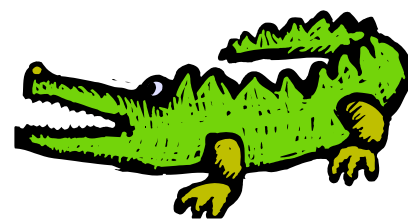


# Gator Gossip



[www.gogreystonegators.com](http://www.gogreystonegators.com) | [@GreystoneUpdate](https://twitter.com/GreystoneUpdate)

## Important Dates

June 26 - University Club (Home)  
 July 3 - Greenway Club (Home)  
 July 5 - Team trip to Tucker Lake  
 July 10 - Seven Oaks Meet and Senior Recognition (Home)  
 July 17 - Meredith Townes (Away)  
 July 22 - TSA Championship  
 July 24 - Awards Night

## Swim Practice Schedule

### Morning

7-and-up 9:00-10:15  
 6-and-unders 10:15-11:00

### Monday, Wednesday and Thursday

#### Afternoons

6-and-unders 4:00-4:45  
 7-10 year olds 4:45-5:45  
 11-and-ups 5:45-6:45

### Friday Afternoons

6-and-unders 4:00-4:30  
 7-and-up 4:30-5:30



## Message from Head Coach Brendan

Hello Gator Families,

This past week was full of events - from our closely fought meet vs. Northbrook, to the water polo clinic on Wednesday morning, and finishing up with Family Fun Night and the Swim-a-Thon on Thursday. Each of these events brought our team out for camaraderie and family togetherness.

**I want to let everyone know how proud I was of the team on Tuesday night.** I have not heard cheering that loud in a long time. The spirit and encouragement helped our team to over 16 team records and 100's of best times. I was very proud of how our swimmers helped and encouraged one another. These little things will help our team continue to swim faster all season. As we head into the stretch of 3 home meets, **let's show these teams what the Swamp is all about and why it is such a great place to swim.**

Family Fun Night and Swim-a-Thon were a great time had by all. Thank you to all the folks who came out to count or cheer on the swimmers who swam over 2000 lengths of the pool in 30 minutes. I hope this great event continues so we can send our high school seniors off to college with a gift from the Swamp.

As we head towards the midpoint of the season we are looking forward to the Tucker Lake trip next week. This is always a great team outing. Lastly, we have TSA Championship on the horizon. This meet is open to the top 8 swimmers in each age group.

**Go Gators!** You can reach Coach Brendan at [gatorcoach16@gmail.com](mailto:gatorcoach16@gmail.com).

## Important Meet Reminders for this Week

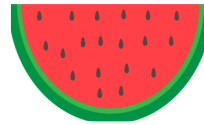
- Please arrive at The Swamp at 4:45pm.
- Remember to show good sportsmanship during the meet.
- If swimmers have to leave early, you must **notify both the child's age group parent and a coach.**
- **Please bring items to sell at the Gator Grill.** See page 2 for assigned items based on your last name.
- Pack **extra towels** and chairs (if desired). Pack low-tech entertainment without a lot of parts and pieces. Leave prized possessions at home.
- Swimmers should **sit with their age group at all times.** Older swimmers need to listen carefully so they do not miss their event.
- Bring **small bills** for the bake sale, Gator Grill and Kona Ice.
- **Participant ribbons** will be given to younger swimmers at the end of each race. First heat ribbons will be handed out the next day.
- **Open volunteer positions** remaining this week:
  - One 11/12 girls age group parent
  - One 11/12 boys age group parent
  - One 9/10 girls age group parent
  - One 9/10 boys age group parent

To sign-up visit our [web site](#) and go to the "Swim Meets and Events" tab, then click on "Job Sign-Up" next to the University Club swim meet..

# Your Help Is Needed for the Gator Grill

The Gator Grill will be OPEN at this week's home meet. The grill will be serving all our favorites, so come hungry and bring small bills! We will be serving burgers, hot dogs, and baked potatoes! For this week's Bake Sale, we ask that families please bring baked potatoes, a dessert, or fruit depending on the first letter of your last name. This week, families with names beginning with:

- A– D please bring fruit
- E–N please bring desserts
- O–Z please bring baked potatoes



**Desserts** – One dozen per family. Please package the desserts so that we can sell them individually and priced at \$0.50. Suggestions: Brownies, Cookies, Cupcakes, Cake, Crispy Treats, Dessert Bars. Use colored cellophane and ribbon for a more appealing package.

**Fruits** – One dozen per family. Please package the fruits so that they also can be sold individually and priced at \$0.50. Suggestions: Watermelon, Cantaloupe, Grapes, Pineapple, Strawberries, etc. Use small plastic cups covered with a sealed wrap. We can then just stick a fork in the top and serve.

**Baked potatoes** – Four potatoes per family. Please wash, wrap in foil, cook for one hour at 400 degrees. Bring hot. We will provide a warmer to put them in.

## TSA Corner

This week the Gators will be hosting our first home meet of the year. The University Club Psychos will be visiting the Swamp. They have 214 swimmers this year so the pool will be crowded. It will be very important to pay close attention to the announcer and starter to keep the meet running smoothly.



**Parking** – Let's be good hosts and leave the parking lot around the pool open for our guests. There is parking available along Sawmill Road, in the parking lot of the Mercy Vineyard Church across from the pool and in other side streets. Harbor Drive is often a good parking choice and the above grade walkway in the tunnel under Sawmill can be used to cross under the traffic.

**Seating** – Greystone swimmers and families will setup on the south side of the pool, near the kiddie pool, on the deck and in front of the bar area. There is some shade but you'll want to bring additional chairs. It's going to be hot and probably a little buggy, so prepare accordingly.

**Food** – The Gator Grill will be open with the regular treats including burgers, hot dogs, sweets and more. In addition, we will have Kona Ice for the first and third home meets, and Sunset Slush for the second.

**Declaring** – Please be sure to declare for the meet on time. In addition, last minute participation changes cause a great deal of stress and confusion for the clerk of course and coaches. This could lead to missed race entries and reduce scoring opportunities. If you declare to participate in the meet, the team is counting on you to participate in all of the events you are entered in. Unless of course some unforeseen injury or illness occurs. This is especially true for our experienced swimmers who don't have those first meet jitters.

One last reminder – Don't forget to leave your area clean when you leave. As always, make sure you pack your good manners and sportsmanship along with your goggles and towels! Let's have fun!

## Parent-Coach Relay at This Week's Swim Meet

There will be a coaches and parents relay at the halfway point of the meet. Parents—you know the drill—please bring your swim suit. We'd love for you to participate!

## This Week's Gators on the Go Heads to Goodberry's

Each Tuesday throughout the season, a fun "Gators on the Go" event with coaches will be planned. Note—coaches ask that swimmers stay home from the pool on Tuesdays after practice and rest up for the meet.

### Goodberry's

9700 Strickland Road, Raleigh  
Tuesday—after morning practice, around 11:30am

## Ribbons and Doughnuts

Each **Wednesday at 10am**, Gators meet at the Swamp for a ribbon ceremony and sugar feast. It's a fun chance to congratulate our swimmers. First heat and relay ribbons will be handed out. All other swimmers get ribbons during the meet. The coaches also recognize two swimmers (one 10 and under swimmer and one 11 and up swimmer) who have shown the most "Gator Guts" during the previous week by awarding the two **Gutsy Gator** trophies. **Go Gators!**



## Join Us After the Meet

Gators and their families head to CHOW after each Tuesday meet. CHOW is located at 8311 Creedmoor Road, in the Kroger shopping center near the intersection of Creedmoor and Strickland Roads.

The staff is prepared for us to visit but we ask that everyone is polite and on their best behavior. Parents, please keep your little ones under watchful eye and ensure that they represent the Gators well. When ordering, please give the server your last name to prevent confusion with the tickets.



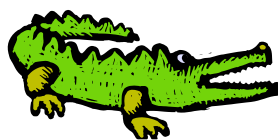
## Open Positions—We Need You

**TREASURER-ELECT:** Transition into this position after the season ends this year. Involves maintaining bookkeeping for the team, issuing and depositing checks as needed, assisting developing and monitoring season budget, as well as long-term planning. Training will certainly be provided, including use of TeamUnify to reconcile registration payment in system.

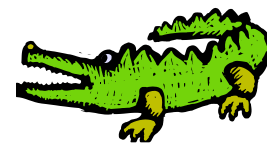
**GATOR GOSSIP COORDINATOR:** Transition ASAP - creating this informative newsletter that we rely on as a team for great communication. Need to be able to use or learn Microsoft Publisher. The copy and formatting is similar week-to-week and season-to-season, so much of the work is just updating and organizing. Training and back-up help provided

**PRESIDENT-ELECT:** Leading the swim team has been a labor of love for me for the past three years. I plan to be around for many years to come, but it is time for me to step away from this role. We have a great group of leaders within the team, who have honed their roles. We have a new web site that keeps us running smoothly, two years in, so most of the kinks are worked out. Financially, we are in good shape. We have a good program of activities that members eagerly anticipate each year. Most importantly, we have an enthusiastic swim team and supportive swim team family. Believe it or not, I do not have to handle very many complaints! Everyone is very supportive. If you are interested, please reach out to me. I promise to help and support you along the way.





# Gators Tucker Lake Trip



Greystone will travel to [Tucker Lake](#) on Thursday July 5<sup>th</sup>. We will have Donuts and Ribbons on Thursday morning at 9AM, and then will leave right after for [Tucker Lake](#). We will not have afternoon practice this day.

## Important Information

We would love to have as many Gator families as possible join us at Tucker Lake – the more, the merrier! However, for consideration of the Coaches and swimmers, there are a few rules to ensure everyone's safety and enjoyment:

- No children are to be dropped off. All children 12 and under must travel with an adult.
- All Children must have someone in who is in charge of them a tall times. The coaches will not be responsible for any swimmers.

## Rules of Tucker Lake —Please Review with Your Swimmers!

- Lifeguards must be obeyed at all times or you may be evicted.
- Profanity will not be tolerated. Bad conduct may result in eviction.
- Pregnant women are not allowed on the swings, slides, etc.
- **Dress code:** No thongs, speedos, visible underwear, etc. Proper swimming attire (no jeans, etc.) must be worn in the water.
- No glass, alcoholic beverages, drugs, or weapons allowed. Coolers and cars may be searched before entering the park.
- No pets allowed.
- No head first on any of the slides.
- No diving from the piers.
- Non-swimmers are not allowed to use the swings or jump from the pier.
- When using the swing, let go before coming back to the pier.
- No horseplay.
- Jewelry and other metal objects are not allowed on the water slide for your safety.
- No Rain checks will be issued.
- Safety is our priority, however, Tucker Lake is not responsible for accidents. Use facilities at your own risk.

## Cost

12 years -adult \$12.00

3 – 11 years \$10.00

Under 3 is FREE with paying adult.

NOTE: Credit, debit, and cash is accepted

Admission includes use of paddle boats, kayaks, and all water features! This includes our 167 ft. water slides, rope swings and water trampolines. .

## Location and Directions

3025 Allens Crossroads Road

Benson NC 27504

Phone: (919) 894-6090

Take I-40 to exit 325 (NC 242 toward Benson/Wilmington), make left at the end of the ramp on NC 242 N. Turns into Woodall Dairy Rd. Go to the end and make a right on-to Raleigh Rd. Go to the end and make a right onto 301S. Bear left by school onto Hannah Creek Rd. Go about 1.5 miles and make a right onto Allens Crossroads Rd. Entrance on left.



## Countdown to Important Events....



2 days until....

9 days until...

11 days until...

28 days until...

meet against University Club

meet against Greenway Club

team outing to Tucker Lake (July 5<sup>th</sup>)

TSA Championship Meet

## What a SUPER Swim-A-Thon!

A HUGE THANK YOU to all 60 swimmers who participated, the parents who counted lengths, and the awesome crowd who cheered on our swimmers! You all did an amazing job!

thank  
You

In total, the Superheroes & Villains worked together to swim 2174 lengths...that's almost 31 miles in just 30 minutes!!!

Our next step is collecting pledges! If you've already turned in your pledge money, thank you! If not, **please turn in all pledge money to Coach Brendan or Beth Lewis on or before Tuesday, July 10th!** If your child did not participate in the swim-a-thon but you would still like to contribute, flat donations are welcome!

We have BAM Blowpops for all swimmers who turn in their pledge money. If you've already turned in your pledge money and did not get your BAM Blowpop, please get one from Coach Brendan or Beth Lewis.

If you're not exactly sure how many lengths you swam, please [click here](#) for a list of all the swimmers who participated and the number of lengths they swam!

Thank you for making the 2018 Super Senior Swim-A-Thon a heroic night to remember! We look forward to honoring this year's seniors at the awards banquet!

If you have any questions about Swim-A-Thon or suggestions for next year, please feel free to get in touch with Beth Lewis at 919-270-4628 or email: [bethanyoros@yahoo.com](mailto:bethanyoros@yahoo.com)

## Share Your Favorite Pictures

We need your help collecting pictures throughout the season. If you take special pictures of your kids at time trials, meets, Wednesday awards, practice, or Gators on the Go events, - please send them to us at: [Greystonegator@gmail.com](mailto:Greystonegator@gmail.com)

If your files are too large to email, please send [Ryan Ball](#) an email and he will make arrangements.

We want all of our swimmers in the end of year slide show!



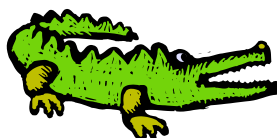
## Do you find drawing dreamy?

### Is painting your passion?

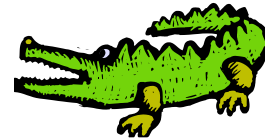
Well, have we got a fun surprise for you!! We'll be announcing all the details of our first ever Gator Art Contest on Wednesday June 27th at our Ribbons and Donuts morning!! This contest will be open to ALL AGES and is going to \*drum roll please\* determine the artwork for next year's pool shirt! You could go down in Gator history!! So get those sketch books open and drawing pencils sharpened! Black and white drawings please.



Calling All ARTSY Gators



# Greystone vs. Northbrook



Final score: Northbrook 254 Greystone 251

## Sweeps!

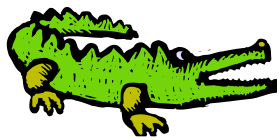
Freestyle 7-8 Boys : Grant Shaffer, Eoin Holt, Hayden Betts-Kitchen  
Backstroke 15-18 Boys : Thomas Wright, Trevor O'Neill, Duncan Burns

## Double and Triple Winners!

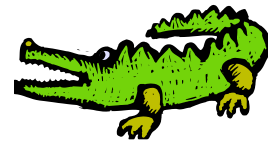
Stokes Oxrieder (6 & under boys) free & back  
Grant Shaffer (7-8 boys) free, back and fly  
Kate Anderson (11-12 girls) free, breast, and fly  
Maddie Bachand (15-18 girls) free, back and fly  
Thomas Wright (15-18 boys) free, back and fly

## Greystone Team Records!

6 and Under Girls Free Juliet Christopherson: New Record 15.75  
7-8 Boys Free Grant Shaffer: New Record 19.75  
7-8 Boys Fly Grant Shaffer: New Record 31.72  
7-8 Boys Free Relay Hayden Betts-Kitchen, Eoin Holt, Lukas Allen, Grant Shaffer  
New Record 1:32.90  
9-10 Boys Free Drew Sito: New Record 15.75  
9-10 Boys Medley Relay Drew Sito, Rhett Munn, Holden Ball, Graham Landrum  
New Record 1:18.88  
11-12 Girls Breast Kate Anderson: New Record 45.47  
13-14 Girls Free Relay Audrey Shearon, Jordan Fisher, Caroline Prather, Bethany Inge  
New Record 2:06:09  
13-14 Boys Free Relay Thomas Nguyen, Brandon Schaffnit, Corbin Burns, Callum Bachand  
New Record 2:19:31  
15-18 Girls Back Maddie Bachand: New Record 35.16  
15-18 Girls Fly Maddie Bachand: New Record 34.68  
15-18 Girls Free Relay Maddie Bachand, Lily Wilkerson, Kaylee Schaffnit, Amelia Hedemark  
New Record 2:15:09  
15-18 Boys Medley Relay  
Bode Ringenbach, Jacob Wylie, Trevor O'Neill, Thomas Wright  
New Record 1:57.93  
15-18 Boys Breast Bode Ringenbach: New Record 33.56  
15-18 Boys Fly Thomas Wright: New Record 28.41  
15-18 Boys Free Relay  
Bode Ringenbach, Jacob Wylie, Trevor O'Neill, Thomas Wright  
New Record 1:46:84



# Gutsy Gators



Each week, our coaches recognize two swimmers who exhibit great sportsmanship and effort. These swimmers keep the beloved Gutsy Gator trophies for the week, then return them for the next winners.



## Michaela Bridges

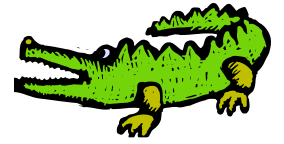
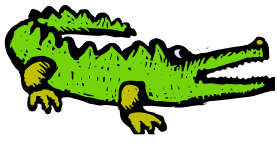
One of our gutsy gators this week goes to 11-12 girl, Michaela Bridges! Michaela has had a difficult time adjusting to her new age group, but always comes to practice ready to work and has consistently been improving her strokes. At this past meet, she really stepped up in relays and swam some of her best times helping the team immensely. Congratulations Michaela!



## Thomas Wright

Thomas Wright is our older Gutsy Gator this week. Thomas has been a strong leader in the pool and outside, with his speed, countless triple winners, assistant coaching, and loud cheering. "Coach Thomas" truly is a Gutsy Gator with his love for the team and great sportsmanship. He is always there cheering the little gators on. Congratulations Thomas!





## 2018 Greystone Gators





Thank you to our amazing sponsors for 2018!

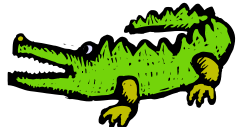


Julia Cowlbeck • Isabel Moss • Cara Pierce





# What's Your Gator Best?



## Greystone Swim Team Summer 2018

Meet	Freestyle	Back	Breast	Fly
Time Trials <i>June 2</i>				
Granite Falls <i>June 12</i>				
Northbrook <i>June 19</i>				
University Club <i>June 26</i>				
Greenway Club <i>July 3</i>				
Seven Oaks <i>July 10</i>				
Meredith Townes <i>July 17</i>				