

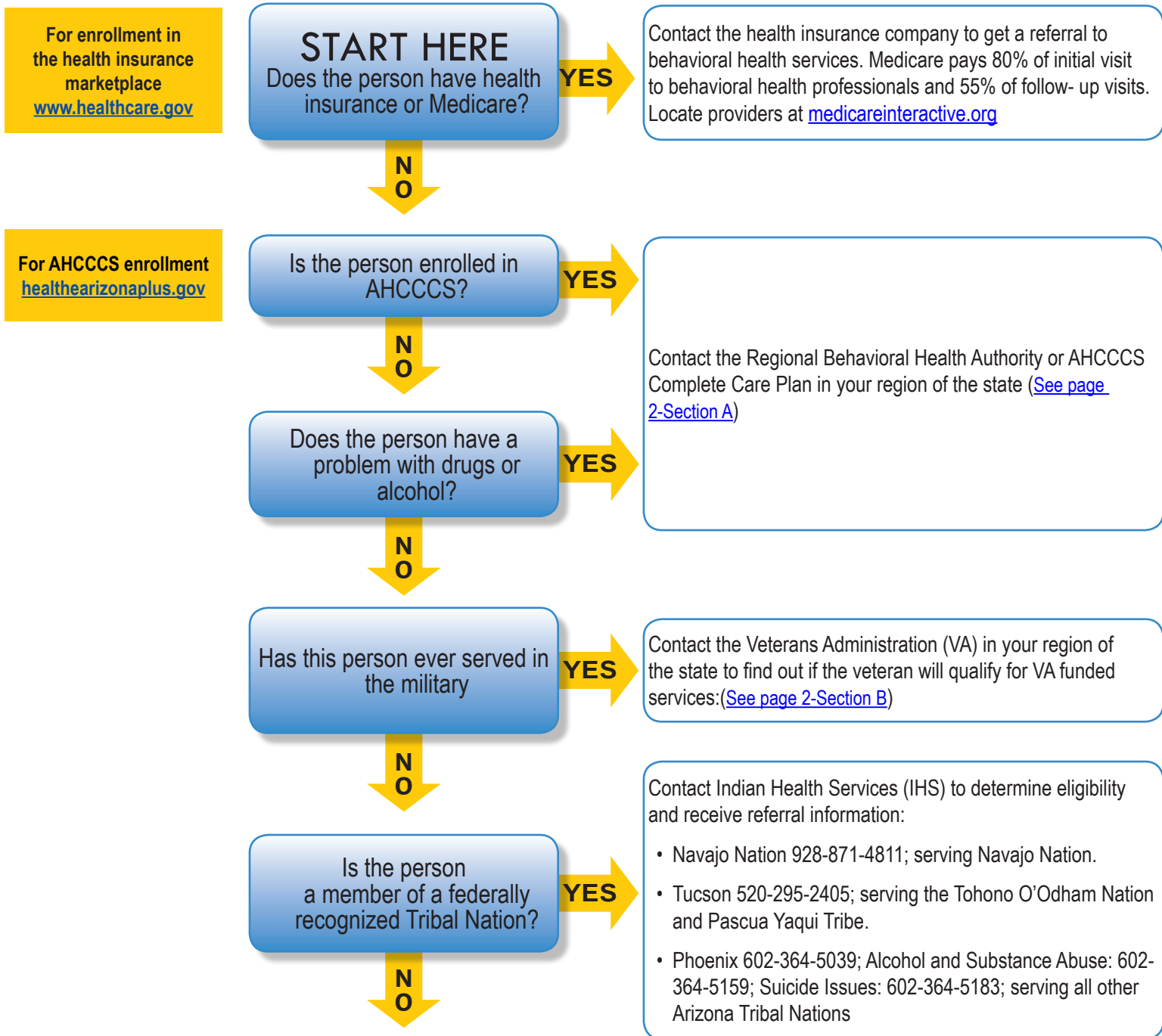
DOES THE INDIVIDUAL APPEAR TO BE AN IMMEDIATE DANGER TO HIS/HER OWN SAFETY OR TO THE SAFETY OF OTHERS?

**CALL 911**

DOES THE INDIVIDUAL APPEAR TO BE IN NEED OF MENTAL HEALTH ASSISTANCE RIGHT AWAY?

**SEE [CRISIS SERVICES](#)**

### Accessing/Paying for Behavioral Health



([See page 2-Section C](#))

## SECTION A

### Tribal and Regional Behavioral Health Authorities and AHCCCS Complete Care Plans By Region

Note: latest website and 24-hr line information can be found at [www.azahcccs.gov](http://www.azahcccs.gov)

Tribal and Regional Behavioral Health Authority (TRBHA / RBHA):	County or Tribal Nation Served
<b>Arizona Complete Health-Complete Care Plan</b> <a href="http://www.azcompletehealth.com/completecure">www.azcompletehealth.com/completecure</a> and 1-888-788-4408	Gila, La Paz, Pima, Pinal, Yuma, Graham, Greenlee, Santa Cruz, and Cochise
<b>Gila River TRBHA:</b> <a href="http://www.gilariverrbha.org">www.gilariverrbha.org</a> and 1-888-484-8526 ext. 7100	Gila River Indian Community
<b>Mercy Care:</b> <a href="http://www.mercycareaz.org">www.mercycareaz.org</a> and 1-800-624-3879	Maricopa
<b>Navajo Nation TRBHA:</b> <a href="http://www.nndoh.org/dbhs">www.nndoh.org/dbhs</a> and 1-866-841-0277	Navajo Nation
<b>Steward Health Choice Arizona:</b> <a href="http://www.StewardHealthChoiceAZ.com">www.StewardHealthChoiceAZ.com</a> and 1-800-322-8670	Apache, Coconino, Mohave, Navajo, Yavapai
<b>Pascua-Yaqui TRBHA:</b> <a href="http://www.pascuayaqui-nsn.gov">www.pascuayaqui-nsn.gov</a> and 520-879-6060	Pascua Yaqui Tribe
<b>White Mountain Apache TRBHA:</b> <a href="http://www.wmabhs.org">www.wmabhs.org</a> and 928-338-4811	White Mountain Apache Nation
ACC Plan	Geographic Service Area (GSA) Served
<b>Care1st Health Plan:</b> <a href="http://www.care1staz.com">www.care1staz.com</a> and 1-866-560-4042	North, Central
<b>Steward Health Choice Arizona:</b> <a href="http://www.StewardHealthChoiceAZ.com">www.StewardHealthChoiceAZ.com</a> and 1-800-322-8670	North, Central
<b>Magellan Complete Care:</b> <a href="http://www.mccofaz.com">www.mccofaz.com</a> and 1-800-424-5891	Central
<b>Mercy Care:</b> <a href="http://www.mercycareaz.org">www.mercycareaz.org</a> and 1-800-624-3879	Central
<b>Banner-University Family Care:</b> <a href="http://www.bannerufc.com/acc">www.bannerufc.com/acc</a> and 1-800-582-8686	Central, South
<b>UnitedHealthcare Community Plan:</b> <a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a> and 1-800-348-4058	Central, South
<b>Arizona Complete Health-Complete Care Plan:</b> <a href="http://www.azcompletehealth.com/completecure">www.azcompletehealth.com/completecure</a> and 1-888-788-4408	Central, South

## SECTION B

### Veterans Administration (VA) by Region

VA Health Care System	Counties Served
Phoenix: 602-277-5551	Gila, Maricopa
Northern Arizona: 928-445-4860	Apache, Coconino, Mojave, Navajo, Yavapai
Southern Arizona: 520-792-1450	Cochise, Graham, Gila, Greenlee, La Paz, Pima, Pinal, Santa Cruz, Yuma

## SECTION C

### Additional Resources

Some free or low cost support services may be obtained from sliding fee scale clinics, community organizations, and/or places of worship. Some examples of free or low/cost no cost support services are listed below:

The Arizona Department of Financial Institutions: offer free counseling service to those behind on mortgage payments or facing foreclosure, 877-448-1211. SOS Non Title 19 Resource Hotline: (602) 759-8175.

Transitional Living Centers "TLC": Helping recovering substance abusers rebuild their lives since 1992 [www.transitionalliving.org](http://www.transitionalliving.org).

Family Involvement Center "FIC": Select "Services" then "Classes/Support Groups" <http://www.familyinvolvementcenter.org>. NAMI AZ: Select your local affiliate and select "Support Groups" [www.namiaz.com](http://www.namiaz.com).

MIKID AZ: Select "Programs and Services" and select "Family Support" [www.mikid.org/](http://www.mikid.org/).

Stand Together and Recover (STAR) Centers: Peer Support and Recovery Centers: [www.thestarcenters.org](http://www.thestarcenters.org).

#### Substance Use Support:

- National Drug and Alcohol Referral Routing Service: 1-800-662-HELP (4357), press "2" for Spanish or: <http://findtreatment.samhsa.gov>.
- Alcoholics Anonymous (AA) meeting locator: <http://www.area03.org/AA-Meetings>.
- Narcotics Anonymous (NA): 1-818-773-9999; online [arizona-na.org](http://arizona-na.org).

#### Suicide Prevention Resources:

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255), press "1" for veteran support; online [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)
- National Suicide Prevention Lifeline in Spanish: 1-888-628-9454.
- The Trevor Hotline (Suicide Prevention Hotline for gay and questioning youth): 1-866-488-7386; online [www.thetrevorproject.org](http://www.thetrevorproject.org)
- Teen Lifeline: 1-800-248-TEEN (8336); online [teenlifeline.org](http://teenlifeline.org).
- Low cost/no cost support groups: [www.mentalhealthamerica.net/find-support-groups](http://www.mentalhealthamerica.net/find-support-groups).