



# March 2018



**ATCAA**  
Amador Tuolumne  
Community Action Agency

People Helping People

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

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\*\*\*Adapt these ideas and activities based on your child's age, abilities, and your family style.

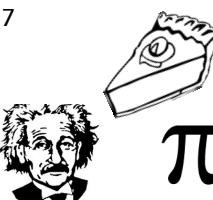


*Women's History Month*  
March Into Literacy Month  
Youth Art Month

4 90th Annual Oscars  
Hooray for Hollywood! Love movies? Create your own awards for the movies you saw. Best kid performance; best animal performance; funniest movie; most colorful.

5 Is there a story about how were you named? Have you told your child the story of how you named them? Ask this question of other family members, of all ages. Share stories at dinner.

6 Oreo Cookie Day  
This classic cookie is great to eat, but they can be used in other ways too. Crush them for pie crust, put one in the bottom of a cupcake before adding batter, dip in melted chocolate, add broken pieces to pudding or smoothies.



7  
8

9 Do you take cereal for granted? As a family, have some fun with it by creating unique combinations & naming them. This could be by colors, brand names, size, shapes, flavors.... Example : Square Meal with Life, & Shredded Wheat

10 Practice using money with your child today. Using a grocery store ad and real or play money, pretend to shop and pay for the items. For older kids, practice making change too.

11 Did you change clocks for Daylight Savings time? Have fun with time today by using a world map and finding the time in different locations & what people may be doing there.

12 From Where I Stand  
Everyone go outside, find a place to stand about 10 feet apart. Each say what you see as you turn all around. All take 20 steps in any direction. Again, say what you see as you turn. Continue & compare the changes.

13 Please & Thank You  
Basic skills for kids to learn includes politeness. Ask you child how they are polite to others. Start a game to count the times they see others being polite too.

14 Pie, Pi & Einstein  
What is this you ask? 3 celebrations on one day! Pie is delicious; Pi is an infinite number, and today is Albert Einstein's birthday! Have fun eating pie, measuring round things, & fluffing your hair like Mr. Einstein's

15 The Story Of Me....  
Help your child begin writing a story about their life. Tell them about things they may not remember like their birth & infancy, then their early memories, and on to today. Schedule regular times to add to their story.



17 St. Patrick's Day  
Dia dhuit ! That's Hello in Irish. Celebrate all things Irish today, wearing green, eating potatoes & soda bread, singing, jokes & storytelling. For more ideas: [irishcustomsandculture.com](http://irishcustomsandculture.com)

18 It's What Day?  
Create a family holiday this month. Choose an elder member of your family and declare this day to honor them. Create a timeline of their life, collect stories about them, map the places they have been or lived.

19 Amazing! On this day each year the swallows return to Mission San Juan Capistrano in Southern Calif. Make paper birds to celebrate with them. Hang or tape to a wall or door.  
[missionsjc.com](http://missionsjc.com)

20 First Day of Spring  
Also known as the Vernal Equinox, today is when the hours of darkness & light are approximately 12 hours each. As a family talk about other things in 12's, like months, inches, dozen, etc. Look for springtime outside!

21 Everyone has an embarrassing childhood story. Create safety for your child by defining the word "embarrassment" then talk about when they have felt that way too. And who they feel safe with. Share and compare your stories.

22 World Water Day  
Focus on the value of water everywhere today. As a family, draw your favorite use of water, like drinking, gardening, bathing.... Talk about ways you save water, and what would happen if we did not have safe water.

23 Rethink Your Drink  
About 60% of your body is water! And water is the best thing to put into your body. Together draw a body and guess how much 60% is. More on healthy drinks [actionforhealthykids.org](http://actionforhealthykids.org)  
Search: Rethink your Drink

24 Combine weather & art today. With your child make a paper pinwheel, then test them outside in the wind. For instructions go to: [instructables.com](http://instructables.com)  
Search: paper pinwheels

25 Parents Play Day  
Kids are in charge today, at the playground! Invite your child to show you how to play there. Follow their instructions for the slide, swing, bars, etc. Run and yell too!



26  
27 Name Scramble  
As a family, write the letters of each name on separate papers. Take turns using your own letters to spell other words. You may also include last names to create more words. Ex: P A T = Tap, S A R A H = Ash, Rash,.

28 Incredible Kid  
Empower your child with an Incredible Kid cape. Using a store bought cape or apron & fabric paint, write positive words that describe them. Tell them why you chose those words, and what you have seen them do.

29 Little Red Wagon Day  
Do you have one? Wagons are a vehicle to imagination! Invite family & friends to invent fun on wheels. How can you make it a covered wagon; an ice cream truck; the circus train; a big rig; fire truck; a news reporter....

30 Pencil Day  
Celebrate the simple pencil by making it special! Using any type of tape, attach feathers, pipe cleaners, yarn, ribbon, etc. to the top of the pencil. Share one too!

31 Blue Moon  
Tonight is the 2nd and last Blue Moon in 2018. Challenge your family for ways to eat blueberries, red cabbage, bleu cheese, purple potatoes & blue tortilla chips .

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EHS - H S Parent Mentor

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ext 236

## SERVICES

Energy Assistance:  
PG&E bills  
Home Weatherization and  
Water Conservation Improvements

Early Head Start and Head Start:  
Centers in Jackson and Ione

Housing:  
Emergency Shelter  
Rental Assistance  
Smart Money Classes

Lifeline:  
Personal 24 hr.  
Emergency Response-device / service.

Youth:  
Child Therapy (CHAT)  
IDA, Foster Teens - Financial Literacy