



Ohio Self Determination Association

# Project STIR™ **FREE** Training

## [Steps Toward Independence and Responsibility]

July 24 through 26

**Embassy Suites – Cincinnati Northeast (Blue Ash)**

Scroll to the bottom to register for this training or click this link: [www.osdaohio.org/](http://www.osdaohio.org/) - Change link



**For YOUTH and ADULTS age 18 to 30  
with disabilities and those who support them**

**This training is designed to provide you tools to advocate for  
yourself, connect with others and gain leadership skills.**

### **Topics include:**

- ✓ Speaking up about employment (a job) and other things important to you:
  - Knowing Yourself & Standing Up for Yourself
  - Communicating (effective and non-effective ways)
  - Solving Problems (individually and as a group)
  - Rights and Responsibilities
  - Tools that can help you find a job
- ✓ Learn to start or strengthen a local network group
- ✓ Plan next steps for training and leading others

**This event is FREE for Hamilton County residents!**

If you live outside Hamilton County and would like to attend, contact Dana Charlton at [osda2011@gmail.com](mailto:osda2011@gmail.com) or (614) 562-1375 for pricing and more details.

### **Event amenities include:**

- Ally supporting the participant (lodging, food and training materials for both)
- Hotel room for 2 nights for both (double occupancy)-(single room occupancy will be arranged, if requested, for an additional fee at  $\frac{1}{2}$  of the room cost)
- Breakfast and Lunch on days 2 and 3 and afternoon snacks. Dinner each evening is “on your own”.
- Access to all presentation slides, handouts and links to other information used during the training is provided each participant and ally.



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## You won't want to miss this training opportunity!

- ✓ Presented by trainers who live with a disability and are approved by the Council of Ohio Leaders (COOL) of the Ohio Self Determination Association (OSDA).
- ✓ Space for 30 individuals who live with a disability – each with an ally (family, staff or friend) who will be trained with you and support you during the training. Ask a person to be your ally who is willing to commit to assist you in local advocacy efforts and, if you choose, to share what you learn with others locally and to network with others.
- ✓ Provides the practical, “how to” tools to be a self-advocate and leader in making choices and decisions about a job and how to live your life.
- ✓ Empowers people with disabilities, with support from families, friends and other connections to use leadership skills to take charge of their lives.
- ✓ Develops or strengthens local advocacy groups by establishing structure, purpose and connections with others, including the business community.
- ✓ Provides 18 continuing education credits to persons certified to work at a county board of DD and meets private provider certification training requirements of DODD.
- ✓ Uses a “train the trainer” approach, originally developed by the University of North Carolina, Chapel Hill, with funding from the Administration of Developmental Disabilities and is based on activities from their [Speak Up Guide](#) that helps one who lives with a disability to self-advocate and to lead their own training and their [Road to Work Manual](#) that helps one to learn about tools that can help you find a job.

### Location details:



EMBASSY  
SUITES  
by HILTON

Embassy Suites – Cincinnati Northeast  
4554 Lake Forest Drive, Blue Ash, Ohio 45242  
Telephone: (513) 733-8900

**OSDA will reserve lodging for all –**  
**[CLICK HERE](#) to find out about hotel services and location.**

Sponsored by:



For more information: Contact Dana Charlton at (614) 562-1375 or [osda2011@gmail.com](mailto:osda2011@gmail.com)



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**[Steps Toward Independence and Responsibility]**

**July 24 through 26**

*Embassy Suites – Cincinnati Northeast (Blue Ash)*

**Registration Deadline – June 30**

**Please complete a registration form for each participant and**  
Email to [osda2011@gmail.com](mailto:osda2011@gmail.com) or Fax to (614) 846-5530

Or mail to:

Ohio Self Determination Association, to:

Attention: OSDA, 705 Lakeview Plaza Blvd., Suite E, Worthington, Ohio 43085

**NOTE:** Hotel reservations will be made by OSDA. Training details you need to know before you arrive will be provided by email 1 week prior to the training. Confirmation of your registration will be made after July 5, 2017.



**1. Participant Name:** \_\_\_\_\_  Male  Female

**County of Residence:** \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

**Email:** \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

*Please include a direct email address for each person attending*

Accommodation needed? \_\_\_\_\_

Special Diet needed? \_\_\_\_\_

**Name of Roommate:** \_\_\_\_\_



**2. Support /Ally Name:** \_\_\_\_\_  Male  Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

**Email:** \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

*Please include a direct email address for each person attending*

Accessibility Needs: \_\_\_\_\_

Special Diet Needs: \_\_\_\_\_

**Name of Roommate:** \_\_\_\_\_

Comments: \_\_\_\_\_