

the Adventurer



Continuing this *Adventure called Life!*

Monthly Highlights

- Nov. 23-24 Campus closed for Thanksgiving.
- Thanksgiving was first celebrated in 1621.
- November and December are performance season at SVSU! Check out the calendar at www.svsu.edu/calendar for theater and musical productions.
- Nov. 10-Nov. 12 join the Great Lakes Bay Junior League for their Festival of Trees at Apple Mountain in Saginaw.
- Check out Holidays in the Heart of the City from 5:30-8:30pm in downtown Saginaw on November 17. www.prideinsaginaw.org
- Interested in trying out a traditional Thanksgiving recipe this season? Look for something interesting in the QR code on p. 2.
- Winter day trip registration begins on Tuesday, Dec. 5 for members. Class and day trip registration for all begins on Thursday, Dec. 7.
- Dec. 22-Jan. 3 Campus closed for the holidays.

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November Monthly Meeting

Wednesday, November 8, 2017
SVSU Curtiss Hall Banquet Rooms

RSVP ONLINE!

8:45 a.m. Registration, & Light Refreshments
9:30 a.m. Welcome & Announcements

Adventures in Food Rescue *Presented by Samantha McKenzie*

How does good, healthy, nutritious food end up in landfills when there are so many people in need in our region? Find out what semi-truck accidents, already picked produce fields and thermometers have to do with creating opportunities for surplus food to be rescued. Over 150 programs exist in the Great Lakes Bay Region that are assisting people in meeting their most basic need...

FOOD! Each of these agencies rely upon the generous support of our community and the efforts of Hidden Harvest to rescue food that would otherwise be wasted. Join us at the November meeting as Samantha McKenzie, President and CEO of Hidden Harvest tells the tale of how surplus food makes it to our neighbors in need. Find out about ways that you can support hunger solutions in the community, reduce your own food waste and the resources available for those dealing with food insecurity.



Upcoming Events & Monthly Meetings

December

No Monthly Meeting or Newsletter! Enjoy the Holidays.

Wednesday, Jan. 10

Monthly Meeting, Winterfest & Diversity Month
By: Dr. Mamie Thorns of SVSU
Curtiss Hall- Banquet Rooms

Wednesday, Feb. 14

Valentine's Day Monthly Meeting, Meet the Lincolns
By: Abraham and Mary Todd Lincoln

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The *Adventurer* is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling (989) 964-4475.

Hello OLLI friends,

It is hard to believe that it has been 50 years since the events of July 1967 in Detroit. Those events have variously been called a rebellion, an uprising, and a riot. One analyst says it was all three.

Many of us have personal memories of that time. I certainly do, as a master's degree student in political science at Wayne State University whose faculty had found me a dream job in a MANC (Metropolitan Affairs Non-profit Corporation) organization called the Metropolitan Fund, Inc.



In that job, I had just convened representatives who elected the Southeast Michigan Council of Governments, a body whose goal was to improve life in the 6-county southeast Michigan region through cooperation and coordination among its 400+ governmental units.

And then came the uprising, July 23, 1967. Joseph L. Hudson, Jr. (Hudson's Department Stores), chairman of the Board of Metropolitan Fund, was asked by Governor George Romney and Mayor Jerome P. Cavanagh to form the New Detroit Committee. Metropolitan Fund staff were folded into New Detroit, Inc. and we were at work by the Thursday following the Sunday explosion.

New Detroit was a blue ribbon committee composed of the CEOs of the three major automobile companies (outstanding among whom was Henry Ford II), the phone company, the power companies, the major banks, the major department stores, Walter Reuther, the NAACP, the presidents of Wayne State University and the University of Detroit, the political leadership of the Michigan legislature and the three counties, as well as civil rights and neighborhood associations.

But with all their good will, wisdom and hard work, even though they were the power structure of southeastern Michigan, they failed. There were formidable forces at work that our American society is still struggling to overcome.

Leslie Sanders, OLLI Advisory Board Chair

Getting through the Holidays



The holidays can be a wonderful time with friends and family, full of traditions and celebration. However, for some, including many older people, the holidays can stir up feelings of depression, sadness, or anxiety.

It is important to remember that the holidays are not always joyful for everyone. Be considerate of single friends or those who have lost loved ones recently; the holidays often deepen feelings of loss as individuals remember happier times. Make sure to include those around you who may be feeling this way in your celebration—include them in making cookies, caroling, or planning an event—but also be respectful if they do not feel like celebrating.

Depression and dementia can also share some common symptoms—memory loss and confusion. With depression, memory loss is quick and times and dates remain intact, whereas dementia involves a slow mental decline with an inability to recognize once familiar things and places. A depressed individual has no impairment of motor skills and may be frustrated or concerned by memory loss. Someone with dementia denies any memory loss and has gradual decline in motor skills as well. Each ailment can be treated, but it's important to be cognizant of these issues, especially around the holidays when activities seem overwhelming and the focus on traditions and memories may make confusion more obvious. Keep an eye on friends and family who may not be "the same" during the holidays.

OLLI DECODED



Member Spotlight:

Ballet & Opera Opportunities and “Chance Encounter” (A Short Story)

By: Rose Kohut

A while back, many OLLI members signed petitions to have the Quality 10 GDX movie theater in Saginaw expand their cultural screenings. (While the theater has been presenting Live in HD productions of select Metropolitan Operas since 2007, ballets from the Bolshoi were not available to us.) Gail Kinsler and Adora Crook campaigned to change this; fortunately, they were successful!

Mark your calendars for these amazing programs starting this fall:

OPERA—*Norma* (Oct. 7), *Die Zauberflöte* (Oct. 14), *The Exterminating Angel* (Nov. 18), *Tosca* (Jan. 27), *L’Elisir D’Amore* (Feb. 10), *La Bohème* (Feb. 24), *Semiramide* (Mar. 10), *Così Fan Tutte* (Mar. 31), *Luisa Miller* (Apr. 14), and *Cendrillon* (Apr. 28).

BALLET—*Le Corsaire* (Oct. 22), *The Taming of the Shrew* (Nov. 19), *The Nutcracker* (Dec. 17), *Romeo & Juliet* (Jan. 21), *The Lady of the Camellias* (Feb. 4), *The Flames of Paris* (Mar. 4), *Giselle* (Apr. 8), and *Coppelia* (June 10).

**Most of these programs begin at 12:55.
The usual cost for senior tickets is \$17.**

By: Betty Van Ochten

Shaking raindrops from her umbrella, Marcie entered Gino’s and was immediately greeted by the warmth and spice-filled aromas of the Italian restaurant.

Luckily, a back booth was available and she settled in. After giving her order to the waitress, she considered how good it was to leave that busy office, the puddle-filled streets and just relax through her lunch hour. Plus, she might even get a chance to open and scan this new book she couldn’t resist buying after seeing it displayed in the bookstore she passed on her way here.

It’s a new mystery, she thought, written by a local writer. *If it’s as good as the hype, it will be perfect to curl up with on a rainy night.* But she was curious and opened the book.

Soon she was absorbed in the plot, so absorbed that she failed to notice that a man had paused at her booth. Just then the waitress arrived with her order and the man immediately apologized.

“Sorry for staring, but I couldn’t help but see that you are reading that mystery on sale at the bookstore. I plan to buy it and wondered what you thought of it.”

“Well, I’ve barely started,” she began. “Seems fine so far,” she added hoping that would be his exit signal. *(To Be Continued...)*

Next Multiple Day Trip Signup: The Best of Color Country National Parks

This date for this trip has been changed by our travel provider to September 25 through October 2, 2018.
The travel brochure and registration will be available in late November.

Current OLLI Interest Groups

Games: Ted McLaughlin, (989) 790-9587, tshorty@chartermi.net
Bridge: Matt Skowronski, (989) 684-6402, Marilyn Bechtel (989) 894-1089
Buddhist Psychology: Eric Devos, (989) 964-4329, devos@svsu.edu
Choral Singing: Rose Kohut, (989) 790-1883, obsessedreader@hotmail.com
Cross Country Skiing: Pam Young (989) 781-2759, pamelaroseyoung@gmail.com
Current Events: Carol Gohm, (989) 574-5862, cgohm47@gmail.com
Cycling: Linda Ackerman (989) 781-2961, lmackerman50@gmail.com
Dinner: Deborah Bula, (989) 781-1126, dbretired610@gmail.com
Esoteric Cosmology: Wayne O’Brien, (989) 686-0475, woobrien@tm.net
Euchre: Ruth Skeebo (989) 631-1183, rskee42@charter.net
Gardening: Crystal Kauer (989) 792-6874, cmkauer@chartermi.net
Guitar: Mike Juengling, (989) 245-3940, mikejuen5@gmail.com
Kayaking: Dan Dauer (989) 753-6038, dauerhome@juno.com
Knitting: Barb Weadock, (989) 792-8839, barb@weadock.net
Lunch: Rita Grasso, (989) 781-4725, ritaolli11@yahoo.com
Music Collegium: Eric Nisula, (989) 964-4307, epn@svsu.edu
Pickleball: Edith Sommers, (989) 751-3819, edithsommers@charter.net
Ping Pong: Carol Lagalo, (989) 752-9857, lagaloc@yahoo.com
Readers Theatre: Rose Kohut, (989) 790-1883, obsessedreader@hotmail.com
Recreational Biking: Vicki Shrophe (989) 615-0317, vshrophe@yahoo.com
Sharing the Great Courses: Doug Baldwin (989) 780-2022, baldwinD@sisd.cc
Short Stories: Don Sugg, (989) 295-0889, dlsugg@gmail.com
Stamp & Coin Collecting: Robert Bula (989) 781-1126
Theatre: Barb Honeycutt, (770)713-6899, barbinjawja@yahoo.com
Walking: Disbanded—looking for new leader!

Interest Group Feature: Cross Country Skiing



Nothing epitomizes a Michigan winter like gliding soundlessly across the frozen snow, the sound of the breeze and wildlife the only thing in your ear. If this perks your interest, you may want to join the OLLI Cross Country Skiing interest group. Started centuries ago, cross country skiing has been used for hunting, recreation, and even warfare. Fort Brady, now Lake Superior State University in Sault Ste. Marie, once served as the home to skiing and snowshoeing troops preparing for war. Today, you’re more likely to simply enjoy the scenery and cardio workout that cross country skiing provides during the winter months. If this sounds like a sport you’d like to be more involved with, call Pam Young at 989.781.2759 for more information on how to connect with the OLLI interest group and glide your way to health.



Director's Corner: *Katherine Ellison*



November serves as the month of Thanksgiving, and the month in which anxious viewers get to watch the President of the US pardon a turkey or two from certain death at the White House. What an unusual tradition! Though Presidents throughout the twentieth century have been photographed with the birds, often a gift from a local farm, most met their untimely demise just a few hours after their photo shoot. While President Ronald Reagan pardoned a turkey during his first term—sending him off to a petting zoo instead of the dinner table—he unceremoniously ate the next one! It wasn't until George H.W. Bush was President in 1989 that the official turkey pardon was established, pardoning the gifted bird(s) and therefore sparing its life. Presidents have since sent the "lucky ducks" to such destinations as Mount Vernon and Virginia Tech. Perhaps President Trump will send his first pardoned turkey to Mar-a-Lago for a little rest and relaxation before the holidays!

Got something you want to add to the newsletter? Let me know!
KeElliso@svsu.edu

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K.E.

Class Highlight: Classic Legacy Band Celebrates the Holidays with OLLI



Join the Classic Legacy Band of Saginaw, formerly the Honsinger Symphonic Wind Ensemble, for an evening of holiday music! Consisting of members from all around the Great Lakes Bay region, the Classic Legacy Band aims at keeping the classical music tradition alive by playing a wide variety of classical, traditional band, and popular music for the public at several free-will concerts throughout the year in the Saginaw area. Take this opportunity to relax from the holiday hustle and bustle and simply enjoy the tunes. Bring a friend and show them what OLLI is all about! Please pre-register so we have a count for attendance.

Friday
December 8
7-9pm
Rhea Miller Recital Hall

Free for Members & Non-Members,



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