

the Adventurer

Term: Spring/Summer | Issue 17:8 | May 2018

OSHER
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INSTITUTE

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MONTHLY MEETING

Climate Action: An Update

Wednesday May 9, 2018

8:45 am—Registration & Light Refreshments
9:30 am—Welcome & Announcements

Every week television brings us images of glaciers melting, devastating floods in some areas and creeping drought in others. Year after year scientists present more and more evidence that climate disruption is accelerated by human activity. Yet one major party says it is a hoax while the other advocates for major changes in our energy policy barely able to cope with the worst of the climate crisis. Almost weekly some new way of generating or saving energy is announced and then not considered by the fossil fuel industry to be of much benefit to the overall problem. This program features three of the leading local advocates, Patrick Race, Dr. Jim Crissman, and Peter Sinclair, for using science as a way to work through the various positions on climate change and the ways that individuals can affect the changes that will surely need to come in the future. *Takes place at the Temple Theatre; see p. 2 for more information.*

NOTES & NEWS

- Don't forget, May & June's monthly meetings will be at the Temple Theatre in Saginaw. Parking garage is \$6/car.
- Membership Satisfaction Surveys are due to the OLLI office by May 1st.
- The OLLI Music Collegium will be performing on May 6 at 4pm at Founders Hall on campus. Free.
- Looking for somewhere fun to grab a bite? Check out the Frankenmuth Food Truck Festival on Thursday May 10 from 7-9pm at the River Platz.
- Happy Mother's Day on May 13th.
- Check out the 30th anniversary quilt exhibit w/the Bay Heritage Quilters Guild at Studio 23 in Bay City now through May 18, 11am-7pm.
- Memorial Day weekend is the unofficial kickoff to summer! Look for local events near you!

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IMPORTANT DATES

Wednesday June 13

Monthly Meeting: Serve, Innovate, and Empower: The Saginaw County School System
By: Kathy Stewart, Ph.D. Saginaw ISD
Temple Theatre

July

No Meeting.

Thursday August 9

Monthly Meeting: The Michigan Innocence Clinic:
Freeing the Wrongfully Convicted

CHAIR'S NOTE

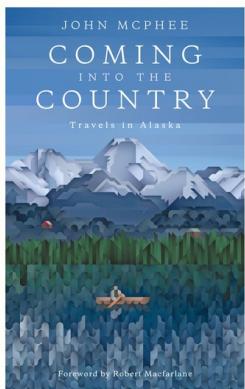


Hello OLLI friends,

If you plan a trip to Alaska, here is a book you might want to read.

Coming Into The Country,

by John McPhee, a staff writer for *The New Yorker*, comes in three parts: "the Encircled River" if you want to read about overcoming hardships and mosquitoes, "What They Were Hunting For" if you like politics and want to know about the search for a capitol for the state, and "Coming Into The Country" for stories about people who live there.



Personally, I loved all three. McPhee writes absorbingly about any subject he chooses. I have to echo one of the cover notes about John McPhee's writing, after reading *Oranges*, "I can't have read a whole book about oranges". I have read a whole book about the geological history of the United States, *Annals of the Former World*, also by McPhee, despite my total ignorance of geology (with apologies to my grandfather, who was a geologist). It was riveting.

So if you are traveling to Alaska, read *Coming Into The Country*, and if you're not, my humble advice, read it anyway.

—Leslie Sanders, Advisory Board Chair



MEETING LOCATION

OLLI is hitting the road for our Monthly Meetings in May and June due to construction near the front entrance of Curtiss Hall as SVSU begins work on the new College of Business and Management. We will be having our May and June Monthly Meetings at the Temple Theatre in downtown Saginaw.

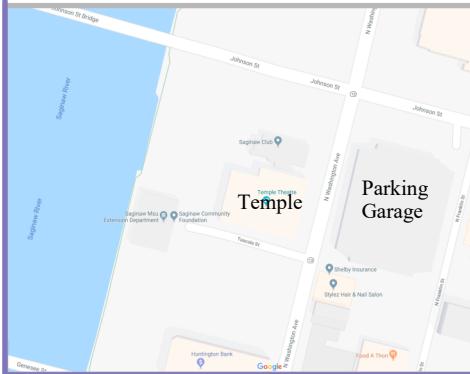
The Temple, as one of our sponsors, has graciously agreed to host our event, including coffee and donuts provided by the Horizons Center.

Ramp parking is available directly across from the Temple for just \$6/car. Street and lot parking is limited.

The schedule for all meetings will remain the same (8:45 a.m. social hour/9:30 a.m. meeting starts).

See below for a map of the Temple Theatre's location and parking:

**Temple Theatre located at:
203 N. Washington Ave. Saginaw, MI**



A MAJOR AWARD

On March 18, OLLI accepted an award from the Delta College Humanities Learning Center as the Outstanding Humanities Organization of 2018.



The Humanities Learning Center at Delta College was created about ten years ago to promote and protect an interest in the humanities, or the study of the human experience.

OLLI was nominated by Director Dr. Katherine Ellison for its significant course and travel options that focus on history, philosophy, religion, jurisprudence, and more; all available to older people in the Great Lakes Bay Region and beyond. "OLLI is itself a study of the human experience," noted Dr. Ellison.

Dr. Ellison, Associate Director Shelley Wegner, and Advisory Board Chair Leslie Sanders attended the ceremony at the Anderson Enrichment Center. OLLI instructor Chrissy Szilagyi and her husband Jason (who will be teaching an OLLI course this summer) also received an award for Digital Humanities Scholar.

CURRENT INTEREST GROUPS

<ul style="list-style-type: none">• Bridge• Buddhist Psychology• Choral Singing• Cross Country Skiing• Current Events• Cycling• Dinner• Esoteric Cosmology• Euchre• Games	<ul style="list-style-type: none">• Gardening• Guitar• Kayaking• Knitting• Lunch• Music Collegium• Pickleball• Ping Pong• Recreational Biking• Sharing the Great	<p>Courses</p> <ul style="list-style-type: none">• Short Stories• Stamp & Coin Collecting• Theatre
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For group leader contact info see: svsu.edu/olli

MEMBER SPOTLIGHT

Anne Van Zwoll

Who Are You?

If asked to introduce yourself, how do you answer? Name, where you live, your job or profession? Categories like religion, nationality, ethnicity? Hobbies, interests, things you enjoy? Perhaps job history, titles, responsibilities? Are we closer to defining who you are? Experiences, travels, places you've been? Where you lived, states you called home, domiciles you inhabited for a period of time? Are we warmer? Maybe it's skills, talents, beliefs, spirituality? Characteristics like hair or eye color, gender, clothes, car, education, degrees, height, weight, or age? Maybe your roles? Is that who you are?

What's your legacy? What do you leave in your wake? Stuff for others to clean up because you didn't? Is it a memory or thought, your caring and compassion? Did you make a difference, enjoy the journey, learn, share, help others on the road? Did you enjoy life, savor the moments, or just get through it? Next time someone asks you to introduce yourself, will your answer be the same or different? Will you go beyond the material world and look at your ideal, purpose, mission, your reason to be here? I suggest you ask yourself, "Are others happy to see you come and sad to see you go?"



QIGONG WORKSHOP

Qigong and Taiji For Everyone!

Taijiquan is one of the best exercises to reduce stress, lower blood pressure, retain balance, and improve on strength and mobility. Practiced for hundreds of years in China, it achieves all these remarkable effects through slow and gentle movement. Two versions will be taught during this workshop: the 10-movement Taiji for beginners, and the 24-movement Taiji for those who have been to previous workshops. The Eight Pieces of Brocade, one of the most prominent of qigong sets, will provide a quick all-around stretching and strengthening routine. Taijiquan is an exceptional method for relaxation, the healing of chronic illnesses, and the maintenance of balanced health. Come join the Taiji community and discover the wonders of Taijiquan.

Deng Ming-Dao is an author, marital artist, and Taoist. He is known nationally and internationally for nine books, including *The Chronicles of Tao*, a biography of his Taoist master; *365 Tao*, a book of daily meditations; and *Scholar Warrior*, a book showing how exercises, meditations, and philosophy combine into a single spiritual path. His books have been translated into sixteen languages.

Wednesday May 2, 2018
Curtiss Hall Banquet Rooms
9:00 a.m.-3:30 p.m.
\$70 for members
\$80 general public
\$90 for all after April 30

GROUP FOCUS: CHORAL SINGING

If you find yourself yodeling while playing yatzy or humming beneath the hairdryer you may be looking for a group to share your mania for melody—the choral singing interest group has a place for you! Join OLLI members under the direction of Rose Kohut to practice singing together and perform at local venues. Still not convinced? The OLLI's Follies will be performing before our November monthly meeting, so catch them then to see if it is a fit for you! For more information contact Rose Kohut at obsessedreader@hotmail.com.



ADVISORY BOARD

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Katherine Ellison, SVSU-OLLI

NEWSLETTER

"The Adventurer" is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling 989.964.4475.

Newsletter Editor:
Katherine Ellison
989.964.4475

DIRECTOR'S CORNER

Recently I had an OLLI member stop into my office with a list of some of her favorite puns she had taken out of a book. In reading through them, it made me think about how important it is to laugh once in a while. Sometimes we get pretty stuck in a serious rut and forget that life is there to live, not pass us by. Reading through those corny jokes reminded me of my kiddo (already 7 months old) and the years of bad jokes I have yet in front of me as a parent. His baby giggles are terribly infectious, however, so I'll suffer through. This May, take a moment to stop and smell the flowers and enjoy a laugh or two. After all, time flies like an arrow, but fruit flies like a banana.



CLASS HIGHLIGHT

National Crossroads: The American Civil War

The course of history is not inevitable, which means human beings play an active role in shaping the outcomes of great events. The American Civil War is no exception to this rule. In a time of rapid westward expansion and growing international influence, the American people found themselves at a crossroads in the 1850s. As Abraham Lincoln famously noted, "A house divided cannot stand. We will become all one thing, or all the other." This course is an exploration of the causes, course, and aftermath of the Civil War. Topics include politics, culture, war, and economics. The instructor is William D. Watson, MA, an historian and instructor at Kalamazoo Valley Community College.

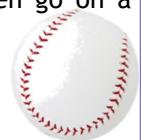
Tuesday 5/1
1-3:30pm C129
\$15 Members/\$25 Non-Members

TRIP HIGHLIGHT

Summer King

The Summer King is a two-act opera, sung in English and composed by American composer Daniel Sonenberg. Its world premiere was held at the Pittsburgh Opera in April 2017. Its story follows the life of baseball legend Josh Gibson from his early days on Pittsburgh's North Side to the Negro Leagues, and as the second Negro League player to be inducted in the National Baseball Hall of Fame. Seen as a pioneer in the leap between segregation to integration in baseball, Gibson did not set out to break the color barrier and he wasn't political. He was a ball player. We'll attend the dress rehearsal and Hockeytown Café for lunch then go on a tour of Comerica Park!

Thursday 5/10
7am-7pm
\$125 Members/\$145 Non-Members



We enrich.



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