



# An Evening of Conversation for Women

**Please join us as we explore  
Women's Shifting Identities through Adulthood**

Adjusting to Life Changes after Motherhood  
From Woman to Mother  
Infertility and Pregnancy Loss  
Navigating the Mothering/Career Balance  
Toxic Comparisons: Do I Measure Up?  
My Children are Almost Grown ... Now What?  
Empty Nest and Career Decisions  
The Sandwich Generation: The Pull between Children and Aging Parents

The evening will provide an opportunity for  
women of all ages to discuss these and other issues  
in a relaxed setting with the  
Professional Staff from  
The Counseling Center

**Thursday, June 1<sup>st</sup>**

7:00 – 8:30 p.m.

The Reformed Church of Bronxville -Copenhaver Room  
180 Pondfield Road, Bronxville, NY 10708

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