



## Contemplative Outreach of NM Presents:

### An Introduction to Centering Prayer

*"Be Still and Know that I am God" Ps. 46:10*

#### **Location:**

St. Mark's Episcopal Church

431 Richmond Pl NE, Albuquerque, NM 87106

#### **Dates and Times:**

Tues. Aug 22 & 29, 2017 6:30 pm to 8:00 pm, Library

Tues. Sept 5 & 12, 2017 6:30 pm to 8:00 pm, Anderson Chapel

#### **Topics:**

1. Prayer as Relationship
2. The Method of Centering Prayer
3. Thoughts and use of the Sacred Word
4. Deepening our Relationship with God

Contemplative Outreach NM operates as a branch of Contemplative Outreach, Ltd. Our shared vision is to support a spiritual network of individuals and small faith communities committed to living the Contemplative dimension of the Gospel through the practice of Centering Prayer. We affirm our solidarity with the contemplative dimensions of other religions and sacred traditions, with the needs and rights of the whole human family and with all creation.

For further information, contact Denise Tierney at CONM

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*"But when you pray, go to your inner room, close the door, and pray to your Father in secret. And your Father who sees in secret will repay you." Mt.6:6*