

INCREDIBLE YEARS PARENT WORKSHOP

The Incredible Years program is used throughout the school with our teachers and children in order to promote positive behaviors. The parent workshops are part of this overall program, and provide practical solutions to everyday problems you may face with your child. The topics that will be covered include:

- How to manage specific problem behaviors
- How to address negative behaviors in the home
- How to use praise and rewards to promote positive behaviors
- A new approach towards playing with your child to promote learning
- How to improve limit setting with your child

These hour-long workshops will be presented at NIS over an eight-week period, with daytime and evening times available. The groups will run on Wednesdays, starting October 16th through December 4th.

Daytime group: 10:15 – 11:15am

Evening group: 7pm – 8pm

While it is recommended that you attend all eight sessions, we understand that it may be difficult, and encourage you to come to this workshop even if you cannot make it to all eight sessions.

Babysitting will be available for **current NIS children only** during the **evening** group sessions.

If you would like to attend these workshops, please complete the attached form and return it in your child's backpack. Please feel free to contact Samantha Boutis, Psy.D. with any questions at 631-924-5583 x503

Incredible Years Parent Workshop

Parent Name:_____

Child's Name:_____

Child's Teacher:_____

Please select: Daytime/Evening

Babysitting for NIS students only (Evening group only): Yes/No