage**, please accept our FREE offer below. Receiving your complimentary Inner Diet results is as easy as 1-2-3! Just follow the three simple steps below and your Inner Diet results will be delivered directly to your email. We hope you take advantage of this free offer because: *You Can't Change Your Weight... Until You Change Your Mind!*

### Step 1:

Go To: [www.innerdietpro.com/start](http://www.innerdietpro.com/start)

### Step 2:

Enter The Questionnaire Access Code Below  
[myfreeinnerdiet](#)

### Step 3:

Complete The Inner Diet Questionnaire

For additional information, please view the Inner Diet webinar sponsored by HealthWise

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