

# ASPIRING YOUTH

## Climbing and workout group for young adults

What's better than pizza and beer after a workout or climbing session? Not many things!

Join young men and women like you to exercise and learn how to climb at **Seattle Bouldering Project** while making new friends or fostering existing relationships.

While it's a fun and informal gathering, you'll also have an Aspiring Youth facilitator there to help guide your evening.

Email [benw@ryther.org](mailto:benw@ryther.org) to sign up.

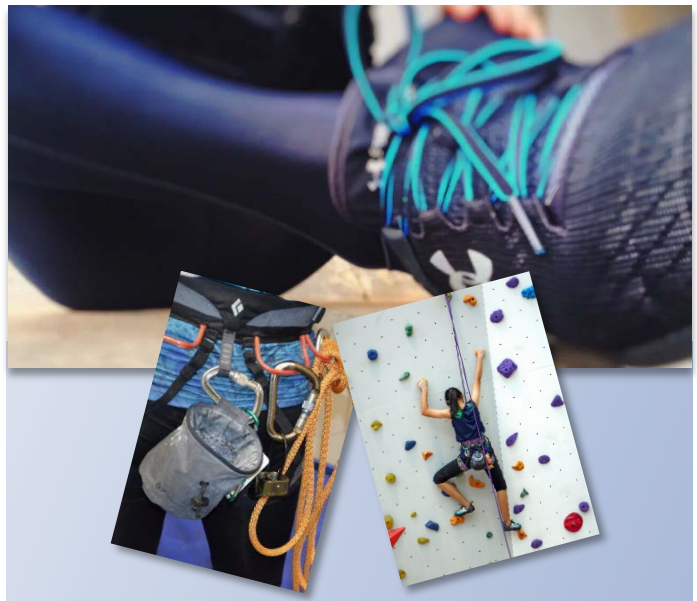


### Participants

We welcome young adults age 21 and up who benefit from a small group environment. Some are shy, some are quirky, and some are twice exceptional. Some of our campers have a diagnosis of Asperger's Syndrome, autism, learning disabilities, or other similar traits.

### About Us

- Nationally accredited, innovative program serving families since 2004
- Dynamic master's level professionals
- Sustainable friendships through year-round social skills groups, coaching and alumni events
- Free enrollment meeting with clinical coordinators to ensure group fit and identify goals



**Location** Seattle Bouldering Project  
2900 Poplar Pl S  
Seattle, WA 98144

**Schedule**  
4:30-5:30p Climb/Exercise  
5:30-6:30p Social pizza and beer at West Wall pub

**Dates** August 20 and 27  
September 10, 17 and 24

**RSVP** Email [benw@ryther.org](mailto:benw@ryther.org)

**Bring** Gym admission is free. Bring money for pizza afterwards.



Seattle • Bellevue • Redmond

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