

November 2017



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>***Adapt these ideas and activities based on your child's age, abilities, and your family style.</p>	<p>November is National Family Literacy Month!</p>		<p>1 Family Literacy Day Start this month off "write"! As a family, choose one day a week to write about something you have each read; books, newspaper, magazine... Share with each other at dinner or bedtime. readwritethink.org</p>	<p>2 All Souls Day, All Saints Day, & Day of the Dead In many cultures & countries these are celebrated beginning Oct.31st, Nov.1 & 2 as a time to commemorate and honor deceased loved ones. How does this happen in your family?</p>	<p>3 Have fun with writing today by decorating your paper! Dip feathers or string in paint & drag around the paper edges, or finger paint or use a cut beet to stamp on it. Crayons & pens OK too.</p>	<p>4 Full Moon Make meals today using foods that begin with the letter T. Include orange, green and purple foods. Don't forget to dance!! ** Turn clocks back 1 hour when you go to bed tonight.</p>
<p>5</p> 	<p>6 National Nacho Day Nachos have been enjoyed for over 70 years! Have a celebration by inviting others to a <i>Build Your Own Nachos</i> potluck. Have a contest for most unusual topping, best salsa, best way to layer toppings, healthiest toppings, kid's choice award</p>	<p>7 S.T.E.A.M. <u>Science Technology Engineering Art Math</u>! As a family, choose an activity from one of these areas each night this week. Invite some friends over too. For project ideas go to: shareitscience.com</p>	<p>8 National Parents As Teachers Day Parents are always their child's first teacher, and not only during childhood! How are you as a parent demonstrating the behaviors you want your child to follow? How do you encourage this?</p>	<p>9 Turn It Off Night Turn off the electronics tonight and share books about Thanksgiving. Talk about how your family has practiced giving to others. For Thanksgiving book ideas go to: readingrockets.org Search, Thanksgiving books</p>	<p>10 VETERAN'S DAY Observed ATCAA CLOSED</p>	<p>11 Veterans Day</p> 
<p>12 Get ready to break a record! As a family, create your own Guinness World Record by choosing something your family could have fun with. Longest clothespin chain; most pages read by a family in a day; longest time not using the word NO; most compliments in an hour.....</p>	<p>13 World Kindness Day Parents & adults spend lots of time on children behaving appropriately. Focusing on kindness is a way to help children experience making positive choices which can influence future choices. For more ideas on kindness: randomactsofkindness.org</p>	<p>14 National Pickle Day Sour your table today by adding pickles to a meal. So many types and so many ways to eat them! Sweet, sour, spicy, fried, crunchy, homemade... Have a taste test fest!</p>	<p>15 Rock Your Mocs Moccasins are comfortable but can also be works of art. If your family wears moccasins, how have you decorated them? If not, as a family decorate pieces of felt; punch holes & lace with yarn, string or leather, then slip over a shoe & tie it up.</p>	<p>16 Rap & Rhyme It As a family, find ways to speak or tell stories with a rhythm. Use words that rhyme in a sentence, like; <i>On your bed, find something red. It's time to eat, lets be neat.</i> Or talk to each other while tapping a rhythm on your legs, keeping a beat.</p>	<p>17 Internet Safety If your child uses electronic devices, what rules have you created for that? How many minutes per day are they allowed? When do devices get turned off? Where are they stored at bed time? kidshealth.org</p>	<p>18 Family Volunteer Day Today, ask your child what it means to VOLUNTEER. When have they been a volunteer? Tell them when you have done this. As a family, choose a person, place or project for volunteering today.</p>
<p>19 Turkey Tail Tales As a family, on blank paper, write or draw things you are thankful for, someone you appreciate, a favorite memory, a person you miss, etc. Fold the paper accordion style and attach to a mini pumpkin with a push pin. Draw a face on the front.</p>	<p>20</p> 	<p>21 World TV Day TV can be a valuable source of information & entertainment but, how many hours a day is your TV on? Just for today, challenge each other to use other ways to get information. Books, radio, libraries, magazines, friends, schools, calendars....</p>	<p>22 Helping Hands Kids are very capable & love being needed in the family. Rather than tell your child what to do, ask them what kind of helping they are best at. Find ways to allow this to happen. Or team up to do bigger jobs.</p>	<p>23</p> <p><i>Thanksgiving Day</i></p>	<p>24 The big meal is over! Have food fun today by creating art with the leftovers! Potato structures; stuffing statues; vegetable mosaics; dinner roll tunnels; fruit salad flowers; etched pumpkin pie portraits; turkey towers...Build on platters to share or on individual plates.</p>	<p>25 Small Business Saturday is a great way to support local business owners, who often have challenges competing to make their services available. Show your appreciation by saying how much you appreciate them!</p>
<p>26 Still have cans of pumpkin? Have your child join you in the kitchen to experiment using pumpkin. Maybe a crust less pie; pumpkin polenta; pumpkin fruit dip; pumpkin & sweet potatoes; pumpkin soup.</p>	<p>27 Do The Rock Walk Put on some boots and take a walk together looking for interesting rocks. Each person choose a type; round, flat, egg shaped, gray, white, speckled, colored, tiny, large, pocket sized.</p>	<p>28 Giving Tuesday On this day each year attention is on giving. Talk about this with your family. For ideas go to: giveamador.org or givingtuesday.org</p>	<p>29 Swing Your Partner Square dancing is not for squares! This type of movement develops many skills like; listening, following spoken directions and visual directions; cooperation in a group, working with a partner, hand—eye coordination, following musical cues....</p>	