

Wrestling Prep Celebration Banquet

It would be greatly appreciated if you could volunteer to help bring a food item.
Please do not feel any pressure but if you can please let us know!

Each year we need:

- Utensils (Forks, Spoons, Knives)
- Paper Napkins, Paper Plates (Small or Large) and Paper Bowls
- Any type of salad ● Chips of any kind ● Dips of any kind ● Bread (rolls or slices)
- Any side dishes, some examples include pasta, potato dishes ext. (this is a broad section)
- Whole wheat rice
- Whole wheat tortillas
- Mustard, sauces, or spreads that go on fajitas or burritos
- Vegetables (cooked or raw) Fruit Fajita meat (chicken, turkey or beef)
- Chicken dishes Spaghetti (with meatballs)
- Ground beef dishes
- Desserts (cookies, brownies, or any other finger food/small desserts are great)

Your presence is far more important than food and we hope to see you there.

Please contact us with questions or to say what you're bringing to

Natalie (916) 878-1997 natalie@wrestlingprep.com

or

Carolyn (650) 245-3533 carolyn@wrestlingprep.com.