

the Adventurer



Continuing this *Adventure called Life!*

Monthly Highlights

- ♦ Monday, September 4, campus closed for Labor Day.
- ♦ September is national potato month! Are you addicted to spuds? For a unique super tuber recipe, follow the QR code on p.2 of this newsletter.
- ♦ Wednesday, Sept. 6, visit the Chippewa Nature Center in Midland to learn how to collect and save seeds. 6:30pm. See www.chippewanaturecenter.org
- ♦ Saturday, September 9, Pulse3 Run for Your Heart Races are in Saginaw. For more info see: www.runforyourheart.org
- ♦ Saturday, Sept. 30, OLLI Your Health Workshop happens in the Curtiss Banquet Rooms. Sign up today!
- ♦ Wednesday, Oct. 4, join SVSU's Theater Department for opening night of *Decision Height*, 7:30pm. Prices TBA.
- ♦ Tuesday, Oct. 10, FREE concert by the US Air Force Band at the Temple Theatre. 7pm.
- ♦ Saturday, Oct. 14, SVSU Homecoming Football game vs. Ferris State. 3pm.

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September 2017
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September Monthly Meeting-Fall Kickoff! Wednesday, September 13, 2017

RSVP ONLINE!

8:45 a.m. Registration, Vendor Tables, &

Light Refreshments

9:30 a.m. Welcome & Announcements

Have I got a Story to Tell You Presented by Dave Kampfschulte



Finding meaning in our lives is an age old challenge. That meaning is found through the stories that are often hidden between the folds of everyday life. Join veteran educator and author, Dave Kampfschulte for this entertaining, interactive session as he relates his experiences in interviewing over 50 hospice patients for the *My Life Story* program. You will hear common life lessons, thoughts, and feelings that wind through our collective lives and the satisfaction of knowing one has had a life that matters. *If you have a story – you have had a life!*

Be sure to sign up for Dave's class "Bits of Wisdom" as well! 11:30am-1:30pm after the Monthly Meeting! Just \$12 for members or \$24 for guests.

❖ Bring a friend!❖

OLLI members who bring a guest to the meeting will be put in a drawing to win a \$10 voucher, and their guest will win a free membership!

Upcoming Events & Monthly Meetings

Wednesday, Oct. 11

Monthly Meeting, *Agent Orange and the Legacies of the Vietnam War*
By Edwin A. Martini, Ph.D.
Curtiss Hall - Banquet Rooms

Wednesday, Nov. 8

Monthly Meeting, *Adventures in Food Rescue*
By Samantha McKenzie
Curtiss Hall - Banquet Rooms

December

No Monthly Meeting! Enjoy the Holidays.

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The *Adventurer* is published monthly for SVSU-OLLI members at Saginaw Valley State University. Reprints of this newsletter may be obtained by calling (989) 964-4475.

Hello OLLI friends,

Can you name this man? He was a towering figure in the French and Indian War and in the American Revolutionary War (on both sides), was briefly Governor of Michilimackinac, and founded a tradition that remains a proud element of our armed forces today.

He was a friend of First Nations peoples as well as one of their most feared adversaries. He was sure he knew how to find the Northwest Passage, and set out to find it decades before Lewis and Clark. He wrote a set of rules for combat that is still required reading in a renowned element of the U.S. Army.



Kenneth Roberts tells the story in *Northwest Passage*. It's a riveting story that is hard to put down – as with his other historical novels, *Oliver Wiswell*, *Lydia Bailey*, *Arundel*, *Rabble in Arms*, and more. All sides of the founding conflicts of our United States are present in Kenneth Roberts' stories: the rebels, the loyalists, the French, those living in what we now call Canada, and more.

The tradition Robert Rogers founded was that of Rogers' Rangers, and his Rules are still required reading for U.S. Army Rangers today. I am told that a version was issued to each soldier arriving in Viet Nam. According to Wikipedia, "The rules were the result of Rogers' blend of Native American tactics and his own innovative combat techniques, ideas that were considered revolutionary by military standards of the time...They also form the basis of the "Standing Orders" taught to U.S. Army Rangers today."

If you haven't met Kenneth Roberts yet, you are in for a treat. Heat up the hot chocolate and settle down for an engrossing, exciting read.

Leslie Sanders, OLLI Advisory Board Chair

Talk and Tour: *Folk Art from Oaxaca: Eight Artists, Eight Voices*

Join us for a brown bag lunch, talk and tour of the *Folk Art from Oaxaca: Eight Artists, Eight Voices* exhibition on Tuesday, September 12, 2017 from 12-1pm in classroom A107 at the Marshall M. Fredericks Sculpture Museum, Saginaw Valley State University. Curator of Education Andrea Ondish will give the tour and discuss the exhibition. Please bring your lunch to this free program. An RSVP is required. For more information and to RSVP, call 989-964-7125 or email ondish@svsu.edu.

OLLI Study Abroad Scholarship Update!

Dear Members of the Osher Lifelong Learning Institute:

I would like to personally thank you all for your generosity that allowed me to study abroad in Ireland in March of 2017. I had the privilege to visit many private and public hospitals in Ireland, Trinity college, and had the opportunity to volunteer to help the homeless population in downtown Dublin. In our spare time, we had the chance to immerse ourselves in Ireland's rich history and culture.

I have included some pictures of some of my favorite memories from the trip for you to enjoy. I can't express enough my gratitude and thankfulness for this institution's drive to help students obtain these once in a lifetime experiences.

I would love to personally meet you all and share my experience further!

Thank you and
God Bless,
Lindsey
Weber

Right: The group of
nursing students led by
Dr. Roe and Dr. Brown-
Fackler.



OLLI DECODED



Volunteers Needed at SVSU!



Meghan Baruth, a professor at SVSU, is looking for volunteers to work on a classroom-based project this fall in *Principles of Health Behavior Change*. The project involves her students counseling an individual (YOU!) on changing a health behavior of your choice. If you are interested in increasing your physical activity, strength (strength training), or balance, changing aspects of your diet, or in changing some other health behavior and want help, this is a great opportunity to volunteer for! You would not only work on improving your health, but you would also help an SVSU student apply concepts they are learning in class to a real-life situation. The project will take place from mid-September to the end of November, and will require you to meet with the student, face to face, **approximately** 6 times throughout the time period. There may also be 'check-ins' via phone or email periodically. The time, place, and locations of the meetings will be worked out between you and your student (we can be flexible!) We are in need of about 30 volunteers. If you are interested, please email Meghan at mbaruth@svsu.edu. If you do not have email, please call and leave a message with your name and phone number (989-964-4143). Additional details will be provided by Megan and your student closer to the start date of the project. Please feel free to forward this opportunity on to friends/others you think might be interested!

Fall Kickoff Vendors!

- Children's Zoo at Celebration Square
- Friends of the Public Libraries of Saginaw
- OLLI Special Interest Groups
- OLLI Committees
- Castle Museum of Saginaw County History
- Chippewa Nature Center
- Midland Center for the Arts
- Temple Theatre
- And More!

OLLI Fast Stats

- ♦ OLLI rolled out its first ever online membership directory this month with the start of the new membership year! The online directory will give YOU the power to opt in or not, and will never be out of date—saving OLLI thousands of dollars a year to put toward more classes, trips, and events!

Current OLLI Interest Groups

Games: Ted McLaughlin, (989) 790-9587, tshorty@chartermi.net

Bridge: Matt Skowronski, (989) 684-6402, Marilyn Bechtel (989) 894-1089

Buddhist Psychology: Eric Devos, (989) 964-4329, devos@svsu.edu

Choral Singing: Rose Kohut, (989) 790-1883, obsessedreader@hotmail.com

Cross Country Skiing: Pam Young (989) 781-2759, pamelaroseyoung@gmail.com

Current Events: Carol Gohm, (989) 574-5862, cgothm47@gmail.com

Cycling: Linda Ackerman (989) 781-2961, lmackerman50@gmail.com

Dinner: Deborah Bula, (989) 781-1126, dbretired610@gmail.com

Esoteric Cosmology: Wayne O'Brien, (989) 686-0475, woobrien@tm.net

Euchre: Ruth Skeebo (989) 631-1183, rskee42@charter.net

Feminism: Eileen Harris (989) 780-8893, eileen@umass.edu

Gardening: Crystal Kauer (989) 792-6874, cmkauer@chartermi.net

Guitar: Mike Juengling, (989) 245-3940, mikejuen5@gmail.com

Kayaking: Dan Dauer (989) 753-6038, dauerhome@juno.com

Knitting: Barb Weadock, (989) 792-8839, barb@weadock.net

Lunch: Rita Grasso, (989) 781-4725, ritaolli11@yahoo.com

Music Collegium: Eric Nisula, (989) 964-4307, epn@svsu.edu

Pickleball: Edith Sommers, (989) 751-3819, edithsommers@charter.net

Ping Pong: Carol Lagalo, (989) 752-9857, lagaloc@yahoo.com

Readers Theatre: Rose Kohut, (989) 790-1883, obsessedreader@hotmail.com

Recreational Biking: Vicki Shrophe (989) 615-0317, vshrophe@yahoo.com

Sharing the Great Courses: Doug Baldwin (989) 780-2022, baldwinD@sisd.cc

Short Stories: Don Sugg, (989) 295-0889, dlsugg@gmail.com

Stamp & Coin Collecting: Robert Bula (989) 781-1126

Theatre: Barb Honeycutt, (770) 713-6899, barbinjawja@yahoo.com

Walking: Disbanded—looking for new leader!

Interest Group Feature: Sharing the Great Courses

“The Great Courses are uniquely crafted for lifelong learners like you, with engaging, immersive learning experiences you can’t get in a lecture hall,” according to the company’s website, and now you can get more out of the Great Courses by taking advantage of this new OLLI interest group focused around them! Group leader Doug Baldwin will take members on an adventure of the mind as they indulge in a variety of Great Courses topics for viewing and discussion each month. Begin each meeting by learning about the mind and then expanding your knowledge on an interesting Great Courses topic such as cooking, birding, photography, etc. all while discussing these things

with likeminded group members. Narrated by the top 1% of professors in the world, Great Courses offer something for everyone! For more information, please contact Doug Baldwin at baldwinD@sisd.cc or 780-2022.



Director's Corner: *Katherine Ellison*

It may only be fall, but winter will soon be here, and not long after, the winter semester for OLLI! We're already working on an exciting slate of classes and trips, so if you'd like to see something in particular this January through April, be sure to let me know as soon as possible! Catalog copy is due by September 22 to me at keelliso@svsu.edu. You can submit course proposals online at www.svsu.edu/olli under "Instructor Resources" as well. Here, you can tell me all the pertinent information I need to know to plan a class, as quickly as possible. Outside of busy planning, fall is one of my favorite times of year—the days are still warm, but the evenings are cool and crisp, perfect for high school football games and bonfires in the backyard! There is also something to be said about the beginning of a new school year—or new OLLI year as well. The anticipation of new things—friends, classes, adventures—to come. Be sure to give all those college freshman on campus a friendly smile as well—college isn't as easy as OLLI makes it look! 



Class Highlight: Intro to Philosophy I & II



This two-part course will focus on the core areas of philosophy (such as ethics, metaphysics, philosophy of religion, etc.), and we will consider some of the problems that arise within these areas. Things we will explore include "the big questions" like: Are there any moral truths? What is the nature of reality? Do we have free will? Does God exist? etc. Many people have very strong beliefs on these issues, but most have not questioned what they believe or thought about why they think what they do. The goals of this course are (1) to make people question their beliefs and determine if they have good reason to believe what they do and (2) to develop an understanding of what philosophy is and hopefully develop an appreciation for the discipline. Taught by SVSU adjunct faculty member Alex Gromak.

Phil. I. Thursdays 9/7, 9/14, 9/21, 9/28, 10/5
12:30-2:30pm C140
Members \$36/Non-Members \$66

Phil. II. Thursdays 11/9, 11/16, 11/30, 12/7, 12/14
12:30-2:30pm C140
Members \$36/Non-Members \$66

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