

# The EXCEL Program at MEAD FARM

Weekly session includes Riding Lesson and Horsemanship

3-4 riders required for 2 hour session

2 riders - 1 1/2 hour session

1 rider - 1 hour session

No make-ups or carryovers permitted

All prepaid lessons are non-refundable

Program meets weekly regardless of weather

In the case of inclement weather, the session will be horsemanship only.

**10 weeks for \$1,600 / 11 weeks for \$1,760 / 12 weeks for \$1,920**

## Sessions:

**Scheduled upon request – subject to availability**

## Requirements:

Riders must be able to independently control their horse.

## Equipment:

- 1) Long pants, jeans or riding pants
- 2) Closed-toe, hard-soled shoes/boots with a slight heel are required. No sneakers!
- 3) Riding helmet - SEI Certified and meet or exceed ASTM specifications. Please put rider's name on equipment.

## Waiver Packet:

An approved original packet must be on file at least 1 week prior to start of the program. The Waiver Packet is available for download from our website or you may email the office and one will be sent to you. An **email copy** can be accepted as an original. A separate waiver is required for each rider.

## Pick Up Policy:

Pick up must be promptly at end of session. No supervision is available after the end of each session. All children must be accompanied by an adult when not under the supervision of their instructor. If your child is not picked up on time, there will be a \$25.00 charge.

## Horsemanship Topics

- |  |   |   |
|--|---|---|
| 1. Barn safety and etiquette                 | 26. Types of tack (why and how to use)        | 43. Loose shoes   |
| 2. Name all the horses in the barn           | a. -martingales                               | 44. Signs of colic  |
| 3. Where do all of the horses go?            | b. -boots                                     | 45. Where and how to listen for bowel sounds                          |
| 4. Parts of the horse                        | c. -pads                                      | 46. Pulse   |
| 5. Markings, colors and breeds               | 27. Different types of crops/whips            | 47. Respiration   |
| 6. Proper fit of a halter                    | 28. Acceptable and non-acceptable riding pads | 48. Lameness vs. unsoundness  |
| 7. How to get horse to and from a stall      | 29. Replacing a stirrup leather               | 49. Taking a horse's temperature                                      |
| 8. How to set horses on cross ties           | 30. Safety stirrups and why we use them       | 50. Minor first aid   |
| 9. Break away halter                         | 31. Confirmation                              | a. -cuts and scrapes  |
| 10. Proper grooming                          | 32. How to put boots on a horse               | b. -abscesses   |
| 11. Proper tacking and untacking             | 33. How to polo wrap                          | c. -heat in legs/hooves   |
| 12. Adjusting bit in horse's mouth           | 34. How to standing wrap                      | 51. Proper turnout etiquette  |
| 13. Cleaning the bit                         | 35. Re-wrapping of wraps                      | 52. How to turnout a horse  |
| 14. How to lead a horse to and from the ring | 36. How to blanket and types of blankets      | 53. Which horses need a chain lead rope/ how to use it                |
| 15. After riding horse care                  | 37. Proper blanket fitting                    | 54. How to fly spray a horse and one that does not like to be sprayed |
| 16. How to put a halter away                 | 38. Proper blanket folding                    | 55. How to catch a horse from the paddock safely                      |
| 17. Parts of a saddle and bridle             | 39. How to tell if a horse is too hot to eat  | 56. Morning and night time procedures                                 |
| 18. Proper cleaning of saddle and bridle     | 40. Feeding of horses and types of feed       | 57. Cleaning water buckets / stalls                                   |
| 19. Proper oiling of saddle and bridle       | 41. Feeling heat in a horse                   |   |
| 20. How to take bridle apart                 | 42. Checking to see if a horse is back sore   |   |
| 21. Assemble a bridle                        |   |   |
| 22. How to fit a saddle                      |   |   |
| 23. How to wrap and unwrap the reins         |   |   |
| 24. Different types of bits and uses         |   |   |
| 25. How to fit a bridle                      |   |   |

## Winter 2017/2018

The Winter Session runs 14 weeks starting Sunday, December 10<sup>th</sup> and ending Saturday, March 17<sup>th</sup>. Lessons will be held Monday - Friday 11 am – 6:00 pm / Saturdays 10 am – 1:30 pm / Sundays 10 am – 4:00 pm. The number of registrants will determine length of lesson (1 rider/30 minutes, 2 riders/45 minutes, 3 or 4 riders/full hour).

The cost for the Winter Riding Session is \$1,140 (group or semi-private) and \$1,260 (private ½ hour), which covers 12 lessons. The session runs 14 weeks with 2 weeks built in for make-ups due to inclement weather. Winter lesson blocks have to be used by March 17<sup>th</sup>. In the case of **severe** weather, any unused lessons may be carried over to the Spring Session. If you wish to pay weekly, your spot is not guaranteed and scheduling will need to be done on a week by week basis. Adult riders can buy a block of 12 lessons and have 8 months to complete the lessons from the date of purchase. Mead Farm reserves the right to substitute a comparable instructor without prior notification.

Full payment is required at time of sign-up. Please include with your check your 1<sup>st</sup> & 2<sup>nd</sup> choices for day and time of class and lesson type. We will get back to you ASAP with available spaces.

The **EXCEL Program** is offered as an alternative to the Winter Riding Session. The EXCEL Program is scheduled upon request – subject to availability. Riders must be able to independently control their horse. 10 weeks for \$1,600. Contact office for EXCEL Program details. The **Saddle-Up Program** is an introductory program which includes horsemanship and riding. Limit 3 riders per session. Each session is 1 hour / Sundays 12:30 pm and 2:00 pm / 6 weeks for \$540. **Junior Stable Hand Program** - Approval Required - For ages 12 and up. Participant must be signed up for regular weekly lessons for the Winter Session and volunteer 1 – 2 hours per week for barn work. Participant will earn 1 free lesson at the end of the Winter Session.

**Own-Your-Own-Horse for a Day** is a full day program designed to give the experience of horse ownership. Includes 2 riding lessons (AM & PM), feeding your horse, mucking stall, grooming, tacking & untacking and more! 8:30 am - 3:30 pm / lunch not provided / Dec. 26 - Dec. 29, Jan. 15, Feb. 19 / \$350 / Space Limited

### WAIVER PACKET:

An approved original Waiver Packet must be on file at least 1 week prior to start of lessons. Both parents are required to sign. Dates on signature page of Hold Harmless Agreement must show that both parents have had the document for at least 24 hours.

### PAYMENT:

Payment in full is required to reserve a weekly lesson. If you wish to pay weekly, your spot is not guaranteed and scheduling will need to be done on a week by week basis. Credit card payments must be made in person. If you wish to pay by phone, a \$50 surcharge will be added to the transaction.

### EQUIPMENT:

Long pants and closed-toe, hard-soled shoes/boots with a slight heel are required attire in order to participate. No sneakers! We will supply a helmet for the first lesson, but riders will be required to purchase their own helmets if they continue.

### CANCELLATION POLICY:

In order to cancel a lesson, clients must call the office at **203-322-4984** or email us at [meadfarm@hotmail.com](mailto:meadfarm@hotmail.com) at least 24 hours prior to a scheduled lesson. Please be aware that lessons canceled less than 24 hours prior to a lesson time and “No Shows” will be charged in full.

### INCLEMENT WEATHER:

Lessons are on as scheduled unless you are notified by Mead Farm. We will contact you if riding lessons are canceled for that day. Horsemanship will be offered in lieu of riding on days of inclement weather. The first horsemanship class for each session is mandatory. Each subsequent horsemanship class offered is optional at the \$70 rate.

**Payment is required with submission of registration form.**

MEAD FARM / 107 June Rd, Stamford, CT 06903 / Tel: (203) 322-4984 / Fax: (203) 321-1051

Email: [meadfarm@hotmail.com](mailto:meadfarm@hotmail.com) / [www.meadfarm.com](http://www.meadfarm.com)

# MEAD FARM

## Winter 2017/2018 – Registration Form

Rider's Name / Age: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

Check all that apply:

\_\_\_\_ **Winter Riding Session**

\_\_\_\_ Group lessons will be held Mon. - Fri. 4:00 pm & 5:00 pm /  
Sat. 10 am, 11 am & 12:30 pm / Sun. 10:00 am & 11 am.

\_\_\_\_ Private lessons will be scheduled where available.

Registration will determine length of lesson (1 rider/30 minutes, 2 riders/45 minutes, 3 or 4 riders/full hour).

\_\_\_\_ **EXCEL Program** will be scheduled upon request (subject to availability)

\_\_\_\_ **Saddle-Up Program** will be held on Sun. 12:30 pm and 2:00 pm (12/10 – 1/14 **OR** 1/21 – 2/25)

1<sup>st</sup> Choice – Day / Time: \_\_\_\_\_

2<sup>nd</sup> Choice – Day / Time: \_\_\_\_\_

Riding Level (check all that apply)

Never Ridden \_\_\_\_\_

W, T, Learning to Canter \_\_\_\_\_

Walk Only \_\_\_\_\_

W, T, Canter \_\_\_\_\_

Walk, Learning to Trot \_\_\_\_\_

W, T, C, Learning Cross Rails \_\_\_\_\_

Walk, Trot \_\_\_\_\_

W, T, C, Cross Rails \_\_\_\_\_

W, T, Know Diagonals \_\_\_\_\_

Walk, Trot, Canter, Jump \_\_\_\_\_

\_\_\_\_ **Junior Stable Hand Program** (approval required)

1<sup>st</sup> Choice – Day / Time: \_\_\_\_\_ 2<sup>nd</sup> Choice – Day / Time: \_\_\_\_\_

\_\_\_\_ **Own-Your-Own-Horse for a Day**

1<sup>st</sup> Choice – Day / Time: \_\_\_\_\_ 2<sup>nd</sup> Choice – Day / Time: \_\_\_\_\_

**We will get back to you ASAP with lesson confirmation.**

An approved original Waiver Packet must be on file at least 1 week prior to start of lessons.

Payment required with submission of Registration Form

Credit Card payments require presentation of card