



2017

# Summer Classes

## Flexi-schedule | choose your class day/time AND your weeks !



478-718-7306

www.sportzquest.com

Age Group	Early Childhood Class Title and Description	Day	Time
14-35 Months	<b>Toddler Music &amp; Movement:</b> A 40-minute, semi-structured parent & tot class. Enjoy music, active play, and gross motor skill development. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Mon	6:15p
24-35 Months	<b>Cubs:</b> A 45-minute parent & tot class. Children are introduced to following instructions and taking turns while enjoying gross motor skills. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Mon	5:25p
3 Years	<b>Lions:</b> A 45-minute class that includes a variety of gymnastics and gross motor activities. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Tues	5:20p
3-4 Years	<b>Preschool Gymnastics &amp; Intro to Dance:</b> 45 minutes of gymnastics, combined with an introduction to dance concepts such as ballet positions, creative, movement, and gymnastics related dance skills. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Tues	3:30p
4 Years	<b>Tigers:</b> A 45-minute gymnastics class that is slightly more challenging than the Lions class. Includes a variety of gymnastics and gross motor activities. <i>Cost per flexi-schedule class/week is \$14; choose a minimum of 4 weeks of class</i>	Mon	5:40p
5 Years- Rising 1 <sup>st</sup> Grade	<b>Leopards Girls:</b> A 60-minute gymnastics skill development class. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class (choose from Monday or Tuesday class time and attend once per week)</i>	Mon	4:15p
5 Years- Rising 1 <sup>st</sup> Grade	<b>Boys' Gymnastics &amp; Sports Skills:</b> 60 minutes of gymnastics, combined with sports activities such as throwing, catching, kicking, speed and strength. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class</i>	Tues	6:05p
		Tues	4:15p

Grade	School Age Class Title and Description	Day	Time
Rising 2 <sup>nd</sup> -4 <sup>th</sup> Girls	<b>Gymnastics Fundamentals through Intermediate:</b> 60 minutes of fundamental gymnastics with an introduction to more challenging skills. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class</i>	Tues	5:15p
Rising 5 <sup>th</sup> -9 <sup>th</sup> Girls	<b>Gymnastics Fundamentals through Intermediate:</b> This class resumes in the fall		
Rising 2 <sup>nd</sup> -10 <sup>th</sup> Boys & Girls	<b>Tumbling:</b> A 60-minute basic and intermediate floor and trampoline tumbling class. <i>Cost per flexi-schedule class/week is \$16; choose a minimum of 4 weeks of class</i>	Tues	6:15p

Week 1 = Jun 5,6 | Week 2 = Jun 12,13 | Week 3 = Jun 19,20 | Week 4 = June 26,27 | Week 5 = Closed for July 4<sup>th</sup> | Week 6 = July 10,11 | Week 7 = July 17,18 | Week 8 = July 24,25 | Week 9 = Jul 31,Aug 1

Also offering half-day camps, clinics, and active play events

# 2017 Summer

# Clinics • Active Play

# Parties • Field Trips

478-718-7306 | [www.sportzquest.com](http://www.sportzquest.com)

## Back Handspring Clinic • Select Mondays 4:45

Students, ages 6 and up, break this challenging skill down into easy-to-learn parts. Previous experience not required. Activities are modified to meet each student's skill level.



## Birthday Parties • Select Saturdays

We do private parties that are fun for kids and easy for parents. Each party includes 1 hour and 45 minutes of private party time, trained instructors, paper products, and invitations and envelopes.



## Beat The Heat Afternoon Drop-off Events

Drop off students (ages 4-10) for an afternoon of themed cooperative play, gymnastics and other sports activities, and crafts. 1:30-4:00pm

June 21 – Crazy Creepy Crawly Fun  
July 19 – Knights and Princesses

Current membership is not required for camps or pay-per-visit events, but members do receive special discounts when applicable. Online reservations for clinics, parties, active play, and Beat The Heat events is available via our online calendar. Go to [www.sportzquest.com](http://www.sportzquest.com) and choose the calendar tab; click on an event to open, complete, and submit the online reservation form:



24	2:00p Placement Class for kindergarten/1st grade girls (15)	25	10:30a-3:10p
	3:15p Placement Class for 2nd-5th grade girls (16)		
	5:00p Cartwheel & Round Off Clinic (5)		
	5:00p Back Handspring Clinic (8)		