

~You are invited~

*To take a Chance and make a Change...To find Inspiration and Motivation*

# *Vanessa's Life Works<sup>©</sup>*

*Self-Empowerment Workshop*

*To be held on 11/17/17*

*9:00am to 12:00pm*

*(Optional: Create your Vision Board 12:00-1:00)*

*Amador County Behavioral Health*

*10877 Conductor Blvd suite 300 ~ Sutter Creek*

*Please RSVP by 11/16/17*

*Vanessa Compton ~ 223-6315*

*There is no cost for the workshop, but seating is limited*

*Coffee and refreshments will be provided*



*~ Be not afraid of growing slowly; be afraid only of standing still*

