



PREPARE YOURSELF FOR THE TRIP OF A LIFETIME!

On your trip to Guatemala, you'll be welcomed by the local staff who will be your hosts for the week. You'll visit the homes and communities of sponsored friends and learn about their joys and challenges while experiencing the beauty of the Guatemalan people.

Woodmont Christian Church Private Group Trip

Trip Dates: **November 4-11, 2017**

Trip Size: 12-35 participants

WHAT YOU'LL DO:

Please note that this is a sample itinerary. A detailed schedule and additional information will be sent one to two weeks prior to departure in the pre-departure packet. Unbound trips to Guatemala provide the opportunity to attend Mass on Sundays.

Day 1: Travel to Guatemala City, the capital of the country. Local Unbound staff will welcome you at the airport. Stay the night in the capital.

Day 2: Depart for San Lucas Tolimán, located in the highlands of Guatemala on the shores of Lake Atitlán.

Day 3: Everyone's sponsored friend will gather today at the Unbound Regional Center. Celebrate with song and dance and enjoy the day with your sponsored friends.

Days 4-6: Experience the diverse, traditional cultures of Guatemala. Visit both urban and rural communities where Unbound works. Be welcomed into homes to better understand the dreams of a family and the challenges of living in Guatemala. Take a boat ride across stunning Lake Atitlán to visit communities where Unbound works. Learn about livelihood programs, such as chocolate making, clothing production and shoe making, that are helping families break the bonds of poverty.

Day 7: Return to Guatemala City. Take a few hours in the colonial capital of Antigua to sight-see and have lunch on your own. Spend the night in the capital.

Day 8: Depart Guatemala City.



UNBOUND®

Awareness Trips
2017

GUATEMALA



There is nothing quite like having the opportunity to grow relationships and establish solidarity with others whose lives are so different from yours.

— Debbie from Ohio

WHAT YOU'LL NEED TO COVER:

Please note that all outside fees and costs are estimates and are subject to change.

Trip Fee: \$650

International airfare: **varies**

Valid passport (Unbound recommends your passport be valid for at least six months beyond the end of your intended stay).

Cost of lunch on day 6: \$15 or less

WHAT WE PROVIDE:

In-country ground transportation

Lodging

Meals/bottled water

Interpreters

The opportunity to meet your sponsored friend

Lodging and transportation costs for your sponsored friend, chaperone and local staff

Planned group activities

Memories that will last a lifetime

ACCOMMODATIONS AND FOOD

While in Guatemala, you will enjoy simple accommodations at our facility in San Lucas Tolimán, with the first and last nights spent at a hotel in Guatemala City. Married couples and/or families will be assigned rooms together. For those traveling individually, we will assign a roommate of the same gender. While running water for showers is available, it might not be heated. Since the tap water is unsafe for drinking, we will provide ample bottled water throughout the trip. Alcoholic beverages are not included in the trip fee, but there may be occasions when you will have the opportunity to purchase them. Meals are eaten with the group and will be simple fare from the local cuisine.

WEATHER AND CLIMATE

Guatemala enjoys mostly consistent temperatures year round. In San Lucas Tolimán, the average temperature has highs in the upper 70s and lows in the mid 50s. The rainy season runs from late May through the end of November. During this time, it typically rains for a couple of hours in the afternoon and overnight. Minor tremors are common in Guatemala and may occur during the trip. The weather may vary dramatically based on the elevation.

HEALTH CONSIDERATIONS

San Lucas Tolimán is located on the shores of Lake Atitlán at an altitude of 5,064 feet above sea level. The trip may visit areas where the elevation drops to around 1,000 feet above sea level or areas at elevations as high as 8,000 feet above sea level. You should be aware of the risks of altitude illness and how altitude can affect certain medical conditions. This trip may take routes along winding, mountainous roads, which can cause motion sickness. Consult with your doctor to see if this will affect you. Please contact a trip coordinator with any concerns.