

## **Laguna Niguel Triathlon, 5K & Kids Run Waiver January 28, 2018**

I, the undersigned, understand that there are risks associated with strenuous physical exertion and with this event, including but not limited to those caused by terrain, weather conditions, and the condition of the participant, vehicles, other participants and failure to adequately fuel or hydrate the body. In consideration of your accepting this entry to participate in the Laguna Niguel Triathlon, 5K and Kids Run from now on referred to as the "EVENT", I HEREBY WAIVE, RELEASE, and FOREVER DISCHARGE USA Track & Field, USA Triathlon, all Event sponsors, Event producers (Make-U-Fit Productions LLC, Renegade Racing) and Event staff, administrators, officials, contractors, vendors, and organizers (including race directors), athletes, volunteers, all other persons or entities involved with the EVENT including but limited to the City of Laguna Niguel, City of Laguna Niguel Department of Parks & Recreation, County of Orange and OC Parks and the State of California, and all other applicable permitting bodies, and the officers, directors, employees, agents, insurers, and representatives of all of the above (collectively, the "Released Parties") from any and all claims for damages for death, personal injury or property damage or actions of any kind which may hereafter accrue to me or any other person as a result of my participation in this event. Further, I hereby grant full permission to any and all foregoing to use any photographs, video tapes, motion pictures, recordings or any other record of this "EVENT" for any legitimate purpose such as but not limited to advertising, race brochures, posters and other promotional material.

**IF THE PARTICIPANT IS UNDER 18 YEARS OLD:** This is to certify that a legal guardian or parent is giving permission for a participant under 18. The parent or legal guardian agrees to the fore mentioned considerations and assumes the risks of the under 18 years old participant in the "Event" and related activities.

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Printed Name of Participant

Date

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Signature of Participant or Guardian