

Monthly Highlights

- Michigan's fall colors will hit their peak by mid-October, depending on the weather.
- The Temple Theatre offers OLLI members 20% off the following October shows:
-US Airforce Band (10/10-7:30pm--FREE!)
-Dueling Pianos (10/18-7:30pm)
-Michigan Chillers (10/21-3pm)
-Festival of S. African Dance (10/26-7:30pm)
Visit www.templetheatre.org for details
- For local fun with the grandkids, check out the Zoo Boo event this Oct. at the Saginaw Children's Zoo. For information see www.saginawzoo.com
- For fun fall recipes and crafts for the grandkids or any kid at heart, scan the QR code on page 2.
- Join the campus community to cheer on undergrads in the Sims Public Speaking Competition on Nov. 3 in Brown Hall. Top competitors move on for cash prizes.
- Join SVSU in welcoming violinist Hal Grossman for a concert open to the public on Nov. 4 at 7:30pm in the Rhea Miller.

SVSU Osher Lifelong Learning Institute

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October Monthly Meeting!

Wednesday, October 11, 2017

SVSU Curtiss Hall Banquet Rooms

RSVP ONLINE!

8:45 a.m. Registration & Light Refreshments

9:30 a.m. Welcome & Announcements

Agent Orange and the Legacies of the Vietnam War

Presented by Edwin A. Martini, Ph.D.



From 1961-1971 the United States and its allies sprayed nearly seventy-three million liters of chemical agents over 2.5 million acres of southern and central Vietnam as part of an effort to defoliate the landscape and deny access to food supplies to enemy troops. About 62 percent of those chemicals consisted of Agent Orange, a mixture of the herbicides 2,4-D and 2,4,5-T later found to contain potentially dangerous levels of dioxin, one of the deadliest toxins ever created. While the use of Agent Orange was phased out in the early 1970s along with the rest of the herbicidal warfare program, the legacies of the chemical war continue to this day, with civilians and veterans from the United States, Vietnam, and elsewhere continuing to claim that Agent Orange is responsible for

a variety of health concerns. This talk by Western Michigan University Professor Ed Martini, author of *Agent Orange: History, Science, and the Politics of Uncertainty* and *Invisible Enemies: The American War on Vietnam 1975-2000*, explores the history and legacies of Agent Orange and what they reveal about the ongoing impact of the Vietnam War.



Upcoming Events & Monthly Meetings

Wednesday, Nov. 8

**Monthly Meeting, *Adventures in Food Rescue*
By Samantha McKenzie
Curtiss Hall - Banquet Rooms**

December

No Monthly Meeting! Enjoy the Holidays.

Wednesday, Jan. 10

**Monthly Meeting—Winterfest!
Diversity Celebration
By SVSU's Dr. Mamie Thorns
Curtiss Hall - Banquet Rooms**

SVSU-OLLI

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The *Adventurer* is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling (989) 964-4475.

Hello OLLI friends,

For many of us, the very word “traitor” means Benedict Arnold, who schemed to turn West Point over to the British during the Revolutionary War. But we may also give him credit for his leadership in that war.

“Arnold had led troops hundreds of miles through the wilderness. He had inflicted defeat after defeat on English armies. Even rebel militia, who had earned the reputation of being the worst soldiers ever to take the field, had willingly followed him into battle. He had built a fleet out of nothing and fought as brave a fight with it as any admiral could have fought,” says Kenneth Roberts at page 565 in Oliver Wiswell, speaking as a Loyalist.

“I’ve heard a mass of lies about Colonel Arnold ... how he was a horse jockey and a cheat and a braggart, and how all men hated him; but I’m setting down here the things I know from following him through two campaigns. Such tales are not so, none of them. He was a brave and determined man, nor was there any soldier serving under him who wouldn’t, at his request, follow him anywhere at any time,” says Roberts in the voice of a rebel at page 396 of Arundel.

In the frontispiece of Rabble in Arms, another engrossing tale of the war, Roberts quotes Charles Knight’s History of England, “Arnold displayed more real military genius and inspiration than all the generals put together, on both sides, engaged in the war, with the most undaunted personal courage.”

Roberts’ books are adventure tales built on real events. Roberts speaks from the point of view of the Loyalists in Oliver Wiswell, and from the side of the rebels in Arundel and Rabble in Arms, with an even handed ability to do the research and tell the story, warts and all.

Leslie Sanders, OLLI Advisory Board Chair



It Takes a Village

For the last fifteen years or so, a trend has surfaced in aging communities around the United States. Known as the “village movement,” the premise behind the trend is to allow older adults to stay in their homes as long as possible by providing the services they need to do so, instead of moving to a retirement or nursing home. These services might include maintenance, lawn care, in-home care, or drivers, but also include a social membership that provides access to bike riding groups, wine-tasting friends, or organized “girls nights out.”

Basically, “villages” are formed as non-profit community organizations where members pay a yearly fee for the services—a higher rate for full services, a lower one for social functions. Members remain in their homes, so their village is made up of friends and neighbors

already living around them, making it convenient and comfortable. The concept is on the rise as baby boomers age into retirement and desire to stay in their homes they have worked a lifetime to build. While most may only desire social engagements in the present, once they age into needing more services, they will already be members of the village community of which they are a part and simply pay for the services needed.



OLLI DECODED



iPhones for More than just Texting Your Bae

Smart phones have taken over the mobile phone industry, leaving behind very few other options, but if you're not sure just what to do with all your phone's extra intelligence, consider using it as a tool to store valuable medical information. Most people carry their phones with them at all times, whether in a purse, pocket, or fashionable OLLI logo fanny pack, in case they need to make a call—especially if it's an emergency—with most people even foregoing the permanence of a landline in favor of mobile communication. What if you're unable to respond in an emergency situation, however?

Your smart phone can be used by first responders to locate your emergency contact information and pertinent medical details too. Check your phone for a built-in ICE (In Case of Emergency) app for your personal information or download one like the "ICE Standard ER 911" app. These programs allow emergency personnel to access this information even without unlocking the home screen on your phone.

If you want to store medical information for other family members, such as a spouse, adult child, or grandchild, look into CareZone, No More ClipBoard, or opening a Microsoft Health Vault account. Most are available for both iPhone and Android systems.



Life of the Party

In need of a clever joke to get your Halloween party started? Try out the one below. Post your own on the OLLI Facebook page for others to "scream about" too.

Two monsters went to a Halloween party. Suddenly one said to the other, "A lady just rolled her eyes at me. What should I do?"—"Be a gentleman and roll them back to her."

OLLI Fast Stats

- SVSU OLLI has over 700 "likes" on Facebook—but with over 2000 members, we wonder where the rest of our friends are!
 - If you're not on our page yet, check it out at www.facebook.com/svsuolli
- Look for information on the SVSU-OLLI Annual Report for 2016-2017 in the next newsletter.

Current OLLI Interest Groups

Games: Ted McLaughlin, (989) 790-9587, tshorty@chartermi.net
Bridge: Matt Skowronski, (989) 684-6402, Marilyn Bechtel (989) 894-1089
Buddhist Psychology: Eric Devos, (989) 964-4329, devos@svsu.edu
Choral Singing: Rose Kohut, (989) 790-1883, obsessedreader@hotmail.com
Cross Country Skiing: Pam Young (989) 781-2759, pamelaroseyoung@gmail.com
Current Events: Carol Gohm, (989) 574-5862, cgohm47@gmail.com
Cycling: Linda Ackerman (989) 781-2961, lmackerman50@gmail.com
Dinner: Deborah Bula, (989) 781-1126, dbretired610@gmail.com
Esoteric Cosmology: Wayne O'Brien, (989) 686-0475, woobrien@tm.net
Euchre: Ruth Skeebo (989) 631-1183, rskee42@charter.net
Feminism: Eileen Harris (989) 780-8893, eileenh@umass.edu
Gardening: Crystal Kauer (989) 792-6874, cmkauer@chartermi.net
Guitar: Mike Juengling, (989) 245-3940, mikejuen5@gmail.com
Kavaking: Dan Dauer (989) 753-6038, dauerhome@juno.com
Knitting: Barb Weadock, (989) 792-8839, barb@weadock.net
Lunch: Rita Grasso, (989) 781-4725, ritaolli11@yahoo.com
Music Collegium: Eric Nisula, (989) 964-4307, epn@svsu.edu
Pickleball: Edith Sommers, (989) 751-3819, edithsommers@charter.net
Ping Pong: Carol Lagalo, (989) 752-9857, lagaloc@yahoo.com
Readers Theatre: Rose Kohut, (989) 790-1883, obsessedreader@hotmail.com
Recreational Biking: Vicki Shrope (989) 615-0317, vshrope@yahoo.com
Sharing the Great Courses: Doug Baldwin (989) 780-2022, baldwinD@sisd.cc
Short Stories: Don Sugg, (989) 295-0889, dlsugg@gmail.com
Stamp & Coin Collecting: Robert Bula (989) 781-1126
Theatre: Barb Honeycutt, (770) 713-6899, barbinjawja@yahoo.com
Walking: Disbanded—looking for new leader!

Interest Group Feature: Walking

Trying to keep off the winter pounds or lose a few before the holiday indulgences begin? Feeling like the dryer fairy shrunk all your pants? Consider joining the OLLI walking group! Walking is a great exercise that just about anyone can do, anywhere, and at a quick pace, you can burn up to 400 calories in an hour—enough to cover that extra slice of pumpkin pie in your future! If you think walking is boring, try listening to music with an iPod or keeping track of your steps with a Fitbit for fun. Still not interested? Consider turning your casual constitution into a



prancercise event! Prancercise is a springy, rhythmic way of moving forward, sure to delight and keep you having fun. Got your Nikes laced up and your sweatband in place, now? Consider stepping forward as group leader for the OLLI walking group! This group is currently in need of a new leader; if you're interested in coordinating group walks, contact the OLLI office at 989.964.4475.

Director's Corner: *Katherine Ellison*

Growing up in rural Saginaw County, Halloween often meant visiting just a few select neighbors' or friends' houses, who reserved treats just for me—because I would, undoubtedly, be their only trick-or-treater. The origins of Halloween can be traced back to Celtic culture and a celebration known as Samhain in honor of the end of the harvest season. The magic of this holiday lay in the belief that the division between the living and dead was at its weakest during the last day in October—giving birth to such traditions as carved pumpkins (originally gourds) lit to keep away meddlesome spirits and costumes to confuse the undead. Some of my favorite childhood costumes included being a puppy (with full fur suit for those potentially snowy Michigan Halloweens), punk rocker, and even Monica Lewinsky (it was the 1990s after all). As you celebrate the holiday by passing out candy, trick-or-treating with your grandchildren, or hunkering down for a night with the lights off think about your own holiday history and traditions.



K.E.

Class Highlight: **Crime Lab**

Are you a fan of TV crime dramas? Do you find the science behind the court testimony fascinating and want to know more? This class will go deep inside the crime lab and uncover the secrets of forensic analysis. Every unit in the laboratory will be discussed, in addition to evidence handling, packaging, court testimony, and backlog issues. Specific case examples will also be discussed. Come ready with your questions, and I'll do my best to answer them! Class taught by Elaine Dougherty of the Michigan State Police Crime Lab in Bridgeport.

Tuesdays and Thursdays

11/7, 11/9, 11/14, 11/16

6-8 pm C129

Members \$27/Non-Members \$54



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