



# Physiotherapy, Strength & Conditioning Conference

Open to physiotherapists and strength and conditioning coaches

**Sunday 26 March 2017**

**Radisson Blu East Midlands Airport**

J24 (M1), Herald Way, Pegasus Business Park, East

Only £30 including lunch and refreshments



**If you're highly motivated and have aspirations to progress to World Class through the Sports Science and Sports Medicine pathway then these conferences provide an excellent opportunity for you to develop your potential.**

Network with other like-minded professionals, get ahead with vital industry updates and learn new skills in our innovative workshops, which include:

## **Provisional Conference talks**



### **Race activation evidence**

Dan Waddingham



### **Self-checks in pre pool**

Diane Elliot



### **Female Athlete Triad**

Dan Martin



### **Key physical needs for swimming**

Scott Pollock, Carl Butler



### **Shoulder differential diagnosis**

Dan Nicholls



### **Physical preparation for starts and turns**

Scott Pollock, Carl Butler

There will also be an opportunity to participate in a Q&A session.

**Limited spaces available, book your place today at: [www.swimming.org/asa](http://www.swimming.org/asa)**

For more information contact Diane Elliot at  
[diane.elliott@swimming.org](mailto:diane.elliott@swimming.org) or on 07824 325 966