

ALLEGANY COLLEGE OF MARYLAND
CENTER FOR CONTINUING EDUCATION & AHEC WEST

REGISTRATION FORM



MAIL TO: Registration Specialist | Allegany College of Maryland
Center for Continuing Education & Workforce Development
12401 Willowbrook Road, SE | Cumberland, MD 21502-2596
PHONE: 301-784-5341 | FAX: 301-784-5023

Make checks payable to: Allegany College of Maryland
(Payment must accompany this registration)

SOCIAL SECURITY #
(optional)

LAST NAME

FIRST

MI

STREET ADDRESS

CITY OR TOWN

COUNTY

STATE

ZIP CODE

Birthdate

HOME PHONE

CELL PHONE

() Male

() Female

EMAIL ADDRESS

Signature

Date

I certify that the information on this form is correct. Must be signed and dated to be official. By signing this form, I agree to abide by the policies and procedures of the College, including without limitation, the Student Code of Conduct.

Allegany College of Maryland prohibits sexual misconduct and sex discrimination by or against all students, employees, and campus guests. If you have any questions or concerns or if you need to make a complaint, contact ACM's Title IX Coordinator, Dr. Renee Conner in CC-152, by email at rconner@allegany.edu, or by phone at (301) 784-5206. For detailed information about policy, procedures, and prevention education, see www.allegany.edu/titleIX.

COURSE #	COURSE TITLE	BEGIN DATE	TIME	COURSE TOTAL
CHE215	Nursing Conference	4/7/17	8:30am	

Business Name & Address (REQUIRED)

***Is this a primary care facility? () Y () N

BUSINESS NAME

STREET ADDRESS

CITY OR TOWN

STATE

ZIP CODE

TELEPHONE NUMBER

FAX NUMBER

IF YOUR EMPLOYER IS TO BE BILLED, PLEASE CHECK THIS BOX ☐ & PROVIDE BILLING CONTACT NAME & PHONE NUMBER

Billing Contact Name

Billing Contact Phone Number

FOR CREDIT CARD USE ONLY () Visa () Mastercard () Discover

Account No.

Date of Expiration

V. Code

REGISTRATION OFFICE USE ONLY

Amount Paid

Cash

Credit Card

Check

Bill To

Date Received

Initials

NON-PROFIT ORG.
U.S. POSTAGE PAID
CUMBERLAND, MD
21502
PERMIT NO. 631

Allegany College of Maryland
Center for Continuing Education
12401 Willowbrook Rd, SE
Cumberland, MD 21502

Return Service Requested

Allegany College of Maryland CE Health and Human Services
in Partnership with AHEC West Nursing Caucus and
Western Maryland Hospital System

AHEC West Nursing Conference 2017:
Caring for the Professional Caregiver,
Client, Family and Community



CHE215
Friday, April 7, 2017
8:30 AM - 4:30 PM

Nurses and Nurse Practitioners will earn 6 CEUs for the full day.
The AHEC West Nursing Caucus is pleased to invite our Social Worker
Colleagues to enjoy the morning presentations and earn 3 CEUs!



ACM CE Health in Partnership with AHEC West Nursing Caucus and the Western Maryland Health System are pleased to bring you the 2017 AHEC West Nursing Conference: Caring for the Professional Caregiver, Client, Family and Community

WHO SHOULD ATTEND: Nurses and Nurse Practitioners will receive 6 CEUs for attending the full day. Social Workers will receive 3 CEUs for the morning session.

Agenda *Morning*

Welcome: *Presented by Naomi “Bea” Himmelwright- Lamm, EdD RN
Nursing Caucus Chair & Conference Chair
Assistant Professor, University of Maryland School of Nursing*

Keynote: “Tag, You’re It”

Presented by Rosemarie DiMauro Satyshur, PhD, RN

We do not move through life with the expectation of giving care to someone close to us for a sustained period of time. Dr. Satyshur will discuss the trials, fears and the occasional joys of caregiving. The course will identify who Maryland’s caregivers are and provide real life examples of the challenges they face. The eight crucial stages of caregiving will be identified and discussed. Insights based on Dr. Satyshur’s research interventions over a 13 year period will be shared. This includes information on moving through each crucial stage while addressing the needs and health of the caregiver.

Holistic Techniques to Reduce Workplace Stress and Burnout

Presented by Marilyn Spenadel, LCPC, NCC, BCC, ACS:

When one’s mind and body are attempting to cope with stress and dis-ease it can be hard for you or your patient to think clearly. In this Resiliency Workshop you will learn ways to understand psychosomatic stress, anxiety, illnesses and one’s mind/body connection to it. We will discuss the red flags to watch out for that you or your client are burning out and 5 ways to boost resiliency. We will practice mindfulness, meditation, EFT/Tapping, and breath-work skills that can be used daily and hourly during stressful situations and to proactively ease the mind and body. Just by making time to “Pause Daily” ©, by taking 3 deep breaths per hour will clear your brain, up lift your attitude, and build resiliency and compassion. Thinking and feeling differently about stressful events, and how you and your clients or patients react to them, can build your helping professional-patient healing relationship and personal ones too.

Born Addicted

Presented by Cheryl Harrow, DNP, MS, FNP-BC, RNC-LRN, IBCLC, RLC

Care of the drug exposed infant begins with maternal education during prenatal care and continues well past discharge to home. Non-pharmacologic interventions and environmental controls can decrease neonatal abstinence scores, amount of medication needed for treatment, and hospital length of stay.

Lunch Provided by WMHS Community Relations ~Thank you!

Afternoon

Hard Decisions in Delegation: What Would an Ethicist Say? Applying Ethical Theory in Professional Life

Presented by Nayna Philipsen, JD, PhD, RN, CFE, FACCE

Discussion of three ethical theories and the application of them to delegating aides and how nurses are pulled to other areas.

WMHS Update:

Presented by Jamie Karstetter RN,BSN for Nancy Adams, MBA, RN

Women’s Urinary Health Update: *Presented by Audra Houser, FNP*

Discussion to include a review of anatomy and physiology of the female genitourinary system, the differences between stress and urge incontinence, treatment medication and medical approaches to treat overactive bladder and stress incontinence, and an update on Women's Sexual Health.

Concussions: Big and Small

Presented by Elizabeth Wooster PhD, RN, MS, MsEM, CEN

This lecture will review the classification of concussions, tools available for identification of sport related traumatic brain injury, pathophysiology, and current evidence based treatment pathways.

CONTINUING EDUCATION UNITS: Western Maryland Health System (WMHS) is approved (PW 13-03-506-1001) as a provider of continuing nursing education by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. WVBRN provider registration number is WV96-0009RN. The full-day training provides 6 contact hours. To receive nursing contact hours, participants are required to attend the entire session and submit the course evaluation.

Social workers will receive 3 Category I continuing education units for the morning session. WMHS is authorized by the Maryland Board of Social Worker Examiners.

It is the responsibility of the participant to ascertain whether a course is within the scope of practice of their profession as determined by their regulatory body. It is the professionals’ responsibility to sign in before class begins and remain for the entire class in order to receive full credit- no partial credit will be given.

Comfort Zone

Although every effort is made to have a comfortable temperature in the meeting room, everyone’s comfort zone is different. Please bring a jacket or sweater in case the room is too cool for your comfort.

REGISTRATION INFORMATION & DEADLINE: APRIL 3

Nurses/Nurse Practitioners: Cost to attend, including breakfast, lunch and 6 CEUs is just \$45.

Social Workers: 3 CEUs for the morning session, including breakfast and lunch, for \$35.(8:30AM-1PM)

Send Registration Form, Documentation, and Check to:

Registration Specialist
Allegany College of Maryland
Center for Continuing Education
12401 Willowbrook Rd, SE
Cumberland, MD 21502

or to register by fax, 301-784-5023 (credit cards and POs please)
or to register by phone, 301-784-5341

For more information call:

Kathy J. Condor, Director CE for Health & Human Services,
301-784-5526 fax 301-784-5025 or kcondor@allegany.edu
www.allegany.edu/ce

Directions to Western Maryland Regional Medical Center (WMHS)

From the East (Baltimore areas) Take I-70 to Hancock, MD. Just west of Hancock take I-68 West to Cumberland and proceed about 35 miles to exit 44, Willowbrook Rd. Turn left at the bottom of the ramp and go about one mile. After passing the entrance to Allegany College of Maryland on the left, the Western Maryland Regional Medical Center is located on the right. Enter the roundabout and turn right into the hospital complex. The Auditorium entrance is located in the rear of the hospital, near the parking garage. Please allow 2.5 -3 hours of travel time.

From the West (Morgantown areas) Take I-68 East to Cumberland and proceed to exit 44, Willowbrook Rd. Turn right at the bottom of the ramp and go about one mile. WMHS directions are as printed above.

The College reserves the right to cancel any course that, in the judgment of the Center staff, does not have sufficient enrollment. The decision is usually made one week before the first scheduled class meeting, and all registrants will be notified promptly. A full refund is processed automatically. To help prevent cancellations, please register at least two weeks before a course is scheduled to begin.

Allegany College of Maryland does not discriminate against any individual for reasons of race, ethnicity, color, sex, religion or creed, sexual orientation, gender identity or expression, national origin, age, genetic information, familial status, disability or veteran status in the admission and treatment of students, educational programs and activities, scholarship and loan programs, or to terms and conditions of employment, including but not limited to, hiring, placement, promotion, termination, layoff, recall, transfer, leave of absence, compensation and training. Allegany College of Maryland complies with applicable state and federal laws and regulations prohibiting discrimination and Maryland prohibits retaliation in any form against any person who reports discrimination or who participates in an investigation.