



2017

Summer Classes

**Flexi-schedule | choose your class
day/time AND your weeks!**

Sportz Quest
GYM FOR KIDS

478-718-7306
www.sportzquest.com

Age Group	Early Childhood Class Title and Description	Day	Time
14-35 Months	Toddler Music & Movement: A 40-minute, semi-structured parent & tot class. Enjoy music, active play, and gross motor skill development. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Mon	6:15p
24-35 Months	Cubs: A 45-minute parent & tot class. Children are introduced to following instructions and taking turns while enjoying gross motor skills. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Mon	5:25p
3 Years	Lions: A 45-minute class that includes a variety of gymnastics and gross motor activities. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Tues	5:20p
3-4 Years	Preschool Gymnastics & Intro to Dance: 45 minutes of gymnastics, combined with an introduction to dance concepts such as ballet positions, creative, movement, and gymnastics related dance skills. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Tues	3:30p
4 Years	Tigers: A 45-minute gymnastics class that is slightly more challenging than the Lions class. Includes a variety of gymnastics and gross motor activities. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Mon	5:40p
5 Years-Rising 1 st Grade	Leopards Girls: A 60-minute gymnastics skill development class. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class (choose from Monday or Tuesday class time and attend once per week)</i>	Mon	4:15p
		Tues	6:05p
5 Years-Rising 1 st Grade	Boys' Gymnastics & Sports Skills: 60 minutes of gymnastics, combined with sports activities such as throwing, catching, kicking, speed and strength. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class</i>	Tues	4:15p

Grade	School Age Class Title and Description	Day	Time
Rising 2 nd -4 th Girls	Gymnastics Fundamentals through Intermediate: 60 minutes of fundamental gymnastics with an introduction to more challenging skills. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class</i>	Tues	5:15p
Rising 5 th -9 th Girls	Gymnastics Fundamentals through Intermediate: This class resumes in the fall		
Rising 2 nd -10 th Boys & Girls	Tumbling: A 60-minute basic and intermediate floor and trampoline tumbling class. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class</i>	Tues	6:15p

Week 1 = Jun 5,6 | Week 2 = Jun 12,13 | Week 3 = Jun 19,20 | Week 4 = June 26,27 | Week 5 = Closed for July 4th | Week 6 = July 10,11 | Week 7 = July 17,18 | Week 8 = July 24,25 | Week 9 = Jul 31,Aug 1

Also offering half-day camps, clinics, and active play events

2017 Summer Clinics • Active Play Parties • Field Trips

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Back Handspring Clinic • Select Mondays 4:45

Students, ages 6 and up, break this challenging skill down into easy-to-learn parts. Previous experience not required. Activities are modified to meet each student's skill level.



Birthday Parties • Select Saturdays

We do private parties that are fun for kids and easy for parents. Each party includes 1 hour and 45 minutes of private party time, trained instructors, paper products, and invitations and envelopes.



Beat The Heat Afternoon Drop-off Events

Drop off students (ages 4-10) for an afternoon of themed cooperative play, gymnastics and other sports activities, and crafts. 1:30-4:00pm

June 21 – Crazy Creepy Crawly Fun

July 19 – Knights and Princesses

Cartwheel Clinic • Select Mondays 4:45

Students, ages 5-11, practice and perfect everyone's favorite tumbling skill. Students who master left and right cartwheels will progress to round offs.

Family Learn & Play • Fridays in June, 10am

Drop in and explore movement with your toddler.

Enjoy loosely structured play time for small children, up to age four. Themes:

June 9 - All About Animals

June 16 – Under the Sea

June 23 – Super Shapes

June 30 – Numbers Rock!



Inflatable Play Day • Select Fridays, 2-6pm

Drop in for instructor-supervised active play on select Fridays. Explore our gym while enjoying inflatables, trampoline, cheese mats, and balance challenges. The recommended age range is 3-10 years.

Group Field Trips

We offer field trips at our Riverside Drive facility, or we can bring the fun to you! Call us for details and availability. Minimum group sizes apply.

Current membership is not required for camps or pay-per-visit events, but members do receive special discounts when applicable. Online reservations for clinics, parties, active play, and Beat The Heat events is available via our online calendar. Go to www.sportzquest.com and choose the calendar tab; click on an event to open, complete, and submit the online reservation form:

