

~You are invited~

To take a Chance and make a Change...To find Inspiration and Motivation

Vanessa's Life Works®

Self-Empowerment Workshop

To be held on 11/17/17

9:00am to 12:00pm

(Optional: Create your Vision Board 12:00-1:00)

Amador County Behavioral Health

10877 Conductor Blvd suite 300~ Sutter Creek

Please RSVP by 11/16/17

Vanessa Compton ~ 223-6315

There is no cost for the workshop, but seating is limited

Coffee and refreshments will be provided



~ Be not afraid of growing slowly; be afraid only of standing still

