



VAIL CHRISTIAN HIGH SCHOOL

Student/Faculty Retreat
Young Life Frontier Ranch
Buena Vista, CO / 719-395-4111

MEET in the VCHS Student Commons

Wednesday, August 23rd promptly at **11:00 a.m.** Lunch will be provided.

DEPART from the VCHS parking lot:

12:00 p.m.

(Athletic workouts will be held the morning of August 23rd)

RETURN to the VCHS parking lot:

Friday, August 25th between **12:00 p.m. & 12:30 p.m.**

(Coaches will give practice information directly to athletes. All other students may go home).

ACTIVITIES:

Icebreakers, numerous class competitions, swimming, Ropes Course and more!
Praise and worship and group sessions focusing on Vail Christian's theme for the 2017-2018 school year.

WHAT TO BRING:

Personal items (toiletries, etc.) modest swim suit, jeans, sweatshirts, t-shirts, shorts, tennis or athletic shoes, hats, sunscreen, Bible, pen/pencil, paper, \$ for snack bar, camp store and Blizzards! **In addition, a white piece of clothing for a fun surprise.**

Please follow VCHS dress code standards.

NOTE: Please bring clothing that can get really dirty or ruined!

WHAT TO LEAVE AT HOME:

In keeping with our school tradition of focusing on school unity, the following Items should be left at home: computers, electronic games, iPods and any entertainment sources that will keep you from bonding with your friends and VCHS staff. Please do Not bring items which are potentially dangerous such as knives or fireworks. The Parent/Student Handbook should be followed at all times in regards to alcohol, tobacco, and drugs.
Also, Frontier Ranch provides bedding and towels – leave your sleeping bag at home!