



Adirondack Chapter of US Lacrosse & CityLax Albany

present



2018 Lacrosse Communities Day

Saturday March 17 UAlbany Casey Stadium



Adirondack Chapter of US Lacrosse and CityLax Albany to host inaugural Lacrosse Communities Day at UAlbany

In 2017, US Lacrosse, Inc., the sport's nationagoverning body, selected Albany, N.Y. as the site of the first-ever Lacrosse Communities Project – a new nationwide program developed to create a vertically-integrated series of opportunities for children to participate in lacrosse from grade school through adulthood. The initiative aims to expand the reach of US Lacrosse programs into underserved urban populations while propelling the organization's mission of providing accessibility and opportunity for kids across the country. The Project is being led by CityLax Albany (Albany Lacrosse Club) in collaboration with the City of Albany, the City School District of Albany, the Albany Police Athletic League, the Adirondack Chapter of US Lacrosse, and the Beverwyck Lacrosse Club/Youth Life Support Network, among others. CityLax Albany is affiliated with CityLax Inc. which began operations in New York City more than 12 years ago. CityLax is a school-based program that brings lacrosse to inner city student-athletes. CityLax currently supports well over 60 boys and girls' teams and 2500 student athletes in New York City and is contributing to improved graduation rates. In fact, in 2017, New York City public schools graduated more than 99% of the senior lacrosse players compared to a district wide graduation rate of about 70%.

To create awareness of the project, CityLax Albany has invited four Capital Region high school programs, Albany, Niskayuna, Schenectady and Shenendehowa to participate in the inaugural Capital Region Lacrosse Communities Day on Saturday, March 17, 2018. The day will commence at 9:30 AM with a joint practice and skills session at Casey Stadium followed by two scrimmages; Albany-Schenectady at 11:00 AM and Niskayuna-Shenendehowa at 12:00 PM. Following the scrimmages, UAlbany Men's Lacrosse Head Coach Scott Marr and other team representatives will address the participants. At 1:45 PM there will be an event tailgate in the SEFCU lot followed at 3:00 PM by #1 ranked UAlbany playing Vermont in an America East regular season game.

For more information visit www.citylax.org/citylaxalbany
or email info@citylax.org



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Program Itinerary:

(all Casey Stadium-Ford Field unless otherwise indicated)

9:00 AM - Arrival and team warm-ups

9:30 AM - Welcoming Remarks

9:45 AM - Skills and Drills Sessions

11:00 AM - Scrimmage 1: Albany-Schenectady

12:00 PM - Scrimmage 2: Niskayuna-Shenendehowa

1:15 PM - Closing Remarks

1:45 PM - Tailgate (SEFCU Lot, grass adjacent to back row of parking)

3:00 PM - UAlbany-Vermont Game

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