

Great Escape Packing List

- **Packing List**
- **Bible and Pen**
- **Sleeping bag or linens for a twin bed, pillow**
- **Toiletries: soap, shampoo, toothbrush, toothpaste, etc.**
- **Bathing suit (Modest – no two piece, or must have a rash guard)**
- **Beach Towel and additional towel for showering**
- **Clothing for hot temperatures (modest)**
- **Old clothing that can get dirty (several sets)**
- **Hat, sun block, water bottle and good tennis shoes**
- **Flashlight, portable fan if desired, and extension cord**
- **Spending money, there is a gift store and snack shop**
- **Travel cash (lunch on way there and way back)**
- **Sunglasses, camera, insect repellent, sports equipment, laundry bag, and trash bag**
- **Jacket or raincoat**
- **Mosquito repellent**
- **Trash bag for dirty clothes**

Swimsuit Policy

- **Guys are to wear swim trunks only – no speedos.**
- **Girls are to wear MODEST SWIMSUITS while at Southwind. If a girl chooses to wear a suit that reveals more than needs to be seen in public, she will be required to wear a t-shirt over it. It may be harder to find a modest suit, but to have a co-ed function that RESPECTS others' eyes, we need to dress modestly.**